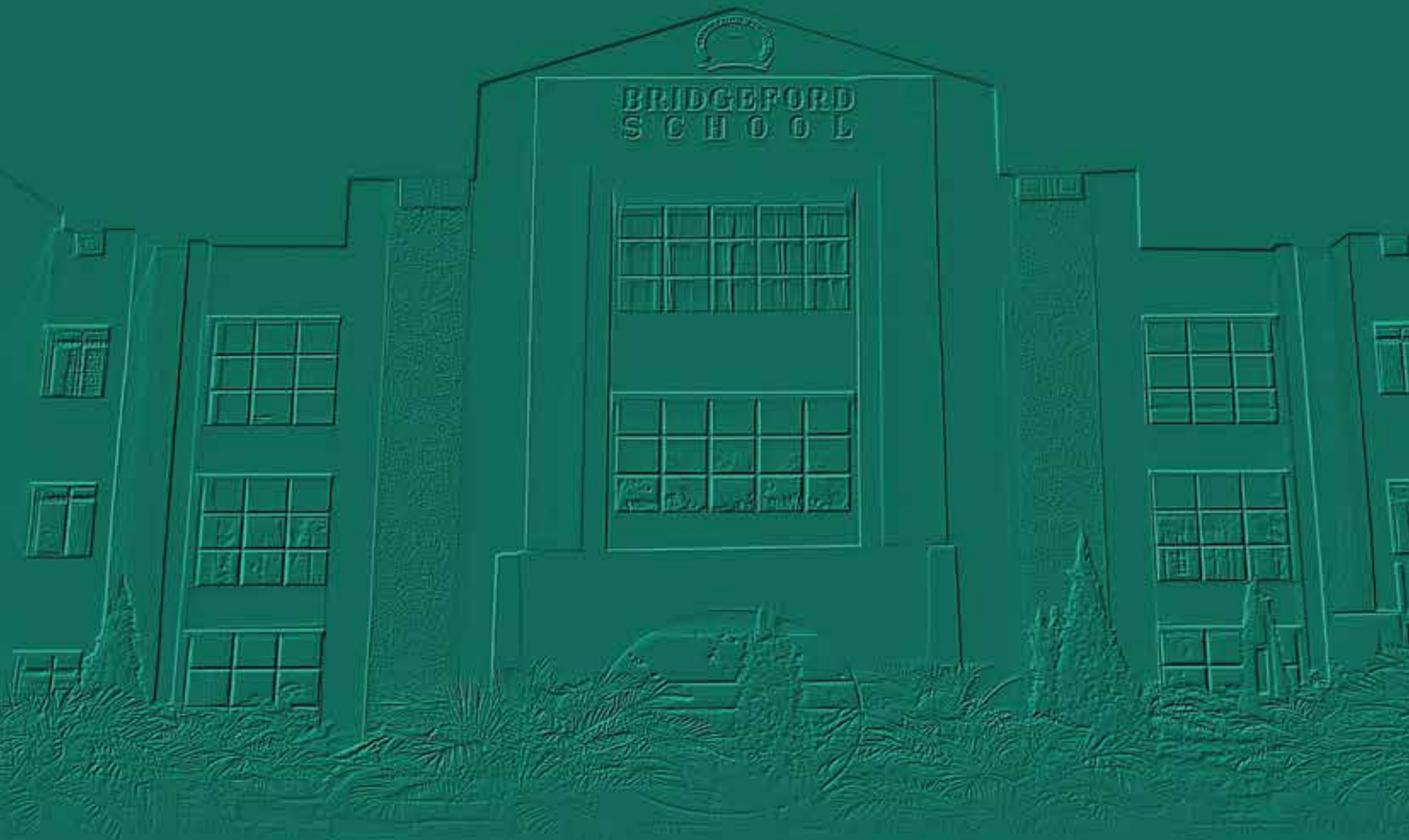




BRIDGEFORD SCHOOL

T U P U D A N A , R A N C H I



Annual News Bulletin

SPECTRUM

Session 2021-22



In The Sacred Memory of
Ganesh Prasad Jalan
1936-1984
Who believed
"Education is a priceless asset"

आपकी प्रेरणा हमें सदैव
सन्मार्ग की ओर अग्रसर रखे

Ramesh Bais



RAJ BHAWAN
RANCHI - 834001
JHARKHAND



Message from the His Excellency the Hon'ble Governor of Jharkhand

It gives me immense pleasure to learn that Bridgeford School, Tupudana, Ranchi is publishing its school magazine 'Spectrum'.

School magazine not only catalogues the achievements of the school but is also a platform for nurturing the budding literary talent of students. It provides splendid opportunity to the students to express their potential ideas and also encourages them to become more creative and confident.

The aim of a good school is to impart quality education to the children so that they learn to respect society & the nation. I hope that the school will continue to maintain the high standards of academic excellence along with its rich work and with culture, dedication and sincerity. I am confident that the learned faculty members and the students shall continue to scale greater heights of success in the years ahead and bring laurels to the school as well as State.

I convey my best wishes to the students and also for the bright future of the school and the successful publication of the 'Spectrum'.

(Ramesh Bais)

FROM THE CHAIRMAN'S DESK...



“The purpose, the aim and drive of Bridgeford School, is to equip the child with the most excellent technological proficiency so that the student may function with clarity and efficiency in the modern world.”

We at Bridgeford School, believe that the education systems are rapidly changing all over the world, and we need to equip our students with logical thinking, analytical skills and a strong sense of compassion so that they may achieve success in the futuristic world. We believe that we are dealing with young minds who are vulnerable and vibrant, and we need to inculcate a strong value system and creative skills in them so that they may develop into responsible global citizens. During the past two years, the onset of the pandemic has brought about a culture of hybrid learning in the field of education. The use of technology in the field of education is bringing about rapid changes in the teaching methodologies, and we at Bridgeford are one of the few schools in Ranchi to imbibe new generation technology for the benefit of our students.

We are positive regarding the advent of the New Education Policy and we are ready to take upon new challenges of areas such as skill development, development of employability skills, and technological advancement for the students. At this stage, we need to prepare our students and teachers to adapt to new learning outcomes.

I am confident that our team of hard working teachers, diligent students and concerned parents are committed to provide wholesome education to our students through a conducive learning environment. In a few years, the School has achieved remarkable success in all fields of learning and I wish them all the best for their future endeavours.

Narayan Jalan



FROM THE VICE CHAIRPERSON'S DESK...



*“There must be a cultivation of the totality of the mind
And not merely the giving of information.”*

- Jiddu Krishnamurti

We, at Bridgeford School, provide a vibrant learning environment to the students with an aim to ensure wholesome development of the young minds. While the present academic curriculum, predominantly provides a lot of emphasis on memory based learning, and accumulation of information, we inculcate creativity, logical thinking and innovation in our students. Our curriculum and teaching methodology is based on “How to think” rather than “What to think”. In the present times, the world of education is undergoing rapid change, and with the implementation of the New Education Policy, mere accumulation of information shall not empower the students for the future. No longer, the young minds can be treated as data banks. On the contrary, they need to be innovative and futuristic in the use of technology and science, creative in the field of art and craft, and analytical in the field of history and sociology such that they may bring about radical social change.

We have devised a conducive curriculum in light of the New Education Policy which shall empower our students to develop into responsible global citizens. Currently, due to the pandemic, online education is the need of the hour. However, our teachers have ensured that students consistently engage themselves in academics as well as extracurricular activities on the online platform. Our students are participating in various online competitions in the city and many of them have brought awards and accolades to the school. In a short span of time our students have set a high standard in academic excellence. We acknowledge the hard work and diligence of all our students, the dedication of our team of teachers and the consistent support of our parents towards the success of our school.

Priyanka Jalan



FROM THE PRINCIPAL'S DESK



Welcome to the new edition of 'Spectrum'. "Read today, lead tomorrow". Spectrum provides a plethora of opportunities to the young minds to showcase their talent, voice their emotions, receive and generate new ideas, develop their own perspectives, and imbibe values perfecting the art of creating their unique selves. The efforts of the editorial team are praiseworthy. We strongly believe that "Educating the mind without educating the heart is no education at all." – Aristotle.

Spectrum is the essence of our institution. It documents the activities, outings, events and achievements undertaken throughout the year. The smiling pictures of the trailblazers inspire youngsters to follow their footsteps.

"Education is not only a ladder of opportunity but it is also an investment for our future." The faculty and staff of Bridgeford School are committed to provide our students with the education that will make them academically, socially, culturally and emotionally strong. Our students have demonstrated excellence in Scholastic and Co-Scholastic arenas. We have been successful in imparting quality education since 2001. Since then, there is no looking back. We have come this far with innumerable success stories, awards, honours and distinctions and memorable achievements to our credit.

We welcome NEP2020 and have armed ourselves with a zealous approach to implement it in letter and spirit. It has definitely come to revolutionize learning and likely to make the country's educational system in terms of equality of opportunity to quality education more competitive than ever before. It is a knowledge document of the 21st century that aims to promote holistic learning. At Bridgeford, we are well-equipped to transform the education system while being rooted in Indian ethos.

We are creating more space for critical thinking, enquiry, debate, discussion and innovation, keeping the idea of India intact. We are contributing earnestly in making India a vibrant knowledge hub.

Thank you all for being with us in this journey of producing prolific, contributing and responsible citizens for building an equitable, inclusive and plural society.

I wish to express my sincere gratitude to all who have contributed directly or indirectly in strengthening this institution.

Best wishes to all the readers

Seema Chitlangia



FROM THE DESK OF THE SENIOR SECONDARY CO-ORDINATOR



"Education is not streaming a rivulet down the mountain slope but to create an ocean on the face of the earth"

At the very outset I thank the Almighty Lord for bestowing on me the responsibility of transforming young minds to successful human beings in all spheres of life.

The pandemic has installed education in a different style, school@home. When it had triggered every realm of human life came in its effect.

So education was no exception but gradually the process which was derailed came on the rails with the innovation school@home. Though, in the beginning it seemed to be bit challenging but now things are on the move as before. Apart from supplying the students with the required subjective materials, we have been successfully solemnizing all the extra-curricular and co-curricular activities alongside the textual activities of the classroom shouldered by the dedicated faculty members who leave no stone unturned working with

all educative passion, fervour and with a God-given potential to render the best service to the students and the institution as a whole. In spite of the drastic changes round the world the basic core and structure of schooling remains unaltered. One of the paradigm shifts brought about through technology during the pandemic has been systematic shift to online education and remote learning at scale.

The students are embedded as a heart in the body of education. "The body is alive when the heart throbs". This is the metaphorical status. And once again it has been a proud moment for every Biridgefordian to be a part of wonderful achievements of our students at the AISSCE 2022. Winning, achieving and striving for excellence, these traits have become a trend of the Bridgefordians in every domain of education. We move with a mission of transforming our students into enlightened beings to enrich the social fabric.

Rajnish Kumar Lal

FROM THE DESK OF THE SECONDARY CO-ORDINATOR



"A Bend In The Road Is Not The End Of The Road"

Leo Tolstoy says, '**A battle is won by him who is firmly resolved to win it.**'

To succeed in any challenge the life presents, perseverance is required. At its simplest, it is the act of working towards our goal despite the challenges and setbacks. If

we look around us we find many successful figures, in whose success perseverance has contributed as the major factor. These people have succeeded enduring hardships, facing challenges and failures at some point in their life still, they focussed on solutions instead of problems. They kept going because they were determined to make a difference in both their lives and those of others.

Life often surrounds us with many obstacles. The journey of life is not very easy. The paths are thorny and hurdled. These hurdles block our way and it

often appears we are at the end of the road. This is where perseverance teaches us not to lose heart and believe that one road paves way for another. We must understand that life is all about meeting challenges, facing failures and defeating these failures. Perseverance is important because it lets us learn from our failures. Once we start learning from our failures we develop a better understanding of how to handle the obstacles and setbacks. Some people give up presuming that conquering these obstacles are impossible. At that moment we must remember that all forms of learning and mastery require perseverance. If we hope to overcome the barriers and enter in to the world of success we need to use each obstacle, despair, and misjudgement to move forward valiantly instead of breaking us. When we fall down in our pursuit we must find a way to bounce back and the best way to do it is to be comfortable with failure and make improvement our priority, and stick to our dream until it is fulfilled.

Souren Mukherjee

FROM THE DESK OF THE SECONDARY CO-ORDINATOR



Punctuality : The Hallmark of Leader

"Punctuality is not being on time, It's basically about respecting your own commitments....."

Punctuality is an etiquette that motivates us to perform a task in stipulated time frame.

Punctuality exemplifies the adage "Time and Tide waits for none."

Effective time management and maintaining regularity are the essence of a successful person. Punctuality is a sign of our dedication to getting up early, planning ahead and exerting every effort to complete our work on time.

Our life is full of responsibilities and duties and by

performing our part of duty on time, we can make our destiny. A punctual person always stays ahead of time and paves his way to success.

Punctuality is being practiced not only by human beings but also by the nature around us. Nature teaches us the importance of Punctuality in life as -Rising of the Sun, Season arrival, Blooming of flowers etc. In addition, this competitive world demands punctuality so that all of us should be successful in life.

Punctuality not only improves our reputation but also increases our sense of self worth, self esteem and confidence. So, one who understands the value of time can become punctual and in lieu become successful.

Suparna Banerjee

FROM THE DESK OF THE PRIMARY CO-ORDINATOR

Life's Mantra - Live, Believe & Inspire!

"Believe in yourself and all that you are. Know that there is something inside you that is greater than any obstacle."

-Christian D. Larson



Throughout our lives, many of us have been told that we are not good enough or we do not 'have what it takes' to do the things in life we dream of. So many of us have fallen into that trap of letting others dictate what we can and cannot do. Sometimes we tend to let others influence us to be less than our authentic selves, but don't step into their 'hula hoop'. What matters most at the end of the day is you are your authentic self.

The truth of the matter is, yes, we can do what we choose to do if we believe in ourselves. We have the ability to create anything we set our minds to do. We all have dreams that live in our soul just waiting to be let loose. Don't listen to the naysayers. What matters most at the end of the day is believing in what makes you happy. You are the master of your fate, you are the master of your soul. Don't let others dictate how you should live your life. Believe in yourself and keep moving forward.

To walk smoothly in life you have to -

1. Make a list of things you have overcome and what you have accomplished.

2. Reprogram your thoughts from all the negative opinions you have heard from others. Turn your negative self-talk into positive self-talk.
3. Create opportunities to prove to yourself that you do have the ability within. Do things that scare you to build up your confidence muscle. To quote Eleanor Roosevelt, "You must do the thing you think you cannot do."
4. Set small, short-term goals to prove to yourself that you can accomplish what you set your mind to do. Work up to bigger goals to achieve your dreams.
5. A lack of confidence comes from chasing other people's goals and not your own. Live up to your own expectations to pursue your own dreams.
6. Trust and love yourself unconditionally. Never give up. Keep trying and trying again.
7. Be gentle and kind to yourself, as this process takes time. You are worthy and more capable than you give yourself credit for.

In the end, you only regret the chances you did not take. Be yourself, be pleasant, play hard and have no regrets. When you are your authentic self, you fulfill the dream that lives in your soul.

Babita Singh

Why Education can change the world?



The world today is experiencing something that it has never experienced before, a pandemic that has affected each and every corner of the world. It has changed current realities for us. We have a new normal where nothing feels normal

at all. While everything about this world seems increasingly devastating, there is something more there. There is opportunity. An opportunity to change the world for better, to do more than before. We have the chance to reimagine the world and rebuild it to be more inclusive, diverse and empathetic. The world is full of ideas, and it is on us to choose whichever idea, and ideology we want to believe and live up to. Education is not just knowledge, but the ability to learn, unlearn and relearn. It is the tool that enables

us to make mistakes and learn from them, to view failure as a stepping stone. Using education wisely to bring up the future of this world will change the whole game. If we use it wisely, we can end up being the survivors of adversities, the next generation of resilient people to walk this earth, or we can continue to make mistakes, and refuse to ponder over them and take one more step towards our destruction each day. Education can be used to empower us, to make the better choice, to learn to co-exist and be empathetic. We need to use education as our armor against the ever-changing world out there. An idea may change the world, but education surely will make it better. So let us all do our bit and educate ourselves better, educate others with better ideas and co-create a better place to live in. As Oliver Holmes says, "He who opens a school door, closes a prison."

Shreya Sengupta
PGT, Economics

MOTIVATION



Motivation is the word derived from the word 'motive' which means needs, that may be physical or psychological, desires or drives within the individuals. It is the process of stimulating people to accomplish the goals.

Motivation is the process that initiates, guides and maintains goal-oriented behaviors.

Motivation includes the biological, emotional, social and cognitive forces that activate human behavior.

The two main types of motivation are either extrinsic, that arises from outside of the individual and often involves external rewards such as trophies, money, social recognition or praise or intrinsic that arises from within the individual, such as doing a complicated crossword puzzle purely for the

gratification of solving a problem.

Motivation serves as a guiding force for all human behavior. Activation, Persistence and intensity are the Components of motivation.

Some things one can do to develop motivation include:

- *Adjust the goals to focus on things that really matter.
- *If some task feels too big or too overwhelming, break it up into smaller, more manageable steps.
- *Improve your confidence. There is a connection between confidence and motivation. So, gaining more confidence in ourself and our skills can impact our ability to achieve our goals.

Avnita Singh
TGT, Biology

How to Cope with Failure?



Well, I have never belived in the word "failure"; here are only lessons. Living in an age rift with competition, in an ever accelerating world, it is very important to pause and introspect. We teach our children to compete, win and make themselves the best.

Parenting and teaching are two sides of the same coin. If we as mothers are the first teachers to our children, we as teachers are definitely parents to children at school. I teach my children to make the right choice, win with themselves and make best of every opportunity that comes by. As always, it begins at home; a dish went wrong on a certain day must be accepted, a drawing made awry must be given another chance, a sentence said / written wrong must be given time for correction. This practice will help us and our children accept, understand and rectify failure".

This prerequisite is essential for your kid as they learn the importance of failure. Also important is the composure to handle the cracked or damaged - to cope with "failure". As mentioned before, millennials are having excessive choices to meet up with and a constant stream of distractions to be dealt with on a daily basis. A time where 24 hours is less and 365 days is just not enough to deal with the many challenges that we constantly face. Amidst all this, it is rather appreciable seeing them trying to juggle the various responsibilities at hand. Appreciation goes a long way and none have ever been harmed with an overdose. Instead of giving them dollops of advice and suggestions which could cause indigestion, it

would be good to empathise with them for a change Empathy works as an antidote, making them realise that failures are lessons that could win you half the battle. More than quoting examples from history, snippets from personal life helps them relate better.

Good food, good music and good company make a great combination to get over unpleasant episodes and above all a realisation that "nothing lasts forever! Even an hour has only 60 minutes".

As I conclude my thoughts on the failure of school and the failure of life. I am reminded of words I read sometime ago that re-emphasizes my faith in the order of the world*

**The Universe took its time on you
Crafted you precisely
So you could offer the world
Something distinct from everyone else
So, when you doubt
How you were created
You doubt an energy greater than both of us !!**

As teachers and parents, creating a positive environment is a must. As is the will to make sure negativity seeps in at times to understand the former. After all a parachute was conceived of a negative emotion called fear.

Failures are lessons..Take it well!!

Paromita Banerjee
TGT, Social Science

मेरे विचार...



- जियो वर्तमान में, सोचो भविष्य की, पर झाँको अतीत में, शायद कुछ ऐसा मिल जाए विकल्प, जिसे तुमने कभी छोड़ा था, आज वही बन जाए, तुम्हारा दृढ़ संकल्प और जीने का नजरिया बदल जाए।
- धैर्य और संयम से किए गए कार्य होते हैं सफल, अन्यथा, अविवेक की आँधी में होते हैं कार्य विफल।

- भारतीय संस्कृति का मूल मंत्र है संस्कार, जिसका कायल है, पूरा संसार। उचित शिक्षा में है वैसी शक्ति, बाँध लो पूरी दुनिया भर-भर मुट्टी।
- प्रशंसक को रखो दूर ही दूर, जो बिगाड़े आदत, कभी न सुधरे वैसे व्यक्ति, जो रखे प्रशंसा की चाहत।

रश्मि सिन्हा
टी० जी० टी०, हिन्दी

Success- The Flip Side



Dreams know no boundaries. Our minds, while roaming in the meadows of fantasyland, only witness the primrose path, choosing to ignore the thorns en-voyage. We are taught to believe in the beauty of our dreams and even strive to fulfill them. But then, somewhere along the way, we make a little slip and it all

falls apart. Success, which had once seemed to be within our grasp, now seems like a distant possibility. No matter your age or experience, there is a decent possibility you have felt the same at some point in your life.

But rendezvous with a plethora of successful people twist the narrative in a different direction. In the beginning, they too, are full of spirit and enthuse. Overcoming the much envied owner's pride, they get success and bask in its glory, albeit, not for too long. If a successful man has proved himself once, he can't resist doing it again. Success and failure, both

are two sides of the same coin which we call reality. Success does mean getting what we desire. We shape reality with our decisions and learning, not by judging success of the outcomes. Do remember that, when you encounter the failure next time. Even impossible says I'm possible!

Monika Lal
PRT



Life is incredibly valuable... must nurture it



Life is God's greatest gift, infact a blessing. From the moment we are bom until the day we pass away; we go through numerous stages and acquire diverse skills. Life is not easy or hard, life is not cruel or soft, life is what we make it.

Everybody wants to be happy in life and live a perfect life. But this can be made possible only when we maintain an optimistic attitude towards life.

The purpose of life should be useful, productive and should make some difference. It is not always that life will be a bed of roses.. and when we do not achieve what we wish, it causes the state of inner conflict.

What would you do if destiny twisted the road you took? Would you fight, would you run or would you accept?

Life is like riding a bicycle. To keep your balance, you must keep moving. The important thing is to learn to deal with disappointment in constructive ways because although the world is full of sufferings, it is also full of overcoming it.

Life is the fittest of all battles, you must be fit to fit in. So, cherish every moment and aspect you experience.

Kusum Vijay
PRT



A Panel Discussion on the Role of Indian Biotech Companies in Covid -19 vaccine

The evening of BRIDGEFORDIANS was made memorable by the mind blowing performance of the students of class 11th and 12th. BRIDGEFORD School organized an Online Panel Discussion on 11th June 2021 from 6:00 pm onwards. The discussion was about the role of Indian Biotech companies on COVID-19 vaccines. The Chief Guest of this wonderful event was Doctor Vinay Maheshwari, Surgeon, Orchid Medical Centre.

The program started with the welcome speech by Hon. Vice Chairperson Mrs. Priyanka Jalan. The panelists piloted the program and presented their views with the help of presentations, graphics, audios and videos which made the session very interesting. Yana Sewaiyan anchored the program. The participants were :

1. **ANNU GUPTA, XI B** Corona Virus- Origin, Structure and Mode of Infection.
2. **AKANKSHA RAJ, XII B** Understanding of Covid Vaccine work
3. **YANA SAWAIYAN, XII B** Working, Storage and Licencing of Vaccine
4. **MINAKSHI, XII B** Principles and Types of Covid Vaccines
5. **SAMRIDHI PATHAK, XII B** Efficacy of Covid Vaccine
6. **SAMRIDHI KUMARI, XII B** Role of Indian Biotech Companies in COVID Vaccine
7. **SDHARNESH, XI B** Immune system, Myths of Vaccination
8. **TANNU KUMARI, XII B** Prevention and Control
9. **SHEETAL GUPTA, XI B** Socio-economic Impact of COVID 19

All participants were encouraged and complemented by the Chief Guest, Principal Madam and all the teachers. Dr. Vinay Maheshwari, in his speech appreciated the hard work of each panelist. He said," COVID-19 Virus is a very deadly virus which brought an unforeseen public health and economy worldwide. Everyone should get vaccinated and follow all COVID-19 precautionary norms."

The program ended on a very positive note. Vote of Thanks was presented by Mr S. B Pandey, PGT,Bio .Senior Secondary Incharge, Mr Rajnish Lal appreciated the efforts of the students.



ANNU GUPTA



YANA SAWAIYAN



MINAKSHI



SAMRIDHI PATHAK



S DHARNESH



TANNU KUMARI



SHEETAL GUPTA



AKANKSHA RAJ



SAMRIDHI KUMARI

Academic Enlightenment AISSCE -2021-22

Excellence is synonymous with Bridgeford School. Every year outstanding performance of our students reverberates the painstaking efforts of our students and quality education imparted by our school. It is a testimony to the hard work put in by students under the unconditional guidance and support of their teachers and parents. The bar of success is raised by the students armed with an unstoppable drive for tapping the best each year.

The stargazer, Kushagra Srivastava topped Science Stream with 98.2% to his credit. Commerce Stream got Nidhi Garodia as its topper with a whopping 98.8%. The duo of Mauli Jain and Rajkumar fetched 96.4% sporting Toppers' Crown for Arts Stream. We congratulate them and wish all the best for their future with the hope that they will not only shine in the firmament of academic brilliance but also be responsible citizens of our country setting examples for successive generations.

OUR ACHIEVERS

SCIENCE STREAM



Kushagra Srivastava
98.2%



Laxmi Kumari
96.8%



Harshit Agarwal
96.6%



Swet Anshu
96%



Devashish Kumar Sharma
95.8%



Kumar Sankalp
95.4%



Mahi Singh
94.8%



Yana Sawaiyan
94.2%



Tannu Kumari
93.8%



Abhishek Kr. Pandey
93.6%



Minakshi
93.4%



Ayush Kumar Shivam
93%

COMMERCE STREAM



Nishi Garodia
98.8%



Anupriya Kumari
96.6%



Ayush Kumar Jotwani
96.4%



Keshav Agarwal
96.2%



Iraboti Dey
95.8%



Neelansh Mishra
95.2%



Ankrish Bhartiya
94.8%



Soubhagya Kr. Jaiswal
92.8%



Ansh Jain
92.2%



Sanskriti Agarwal
92%



Kritika Garodia
90.6%



Nakul Jajodia
89.8%

ARTS STREAM



Mouli Jain
96.4%



Raj Kumar
96.4%



Sweta Kumari
95.4%



Anushka Choudhary
95.2%



Anuska Surbhi
94.4%



Arushi Singh
94.4%

A Spectacle of Success : Protagonists of AISSE

Hard work pays rich dividends. Regular studies, scrupulous understanding of success routes, strategic preparation culminated in scaling greater heights of success. Eyeing victory, the students navigated the tougher competition of AISSE with all dedication and alacrity. A total of 258 students registered for the exam and 66 of them scored more than 90%. Chirag Mukherjee, advocating his name, became the school topper scoring 98.6 percent marks. 62 students got more than 80 percent marks.

Stuti Keshari scored a perfect 100 in English. Similarly in Sanskrit Chirag Mukherjee, Stuti Keshari, Akriti Tirki and Aditi Kumari scored 100 marks. Aditya Kumar Singh, Ujjwal Kumar and Manav Singh scored 100 marks in Mathematics. Special attention was given to each and every student and their confidence was lifted by doubt removal classes. We wish all the best to all the achievers.

OUR ACHIEVERS



Chirag Mukherjee
98.6%



Aditya Kumar Singh
98.2%



Ujjwal Kumar
98%



Pranjal Patel
97.8%



Aric Apoorv Tirkey
97.6%



Stuti Keshri
97.2%



Sidhant Vinayak
97%



Abheet Kumar Sinha
96.6%



Akriti Shukla
96.6%



Tanisha Chawla
96.6%



Kritika Verma
95.6%



Samerth Sinha
95.6%



Shaurya Subhankar
95.4%



Tripti Kumari
95.4%



Mohit Raj
95.2%



Pragati Prachi
95.2%



Shubh Shivansh
95.2%



Pranav Pandey
95%



Aastik Kumar
94.8%



Ankit Sharma
94.8%



Gaurav Kumar Gupta
94.6%



Naitik Singh
94.6%



Amul Bhardwaj
94.4%



Shreya Sonal
94.2%



Manav Singh
94.5%



Animesh Kumar
94.2%



Yash Raj
94.2%



Pranjali Kumari
94.2%



Akriti Tirkey
94%



Shubham Singh
94%

Result AISSE - 2021-22 (Std. X) Result

Sl.	Roll No	Name	%age
1	22326534	Chirag Mukherjee	98.6
2	22326527	Aditya Kumar Singh	98.2
3	22326617	Ujjawal Kumar	98
4	22326546	Pranjal Patel	97.8
5	22326580	Aric Apoorv Tirkey	97.6
6	22326560	Stuti Keshri	97.2
7	22326433	Sidhant Vinayak	97
8	22326440	Abheet Kumar Sinha	96.6
9	22326441	Akriti Shukla	96.6
10	22326518	Tanisha Chawla	96.6
11	22326542	Kritika Verma	95.6
12	22326608	Samerth Sinha	95.6
13	22326467	Shaurya Subhankar	95.4
14	22326616	Tripti Kumari	95.4
15	22326382	Mohit Raj	95.2
16	22326461	Pragati Prachi	95.2
17	22326615	Shubh Shivansh	95.2
18	22326602	Pranav Pandey	95
19	22326477	Aastik Kumar	94.8
20	22326579	Ankit Sharma	94.8
21	22326586	Gaurav Kumar Gupta	94.6
22	22326597	Naitik Singh	94.6
23	22326368	Amul Bhardwaj	94.4
24	22326395	Shreya Sonal	94.2
25	22326418	Manav Singh	94.2

Class XIIth Result AISSCE (2021 -22)

Science Stream

Sl.	Roll No	Name	%age
1	22689617	Kushagra Srivastava	98.2
2	22689528	Laxmi Kumari	96.8
3	22689522	Harshit Agarwal	96.6
4	22689640	Swet Anshu	96
5	22689610	Devashish Kumar Sharma	95.8
6	22689616	Kumar Sankalp	95.4
7	22689531	Mahi Singh	94.8
8	22689603	Yana Sawaiyan	94.2
9	22689598	Tannu Kumari	93.8
10	22689604	Abhishek Kumar Pandey	93.6

Commerce Stream

Sl.	Roll No	Name	%age
1	22689739	Nishi Garodia	98.8
2	22689715	Anupriya Kumari	96.6
3	22689720	Ayush Kumar Jotwani	96.4
4	22689732	Keshav Agarwal	96.2
5	22689827	Iraboti Dey	95.8
6	22689674	Neelansh Mishra	95.2
7	22689654	Ankrish Bhartiya	94.8
8	22689754	Soubhagya Kumar Jaiswal	92.8
9	22689713	Ansh Jain	92.2
10	22689696	Sanskriti Agarwal	92

Arts Stream

Sl.	Roll No	Name	%age
1	22689794	Mouli Jain	96.4
2	22689807	Raj Kumar	96.4
3	22689823	Sweta Kumari	95.4
4	22689770	Anushka Choudhary	95.2
5	22689773	Anuska Surbhi	94.4

CBSE Result Statistics

AISSCE 2022 (STD XII)

Range of Marks %	Science Stream	Commerce Stream	Arts Stream	Total
90 & Above	18	11	13	42
80 - 89.8	47	31	18	96
70 - 79.8	51	41	15	107
60 - 69.8	20	23	16	59
50 - 59.8	2	12	4	18
Total	138	118	66	332

100% Scorer

Sl.	Name	Subject
1	Kushagra Srivastava	Mathematics
2	Ayush Kumar Jotwani	Accountancy
3	Anishi Garodia	Business Studies
4	Ayush Kumar Jotwani	Business Studies
5	Iraboti Dey	Business Studies

AISSCE - 2022 (Class - X)

Range of Marks	No of Students
95 & Above	18
90 - 94.8	42
80 - 89.8	73
70 - 79.8	61
60 - 69.8	47
40 - 59.8	17
Total	258

100% Scorer

Sl.	Name	Subject
1	Stuti Keshri	English
2	Chirag Mukerjee	Sanskrit
3	Stuti Keshri	Sanskrit
4	Aditya Kumari	Sanskrit
5	Aditya Kumar Singh	Mathematics
6	Ujjwal Kumar	Mathematics
7	Manav Singh	Mathematics
8	Pranjal Patel	Information Technology

Honouring the Tenacity and Diligence of the Students

"The future belongs to those who believe in the beauty of the dreams, those who believed excelled in their dreams"

A felicitation ceremony was organised by Bridgeford School to honour and celebrate the hard work of the meritorious students of class 10th and 12th as they witnessed tremendous result. Our Chief guest Shri Mahesh Poddar,

former member of Rajya Sabha, our chairman sir, Mr. Narayan Jalan graced the occasion in the presence of our Principal, Mrs. Seema Chitlangia and worthy incharges.



It's truly said "Success in life is not for those who run fast, but for those who keep running and always on the move...."

OUR TRIUMPHANTS



Prisha Sinha, (I E)

Creative effort is the root of all achievements and this has been successfully proved by our young talent of Primary Wing, Prisha Sinha, the student of class 1, who participated in National Level Painting Competition organised by Kalantar Art Trust and won Bronze medal. The theme of the painting was 'Mera Bharat'.



Paurushi Kesari, (III C)
Abhinav Kumar Mishra, (III B)

Proving this right, Paurushi Kesari of class 3C who participated in Gita Chanting Competition organised by Chinmaya Ashrama on 21st November, 2021, bagged 1st rank and Abhinav Kumar Mishra of class 3B got Consolation Prize in Group B in City Level.

It is really a proud moment for Bridgeford School, Tupudana as Parushi Kesari has also been selected in Inter – City Level in Gita Chanting Competition.



Marwin George Topno, (III C)

The Ranchi District Yoga Association organised the 37th Ranchi District Yoga Championship, 2021. Marwin George Topno of Bridgeford School, Tupudana participated in the sub-junior category (boys) and upheld the pride of our school at the district level.



Samrat Singh, (IV F)

In Bridgeford School, the students are always encouraged to participate in an array of activities to sharpen their aptitude and our students also take all the chances to mould their personality. It is really a moment of pride as Samrat Singh, student of class 4, participated in Discovery School Super League, powered by BYJU'S and won topmost rank in Sub – Junior category.



Vedika Garodia, (V C)

It is a moment of immense glory for Primary Section of Bridgeford School, Tupudana as Vedika Garodia of class 5 has secured 1st rank in SIP Abacus at state level. It was conducted by SIP Abacus Academy India Private. She has also been awarded with a trophy and cash prize of 7000 rupees.



Ojasvita, (VI D)

There is no better deliverance from the world than through art. Ojasvita received the 2nd Prize in the Drawing Competition organized by Vivekananda Vidya Mandir on the occasion of Vivekotstsav - 2021.



Ayush Kumar, (VI D)

Unfurling the artistic skills, Ayush Kumar landed with a 2nd Prize in the Sanskrit Recitation Competition organized by Vivekananda Vidya Mandir on the occasion of Vivekotstsav - 2021.

Swami Chinmayananda breathed, lived and talked Bhagavad Gita throughout his life. Ayush Kumar received a Consolation Prize in the Geeta Chanting Competition at City level organized by Chinmaya Mission.



Kumari Samridhi Singh, (VI D)

Spreading the most auspicious knowledge of The Bhagavad Geeta, Kumari Samridhi Singh received 2nd prize in Bhagavad Gita Extempore Competition in 10–13 years group organized by ISCON.



Arpita Rashmi, (VI D)

Geetanushilanam is a very wholesome activity to nourish our spiritual knowledge and boost our interest in spirituality. Arpita Rashmi won the 1st prize in Bhagavad Gita Extempore Competition in 10–13 years group organized by ISCON.



Arin Kuila, (VI D)

The study of the Geeta is the key to opening the vast treasure of God's love for us. It starts with chanting, then study, and over time, assimilating that same love wholeheartedly and completely. Arin Kuila also received a Consolation Prize in the Geeta Chanting Competition at City level organized by Chinmaya Mission.



Prakhar Tiwary, (VII A)

Taking poetry to the next level, Prakhar Tiwary bagged consolation Prize in the Hindi Recitation Competition organized by Vivekananda Vidya Mandir on the occasion of Vivekotstsav - 2021.



Chirasri Ghosh, (VIII A)

Bringing music to life, Chirasri Ghosh came up with the 3rd Prize in the Classical Solo Competition organized by Vivekananda Vidya Mandir on the occasion of Vivekotstsav - 2021.



Chirasri Ghosh, (VIII A)

From the recitation of the Bhagavad Gita arises the desire to know its meaning. Thence arises the Knowledge of the Self. From this knowledge arises fulfillment. Chirasri Ghosh secured the 3rd prize in the Geeta Chanting Competition in Group D organized by Chinmaya Mission.



Aric, (VIII B)

Unfurling the artistic skills, Aric landed with a Consolation Prize in the Poster Making Competition organized by Jharkhand Biodiversity Board on the occasion of the International Day for Biological Diversity - 2021.

Making yards beautiful one at a time, Aric acquired 3rd Rank in the Poster Making Competition organised by Vidya Bharati Vidyalay.



Aanchal Singh, (VIII B)

Look closely at the nature. Every species is a masterpiece, exquisitely adapted to the particular environment in which it has survived. Aanchal Singh received a Consolation Prize in the English Essay Writing Competition organized by Jharkhand Biodiversity Board on the occasion of the International Day for Biological Diversity - 2021.



Ananya Choudhary, (VIII C)

The success of your presentation will be judged not by the knowledge you send but by what the listener receives. Vidya Bharti Vidyalay Organized Speech Competition and Ananya Choudhary proved it right by receiving 3rd Rank in the English Speech Competition.



Annapurna Kumari, (VIII C)

Geetanushilanam is a very wholesome activity to nourish our spiritual knowledge and boost our interest in spirituality. Annapurna Kumari won the 2nd prize in Bhagavad Gita Extempore Competition (13 - 18) years group.



Sonali Kumari, (VIII D)

From Undramatic To Spectacular, Sonali Kumari landed with the 3rd Prize in the Sanskrit Recitation Competition organized by Vivekananda Vidya Mandir on the occasion of Vivekotstsav - 2021.

The Bhagavad Gita is a manual for living. It instructs the seeker on how to live a productive life, attaining fulfilment here and now.

Sonali bagged the 1st prize in the Geeta Chanting Competition in Group D organized by Chinmaya Mission.



Shruti Kumari, (VIII E)

The flower bloomed and faded. The sun rose and sank. And what the poets said in rhyme, the young translated into practice. Shruti Kumari received the 3rd prize in the "Hindi Kavita Path Pratiyogita" organized by Prabhat Khabar.



Sejal Thakur, (VIII E)

Presenting one's own creation and earning appreciation of the judges, Sejal Thakur secured the 2nd prize in the "Swachhata hi Sewa Pratiyogita" organized by Prabhat Khabar.



Arpan Aman, (VIII F)

We quiz therefore we are. Where a smart answer won't get you fired ! Unlocking knowledge at the speed of thought, Arpan Aman grabbed 2nd Rank in the Quiz Competition organized by the team of Vidya Bharti Vidyalay.



Utsav Jain, IX C

Utsav Jain participated in Vivekotsav held at Vivekanand Vidya Mandir School and bagged 3rd position in "Speech In Vivekanand Getup Style" on 20th January 2021.



Vinamra Bairoliya
XI A



Ayush Kumar Singh
XI A



Gauri Raj
XI C

An "Interschool Power Point Presentation" was held at Vivekanad Vidya Mandir School on 18th of January, 2022. The topic of the presentation was 'The Life History Of Swami Vivekanada' and our students secured 2nd position in this competition.



Ronit, (XB)



Manav, (XB)



Ashish Narayan, IX C

On the occasion of Malviya Jayanti, Vidya Bharati Vidyalaya organised several competitions. Ronit, Manav, and Ashish Narayan secured 3rd position in the Inter School Quiz Competition.



Annu Gupta (XII B)



Riya Kumari (IX F)

On the occasion of International Day for Biological Diversity several competitions were organized in Lady K. C. Roy Memorial School. Students participated with full zeal in these competitions.

Annu Gupta & Riya bagged prizes in Essay Writing Competition.



Aditya Kr. Singh, (XE)

Aditya Kumar Singh of std. 10 secured the 9th rank in Cybernation Olympiad.



Ankit Sharma, (XF)



Shashwat Raj, (IXE)



Rishita Sah, (IXE)

The Chinmaya Mission organises the Geeta Chanting Competition every year and the students from different schools participate with full zeal. The outstanding performance of our students added another feather to Bridgeford's Cap.

Ankit Sharma, Shashwat Raj and Rishita Sah bagged consolation prizes in Group- D in the city level.

TALENTED TYRANTS

CAPTURING MOMENTS

It's all about activating the mind's camera, imagining a perfect scenario from a normal situation. Photograph created in line with vision of the artist, using his imagination, clubbed with his creativity, emerges as a life in still.

The inter house Photography Competition was a remarkable display where a fusion of talent, imagination, creativity and alertness of our students were exhibited.



Sunidhi Kumari (IX F)



Mohit Raj (X A)



Ansh Sharma (IX F)

"Those who try their best taste victory"

MATHELETE was an event designed to provide a unique platform to our young mathematician. The first three positions were bagged by Vishakha Rana, Aahana Mandal & Karan Singh



"Leaders don't force people to follow. They invite them on a Journey."

Vision to engage and enlighten the youth of the country, students of Bridgeford actively participated in the "YOUTH PARLIAMENT"



**RESULT OF RECOGNITION TEST COMPETITION
HELD ON 09.04.2021**

RANK	STUDENTS NAME	CLASS & SEC.
1st	Aryan Kumar	Pre Nur
2nd	Ashna Kachhap	Pre Nur
3rd	Krish Munda	Pre Nur
1st	Soham Raj	Nur C
2nd	Saksham Singh	Nur A
3rd	Vanisha Gupta	Nur B
1st	Atharva Tiwary	KG D
2nd	Sahil Xaxa	KG B
2nd	Aradhaya Sinha	KG E
3rd	Samridhi Kumari	KG D

**RESULT OF DRAWING COMPETITION
HELD ON 09.04.2021**

RANK	STUDENTS NAME	CLASS & SEC.
1st	Sheetal Saurabh Lakra	I A
2nd	Manjeet Prakash	I D
3rd	Shaurya Singh	I C
1st	Nirmitt Agarwal	II E
2nd	Sharansh Arya	II A
3rd	Aditya Oraon	II D
1st	Prasanjit Choudhury	III C
2nd	Barbi Ghosh	III E
3rd	Shlok Deo Kumar	III B
1st	Ankush Kumar	IV E
2nd	Dipika Bhowmik	IV F
3rd	Aarav Karn	IV F
1st	Adarsh Kumar	V D
2nd	Dipanshu Choudhary	V C
3rd	Ansh	V A

**RESULT OF ENGLISH HANDWRITING
COMPETITION HELD ON 23.04.2021**

RANK	STUDENTS NAME	CLASS & SEC.
1st	Reyansh Besra	I D
2nd	Abhigyan Kumar	I B
3rd	Aashi Singh	I C
1st	Bhavya Singh	II D
2nd	Akanksha Kumari	II A
3rd	Trish Raj	II E
1st	Prajakta Chakraborty	III F
2nd	Taniksha Nag	III D
3rd	Ayush Kumar	III C
1st	Siyona Murmu	IV E

RANK	STUDENTS NAME	CLASS & SEC.
2nd	Prashansa Paramjeet	IV D
3rd	Roshni Baskey	IV E
1st	Atharav Kumar Singh	V D
2nd	Ankit Kumar Singh	V F
3rd	Anushka Lugun	V B

**RESULT OF MEMORY TEST COMPETITION
HELD ON 24.04.2021**

RANK	STUDENTS NAME	CLASS & SEC.
1st	Dev Anand Kumar	Pre Nur
2nd	Adwaita	Pre Nur
3rd	Aanvi Sinku	Pre Nur
1st	Shipra Priyanshi Nayak	Nur A
2nd	Akshat Keshav	Nur C
3rd	Shaswat Kumar Rana	Nur B
1st	Hardik Raman	KG E
1st	Devarsh Krishna	KG C
2nd	Aarav Ranjan	KG B
3rd	Pratyasha Tirkey	KG A

**RESULT OF HINDI RECITATION COMPETITION
HELD ON 08.05.2021**

RANK	STUDENTS NAME	CLASS & SEC.
1st	Aanvi Sinku	Pre Nur
2nd	Vihaan Saboo	Pre Nur
3rd	Nayan Raj Sahu	Pre Nur
1st	Vivaan Gupta	Nur A
2nd	Ayansh Kumar Mishra	Nur C
3rd	Shambhavi Prasad	Nur B
1st	Aroshi Oraon	KG A
1st	Atharv Bhardwaj	KG B
2nd	Navya Choubey	KG D
2nd	Abhikalpa Thakur	KG E
3rd	Ayaansh Jha	KG C

**RESULT OF HINDI HANDWRITING COMPETITION
HELD ON 08.05.2021**

RANK	STUDENTS NAME	CLASS & SEC.
1st	Sheetal Saurabh Lakra	I A
2nd	Aayansh Karan	I E
3rd	Srishti Kumari	I B
1st	Bhavya Singh	II D
2nd	Aayush Raj	II A
3rd	Akanksha Kumari	II A
1st	Saumya Kumari	III B

RANK	STUDENTS NAME	CLASS & SEC.
2nd	Ridhi Singh	III B
3rd	Aradhya Parida	III D
1st	Prashansa Paramjeet	IV D
2nd	Arnav Singh	IV C
3rd	Anshika	IV B
1st	Aditya Raj	V F
2nd	Atharav Kumar Singh	V D
3rd	Shadman Ashraf	V B

**RESULT OF DRAWING COMPETITION
HELD ON 17.06.2021**

RANK	STUDENTS NAME	CLASS & SEC.
1st	Pratik Prince	Pre Nur
2nd	Dhani Agarwal	Pre Nur
3rd	Ashna Kachhap	Pre Nur
1st	Ethan Kujur	Nur B
2nd	Aman Laxman Munda	Nur C
3rd	Tejas Sharma	Nur A
1st	Anamika Kumari	KG A
2nd	Yashasvi	KG D
2nd	Shubhangi Mahto	KG E
3rd	Arpit Kachhap	KG B
3rd	Anokhi Priya	KG C

**RESULT OF HINDI ESSAY WRITING COMPETITION
HELD ON 18.06.2021**

RANK	STUDENTS NAME	CLASS & SEC.
1st	Aaditya Raj	I C
2nd	Sankalp Tirkey	I B
3rd	Reyansh Besra	I D
1st	Aayush Raj	II A
2nd	Reyansh Kumar	II E
3rd	Pranjal Guha	II B
1st	Piyush Kumar	III C
2nd	Athrav Dev	III E
3rd	Ayush	III D
1st	Ritesh Raj Purty	IV B
2nd	Prashansa Paramjeet	IV D
3rd	Dipika Bhowmik	IV F
1st	Akshat Mittal	V D
2nd	Aditya Prakash	V F
3rd	Archit Gupta	V E

**RESULT OF ENGLISH HANDWRITING
COMPETITION HELD ON 24.06.2021**

RANK	STUDENTS NAME	CLASS & SEC.
1st	Aarav Kachhap	Pre Nur
2nd	Dev Anand Kumar	Pre Nur
3rd	Pratik Prince	Pre Nur
1st	Aditya Raj Sharma	Nur C
2nd	Takshvi Shankar	Nur B
3rd	Anas Imran	Nur A
1st	Ryan Jason Ekka	KG B
2nd	Avni Shankar	KG E
3rd	Anaita Singh	KG D

**RESULT OF ENGLISH ESSAY WRITING
COMPETITION HELD ON 24.06.2021**

RANK	STUDENTS NAME	CLASS & SEC.
1st	Risha Gupta	I B
2nd	Shlok Modi	I A
3rd	Akshita Verma	I D
1st	Bhavya Patel	II E
2nd	Aarush Hitesh Upadhyay	II B
3rd	Rajveer Kumar	II D
1st	Namrata Sharma	III F
2nd	Ridhi Singh	III B
3rd	Bhavya Jain	III C
1st	Vaibhav Kumar Singh	IV C
2nd	Satyam Narayan	IV D
3rd	Ayush Raj	IV E
1st	Harshika	V E
2nd	Aishwarya Pathak	V C
3rd	Yashika Singh	V F

**RESULT OF ENGLISH DEBATE COMPETITION
HELD ON 10.07.2021**

RANK	STUDENTS NAME	CLASS & SEC.
1st	Risabh Singh	III F
2nd	Bhavya Jain	III C
3rd	Ridhi Singh	III B
1st	Aman Kumar	IV F
2nd	Bhavya Kumari	IV C
3rd	Ansh Kumar	IV D
1st	Diksha Kumari	V A
2nd	Nitish Kumar	V E
3rd	Vedika Garodia	V C

**RESULT OF HINDI HANDWRITING COMPETITION
HELD ON 15.07.2021**

RANK	STUDENTS NAME	CLASS & SEC.
1st	Aarav Kachhap	Pre Nur
2nd	Nayan Raj Sahu	Pre Nur
3rd	Aryan Kumar	Pre Nur
1st	Naman Anand	Nur C
2nd	Bhargav Nag	Nur A
3rd	Aashi Priya	Nur B
1st	Jiya Kumari Mahto	KG A
2nd	Vivaan Prakash	KG B
3rd	Shivay Rudra Patel	KG D
3rd	Aadya Shekhar	KG E

**RESULT OF ENGLISH RECITATION COMPETITION
HELD ON 29.07.2021**

RANK	STUDENTS NAME	CLASS & SEC.
1st	Krish Munda	Pre Nur
2nd	Anika Kumari	Pre Nur
3rd	Dev Anand Kumar	Pre Nur
1st	Naisha Dutta	Nur B
2nd	Anshika Paul	Nur C
3rd	Vivek Korah	Nur A
1st	Abhinav Kumar Mahto	KG C
2nd	Naitik Raj Shah	KG D
3rd	Reeva Srivastava	KG E

**RESULT OF HINDI STORY TELLING COMPETITION
HELD ON 05.08.2021**

RANK	STUDENTS NAME	CLASS & SEC.
1st	Krish Munda	Pre Nur
2nd	Nayan Raj Sahu	Pre Nur
3rd	Pratik Prince	Pre Nur
1st	Divya Kumari	Nur C
2nd	Ansh Munda	Nur A
3rd	Anish Barla	Nur B
1st	Dev Joshi	KG D
2nd	Nitya Pathak	KG E
2nd	Vaishnavi Sharma	KG B
3rd	Mayra Gupta	KG A

**RESULT OF FANCY DRESS COMPETITION
HELD ON 11.08.2021**

RANK	STUDENTS NAME	CLASS & SEC.
1st	Krish Munda	Pre Nur
2nd	Dev Anand Kumar	Pre Nur
3rd	Nayan Raj Sahu	Pre Nur

RANK	STUDENTS NAME	CLASS & SEC.
3rd	Adwaita	Pre Nur
1st	Tejas Sharma	Nur A
1st	Bhargav Nag	Nur A
2nd	Rishav Mishra	Nur C
2nd	Ayush Pandey	Nur C
3rd	Naman Anand	Nur C
3rd	Aashi Priya	Nur B
Consolation	Agastya Kumar	Nur B
1st	Aahan Kumar	KG A
1st	Maanas Raj Singh	KG E
2nd	Akshat Tiwary	KG B
3rd	Aaradhya Sinha	KG E
Consolation	Sahil Xaxa	KG B
Consolation	Abhinav Kumar Mahto	KG C

**RESULT OF ENGLISH RECITATION
COMPETITION
HELD ON 16.09.2021**

RANK	STUDENTS NAME	CLASS & SEC.
1st	Risha Gupta	I B
2nd	Aashi Singh	I C
3rd	Sakshi Kumari	I D
1st	Paridhi Agarwal	II E
2nd	Akanksha Kumari	II A
3rd	Ayesha Helen Munda	II B
1st	Aaradhya Parida	III D
2nd	Saanvi Shukla	III C
3rd	Risabh Singh	III F
1st	Vanshika Ray	IV B
2nd	Aradhya Singh	IV A
3rd	Prashansa Paramjeet	IV D
1st	Henas Kumari	V A
2nd	Pallavi Kumari	V D
3rd	Vaibhav Kumar	V F

**RESULT OF HINDI RECITATION COMPETITION
HELD ON 08.10.2021**

RANK	STUDENTS NAME	CLASS & SEC.
1st	Samridhi Shrivali	I D
2nd	Ashmi Gupta	I C
3rd	Dhruv Raj	I E
1st	Aryan Anand	II D
2nd	Priyanshi Bharti	II B
3rd	Reyansh Kumar	II E

RANK	STUDENTS NAME	CLASS & SEC.
1st	Risabh Singh	III F
2nd	Abhinav Kumar Mishra	III B
3rd	Bhavya Jain	III C
1st	Sajal	IV A
2nd	Prashansa Paramjeet	IV D
3rd	Sneha Dutta	IV C
1st	Archit Gupta	V E
2nd	Vedika Garodia	V C
3rd	Henas Kumari	V A

**RESULT OF COLLAGE MAKING COMPETITION
HELD ON 30.07.2021**

RANK	STUDENTS NAME	CLASS & SEC.
1st	Vedant Choudhary	III E
2nd	Diksha Disha Mukhi	III A
3rd	Shambhavi	III C
1st	Hurshul Nandan	IV D
2nd	Harsvardhan Tiwari	IV A
3rd	Dipika Bhowmick	IV F
3rd	Deepika Tuti	IV D
1st	Henas Kumari	V A
2nd	Dibyansh Biswal	V D
3rd	Anvesha Jaiswal	V F

**RESULT OF FANCY DRESS COMPETITION HELD
ON 11.08.2021**

RANK	STUDENTS NAME	CLASS & SEC.
1st	Aayansh Karan	I E
2nd	Prakhar Prasad	I D
3rd	Mahi	I A
1st	Pranjal Guha	II B
1st	Bhavya Patel	II E
2nd	Paridhi Singh	II B
2nd	Ishika Kumari	II D
3rd	Reyansh	II E
3rd	Aradhya Mukhi	II E
CONSOLATION PRIZE		
1	Reyansh Besra	I D
1	Priyanshi Bharti	II B
2	Anurag Singh	II C
3	Khanak Kumari Agarwal	II A

**RESULT OF ENGLISH ELOCUTION COMPETITION
HELD ON 18.11.2021**

RANK	STUDENTS NAME	CLASS & SEC.
1st	Aayansh Karan	I E
2nd	Sanskriti Singh	I A
3rd	Risha Gupta	I B
1st	Divyanka Banerjee	II A
2nd	Trish Raj	II E
3rd	Bhavya Singh	II D
1st	Abhijit	III A
2nd	Saubhagya Shaurya	III C
3rd	Annabi Singh	III F
1st	Bhavya Kumari	IV C
2nd	Anshika	IV B
3rd	Aanvi Sinha	IV E
1st	Arpan Mukherjee	V C
2nd	Pallavi Kumari	V D
3rd	Poorbi Pranjal	V A

**RESULT OF HINDI ELOCUTION COMPETITION
HELD ON 03.12.2021**

RANK	STUDENTS NAME	CLASS & SEC.
1st	Shrishti Shreya	I C
2nd	Anaita Ranjan	I A
3rd	Manshi Choudhary	I D
1st	Akanksha Kumari	II A
2nd	Bhavya Singh	II D
3rd	Mahi Kumari	II E
1st	Aaradhya Parida	III D
2nd	Paurushi Kesari	III C
3rd	Arush Raj	III F
1st	Anshika	IV B
2nd	Aman Kumar	IV F
3rd	Aparna Sinha	IV D
1st	Arpan Mukherjee	V C
2nd	Riya	V A
3rd	Vaibhav	V F

Bridgefordians Unfurled the Flag of Success in Olympiad 2021-22

"Victories are not born on the fields....One creates them during practice day in and day out."

Olympiad as a platform gives students a chance to develop their skills and present them at the city, state, national and international level while they compete with other similar competent candidates. This helps to win accolades at various levels and



"Winning reflects that you are willing to go longer, work harder and give more than anyone else."

It is always believed that determination and commitment bring accomplishment and success. Our school students are provided ample opportunities to excel and hone their skills and talents. Olympiad is one of the platforms which helps to identify a student's capability and real potential that may help him / her to survive better in this competitive world. This not only helps them to learn the techniques to answer wide varieties of questions but also makes them clever problem solver.

So, to enhance the reasoning, analytical and problem solving skills, Olympiads are always held in our school and this year also the students of Primary Section of Bridgeford School, Tupudana actively participated in Silver Zone Maths, Science, English and Informatics Olympiads and truly exhibited their talents. They brought laurels to our school by securing meritorious positions in various Olympiads.

Heartiest congratulations to the winners ! The winners are:

scale the merit of the students on a wider scale.

Bridgeford School, Tupudana conducts Olympiads every year with an aim to provide a rostrum for brushing the learning abilities of its students.

Students of Bridgeford School once again showcased their strength and agility by bagging 100 medals in various Olympiads.



Sl.	NAME	CLASS & SEC.	CLASS RANK	MEDAL
INTERNATIONAL OLYMPIAD OF ENGLISH LANGUAGE				
1	Reyansh Kumar	II E	1	Gold
2	Paridhi Singh	II B	2	Silver
3	Aditya Raj	III F	1	Gold
4	Aarohi Chhaya	III C	2	Silver
5	Arush Raj	III F	3	Bronze
6	Sneha Dutta	IV C	1	Gold
7	Harshvardhan Tiwary	IV A	2	Silver
8	Aryan Kumar Singh	IV C	3	Bronze
1	Prakhar Tiwary	VII A	1	Gold
2	Siddharth Das	VII E	2	Silver
3	Sonali	VIII D	1	Gold
4	Abhi Ranjan	VIII E	2	Silver
5	Harshik	IX E	1	Gold
6	Shubh Shivansh	X F	1	Gold

Sl.	NAME	CLASS & SEC.	CLASS RANK	MEDAL
INTERNATIONAL OLYMPIAD OF MATHEMATICS				
1	Archit Sinha	I B	1	Gold
2	Samriddhi Singh	I D	2	Silver
3	Reyansh Kumar	II E	1	Gold
4	Paridhi Singh	II B	2	Silver
5	Mrinal Das	II E	3	Bronze
6	Ridhi Singh	III B	1	Gold
7	Arush Raj	III F	2	Silver
8	Sourabh Kumar	III B	3	Bronze
9	Harshvardhan Tiwary	IV A	1	Gold
10	Harsh Verma	IV E	2	Silver
11	Samriddhi Chhaya	IV C	3	Bronze
12	Aman Kumar	V C	1	Gold
13	Harshita Ranjan	V E	2	Silver
14	Archit Gupta	V E	3	Bronze
1	Ayush Kumar	VI D	1	Gold
2	Swayam Sharma	VI C	2	Silver
3	Arin Kuila	VI D	3	Bronze
4	Utkarsh Thakur	VIII F	1	Gold
5	Varun Pratap	VIII A	2	Silver
6	Abhi Ranjan	VIII E	3	Bronze
7	Bhumi Kumari	IX E	1	Gold
AKHIL BHARTIYA HINDI OLYMPIAD				
1	Aditya Raj	III F	1	Gold

Sl.	NAME	CLASS & SEC.	CLASS RANK	MEDAL
INTERNATIONAL READING AND APTITUDE OLYMPIAD				
1	Arush Raj	III F	1	Gold
2	Harshvardhan Tiwary	IV A	1	Gold
3	Aayush Kumar Singh	IV C	2	Silver

Sl.	NAME	CLASS & SEC.	CLASS RANK	MEDAL
INTERNATIONAL SOCIAL SCIENCE OLYMPIAD				
1	Taniksha Nag	III D	1	Gold
2	Aditya Raj	III F	2	Silver
3	Vanshika Tiwari	III E	3	Bronze
1	Shaurya Jaiswal	VI E	1	Gold

Sl.	NAME	CLASS & SEC.	CLASS RANK	MEDAL
2	Himanshu Chandra	VII B	1	Gold
3	Siddharth Das	VII E	2	Silver
4	Shree	VII A	3	Bronze
5	Raghav Jha	X D	1	Gold

Sl.	NAME	CLASS & SEC.	CLASS RANK	MEDAL
INTERNATIONAL OLYMPIAD OF SCIENCE				
1	Naman Verma	I B	1	Gold
2	Reyansh Kumar	II E	2	Gold
3	Maitreye	II B	1	Silver
4	Prajakta Chakraborty	III F	1	Gold
5	Abhinav Kumar Mishra	III B	2	Silver
6	Rohan Singh	III C	3	Bronze
7	Bhavya Kumari	IV C	1	Gold
8	Harshvardhan Tiwary	IV A	2	Silver
9	Ankush Kumar	IV E	3	Bronze
10	Harshita Ranjan	V E	1	Gold
11	Pratham Sachdev	V B	2	Silver
12	Ankit Kumar Singh	V F	3	Bronze
1	Ankit Kumar	VI D	1	Gold
2	Shaurya Jaiswal	VI E	2	Silver
3	Ayush Kumar	VI D	3	Bronze
4	Himanshu Chandra	VII B	1	Gold
5	Aayushi Singh	VII C	2	Silver
6	Navya Ramteke	VII C	3	Bronze
7	Utkarsh Thakur	VIII F	1	Gold
8	Sonali	VIII D	2	Silver
9	Anchal Singh	VIII B	3	Bronze
10	Bhumi Kumari	IX E	1	Gold
11	Harshik	IX E	2	Silver
12	Aarya Singh	IX B	3	Bronze
13	Shubh Shivansh	X F	1	Gold

Sl.	NAME	CLASS & SEC.	CLASS RANK	MEDAL
INTERNATIONAL INFORMATICS OLYMPIAD				
1	Aditya Raj	III F	1	Gold
2	Vedika Garodia	V C	1	Gold
3	Pratham Sachdev	V B	2	Silver
1	Harshik	IX E	1	Gold

Sl.	NAME	CLASS & SEC.	CLASS RANK	MEDAL
SMART KID G.K. OLYMPIAD				
1	Ridhi Singh	III B	1	Gold
2	Aditya Raj	III F	2	Silver
3	Taniksha Nag	III D	3	Bronze
4	Aarav Karn	IV F	1	Gold
5	Harshvardhan Tiwary	IV A	2	Silver
6	Shivam Pandey	IV F	3	Bronze
7	Rachit Sinha	V D	1	Gold



Annual Exhibition 2022

Aspire Zone : Plethora of Activities

The Annual School Exhibition was organized at Bridgeford School, Tupudana on March 12, 2022. It was inaugurated by Mr. Nirvik Banerjee, Executive Director RDCIS, SAIL accompanied by Guest of honour, Dr. Sumit Kaur, Dept. of Physics, Nirmala College.

The students of the senior sections worked tirelessly, attained in-depth knowledge and showcased innovative and brilliant projects and working models meticulously put together after undertaking intensive research work.

The science department presented 'Science provides solutions'. The Social Science department put up exhibits reflecting the vision of our 'Future Cities'. The Maths department presented many

facets and magic of mathematics in their display.

Computer Department showcased projects based on Programming Languages.

The English carnival saw a palpable showcasing of book reading and discussions, debates, plays, recitals and effective presentations.

The Hindi Department put forth a galaxy of events, showcasing the importance of mythological stories in our daily life.

Painting, art and craftwork of the students adorned the corridors, landings with display on the walls and tables.

There is no river too wide to cross.

If, we set our mind to it..."

Take off the lead and fear not : Be unparalleled...

RESULT OF EXHIBITION (SESSION 2021-22)

ENGLISH EXHIBITION

Sl.	NAME	CLASS SEC.	CLASS RANK	MEDAL
1	Ananya Kumari / Ashna Anand	VII B	1	GOLD
2	Abhay Kumar / Abhi Ranjan	VIII E	1	GOLD
3	Rishita Sah	IX E	1	GOLD
4	Shrawani Sudhir	VII F	2	SILVER
5	Priyanshu Sinha / Nikhil Anand	X B	2	SILVER
6	Urvashi Kumari	IX B	2	SILVER
7	Sonam Kumari	VIII C	3	BRONZE
8	Aditi Kumari	VII F	3	BRONZE
9	Sneh	IX B	3	BRONZE

HINDI EXHIBITION

Sl.	NAME	CLASS SEC.	CLASS RANK	MEDAL
1	Sejal Thakur	VIII E	1	GOLD
2	Devansh Pandey	VII B	1	GOLD
3	Ayushi / Mouli	IX D	1	GOLD
4	Nidhi Shrivastava	VIII E	2	SILVER
5	Trishita	X B	2	SILVER
6	Shaista Parveen	IX B	2	SILVER
7	Nihal Kumar Singh	VI D	3	BRONZE
8	Aniket	IX A	3	BRONZE

SANSKRIT EXHIBITION

Sl.	NAME	CLASS SEC.	CLASS RANK	MEDAL
1	Sonali	VIII D	1	GOLD
2	Ankit Sharma / Aric Apoorv Tirkey	X F	1	GOLD

SOCIAL SCIENCE EXHIBITION

Sl.	NAME	CLASS SEC.	CLASS RANK	MEDAL
1	Anchal Singh	VIII B	1	GOLD
2	Isha / Sauma / Sunidhi / Rimisha	IX F	1	GOLD
3	Rishav Panda / Tarun Sharma	VIII E	2	SILVER
4	Ashish / Raunak	IX C	2	SILVER
5	Rajnandini	IX A	2	SILVER
6	Nischay Singh	VIII E	3	BRONZE
7	Anushka Saboo	XI F	3	BRONZE
8	Vijeta	X C	3	BRONZE

SCIENCE EXHIBITION

PHYSICS

Sl.	NAME	CLASS SEC.	CLASS RANK	MEDAL
1	Tathagat Bhattacharya	VI C	1	GOLD
2	Priyam Raj	IX E	1	GOLD
3	Prakhar Tiwary	VII A	2	SILVER
4	Bhumi	IX E	2	SILVER
5	Abhay Bhaskar	VIII B	3	BRONZE
6	Akshat	IX B	3	BRONZE

CHEMISTRY

Sl.	NAME	CLASS SEC.	CLASS RANK	MEDAL
1	Ishika Gupta / Kumari Pihu	VIII C	1	GOLD
2	Ayushi Kumari	IX E	1	GOLD
3	Shlok Arth	VII F	2	SILVER
4	Aman Kumar Pandey	IX E	2	SILVER
5	Jatin	IX B	2	SILVER
6	Atman Parida / Raj Srivastava	VII E	3	BRONZE
7	Uday Kumar Gope	IX B	3	BRONZE

BIOLOGY

Sl.	NAME	CLASS SEC.	CLASS RANK	MEDAL
1	Atmaja	VII C	1	GOLD
2	Vishakha Rana	IX B	1	GOLD
3	Saurabh Chaudhary	VI E	2	SILVER
4	Gaurav Kumar	IX C	2	SILVER
5	Krishti Kumari / Divyansha Verma	VII B	3	BRONZE
6	Aarsh Rathod	VIII A	3	BRONZE
7	Roshan Kumar	IX D	3	BRONZE

MATHS EXHIBITION

Sl.	NAME	CLASS SEC.	CLASS RANK	MEDAL
1	Aayushi Kumari Singh	VII C	1	GOLD
2	Chahak Agarwal	IX E	1	GOLD
3	Sushant Raj	VIII D	2	SILVER
4	Pragya Kumari	X F	2	SILVER
5	Rishu Pragya Singh	VIII A	3	BRONZE
6	Vineet Kumar	IX D	3	BRONZE



Glimpses of Annual Exhibition



Expressing Happiness through Colours

"Holi is surely happy when the colours are eco - friendly and feelings are healthy."

Showing concern towards the environment, Primary Wing of Bridgeford School, celebrated Holi virtually on 27th March, 2021 with a difference with dry and eco-friendly manner. The children exhibited their creativity by making beautiful cards, reciting poems which added to the festive atmosphere. They were implored to play safe Holi by avoiding artificial colours.



Preserving the Past, for the Future

Bridgefordians celebrated World Heritage Day with zest...

"People's relationship to their heritage is the same as the relationship of a child to its mother..."

The heritages talk about the roots of a nation. Irrespective of our interpretation of history, it is vital that we preserve the symbols of our past.

The theme this year was -

"Complex Pasts: Diverse Futures."

Our cultural and natural heritage is both irreplaceable sources of life and inspiration. As very well said -

"Monuments are our country's ornaments.. "
So, preserve, protect and cherish.



Nurture the Nature

"Love the Earth as you would love yourself."

Keeping the above quote in mind, the students of Primary Wing celebrated the Earth Day virtually on 22nd April, 2021 with a myriad of educational and fun activities to show their love and respect for Mother Earth.



Creative Work is Play

Inter-House Drawing Competition was organized on 26th April, 2021 wherein the students from classes VI–VIII participated enthusiastically, showcasing their talent and creativity through painting the plain canvas.

As very well said - "**Drawing is vision on paper...**"



Lend a hand to save the Planet

"Greenery is natural scenery, retain it forever."

Bridgefordians marked World Environment Day amid lockdown with full enthusiasm.

So, we need to join the race to make the world a better place .

"Nature is painting for us day after day pictures of infinite beauty".



Vaccine Awareness Drive

"Being safe is always better than being sorry."

The outbreak of COVID-19 has brought with it fear and uncertainty. Through their slogans in

different languages, students tried to convey the message that COVID-19 vaccines are not only safe but also an extremely important tool for getting life back to normal.



Today a Reader, Tomorrow a Leader

"Reading can be a fun and imaginative time for children, which opens doors of the new world for them."

Independent reading is a critical part of children's learning and growth. With this positivity in mind, the virtual celebration of 26th National Reading Day was observed on 19th June, 2021. The ultimate goal behind the celebration was to foster life-long reading skills in students and create children, who love to read. Reading can inform you, enlighten you and lead you in the right direction. So, keep reading to enjoy the sweet fruits of it.



Creating Inner Serenity and Harmony

"Yoga is a light, which once lit will never dim. The better you practise, the brighter your flame."

Celebrating the 7th International Yoga Day the Primary Wing of Bridgeford School, Tupudana held a virtual event on 21st June, 2021 with students and teachers coming together on an online platform to demonstrate yogas and asanas and also explaining their importance simultaneously. Creating awareness and love for yoga was a priority of this event and the engaging nature of the students ensured that this was met.



Celebrating Rhythms of Life

Music expresses feeling and thought, without language; it is below and before speech, and it was above and beyond all words and so, to celebrate this wonderful medium of expression, Secondary Section students utilized online platform to express their understanding of music in a rhythmic way.

It is truly said that -

"Music expresses that which cannot be put into words and that which cannot remain silent."



Health Empowers You

"A trick to have happy students is to be happy yourself."

The COVID-19 pandemic has led to an unpredictable situation where traditional teaching has been shifted to online educational methods. The teachers are now assigned more duties and responsibilities than ever before. They are struggling to cope up the changing demands and are often physically and emotionally exhausted at the end of the day. Realizing the need of stress busters in today's hasty life, a Virtual Session on 'Managing Stress and Burnout during Online classes' was held in Bridgeford School, Tupudana on the occasion of Doctors' Day. The resource person was a rising Positive Psychology Coach and Mental Health Advocate, Miss Aditi Bhasin. The main highlights of the session were various types of stress faced by the teachers, stress relaxation therapy

that could be followed and different stress management techniques. She explained how to cope up with the change and get positive results. She also stressed upon the need of daily exercise and healthy life-style. Answering the questions of the teachers, she mentioned that how mental health can affect our personal and professional life.



Aditi Bhasin
Positive Psychology Coach &
Mental Health Advocate

The session was proved to be very stimulating as well as stirring. It encouraged the teachers to become physically, socially as well as emotionally well and to be a better individual.

National Sports Day – A tribute to Major Dhyhan Chand

An online Inter – House Sports Quiz Competition was organized in the Secondary Section on the occasion of National Sports Day which marks the birth anniversary of legendary Indian hockey player Dhyhan Chand.



The contest began with a warm welcome by the compere, Ms. Raveena Tirkey. After briefing everyone about the National Sports Day and Major Dhyam Chand, she handed over to the quiz master Mr. Kundan Kumar who explained the rules to the four teams and conducted the quiz.

He was assisted by Mr. Rajesh Mishra.

Aravali House represented by Vardan Singh, Gautam Dey, Prakhar Tiwary and Yashasvi Singh was declared the winner.

Janmashtami Frolics

"Do everything you have to do, but not with greed, not with ego, not with lust, not with envy but with love, compassion, humility and devotion."

To make the young generation understand the importance of our glorified Indian traditions and culture the Primary Wing of Bridgeford School,

Tupudana celebrated Janmashtami with great devotion.

Such practices infuse within students, respect for their culture; and as a result, imbibe the value system to become a humane citizen.



A Day to Commemorate Teachers and Thank Them

"The true teachers are those who help us think for ourselves." – Dr. Sarvepalli Radhakrishnan

A good teacher can inspire hope, ignite imagination and instill love for learning. Keeping in mind their importance the Primary Wing of Bridgeford School, Tupudana celebrated Teacher's Day with great fun and enthusiasm. On this occasion students performed dance, sang songs and recited poems acknowledging the contribution of their teachers.



"Literacy for a Human- Centered Recovery : Narrowing the Digital Divide"

International Literacy Day is celebrated every year on 8th September to raise awareness about the importance of



literacy as a matter of dignity and human rights. It also highlights the need for intensified efforts towards more literate societies. To serve the

same purpose, Class 6 students of Bridgeford School, Tupudana presented their views on the importance of literacy in our lives.

उन्नति और उत्थान की है यह परिभाषा, मृदुल, सरल भारत का मुकुट है हिंदी भाषा

ब्रिजफोर्ड स्कूल, तुपुदाना में, 14 सितंबर, 2021 को हिंदी दिवस का आयोजन किया गया। इस आयोजन का मुख्य उद्देश्य बच्चों को हिंदी का अधिक से अधिक उपयोग करने के लिए प्रोत्साहित करना और हिंदी भाषा के बारे में जागरूकता पैदा करना है।

हिन्दी दिवस के अवसर पर प्राइमरी विंग का ई-मैगजीन 'बेला विस्ता' भी प्रकाशित किया गया। इस अवसर पर कक्षा नर्सरी से पाँच तक के विद्यार्थियों ने वर्चुअल काव्यशाला कार्यक्रम में सम्मिलित होकर भक्तिकाल से लेकर आधुनिककाल तक के कवियों की वेशभूषा में लयबद्ध तरीके से उनकी कविताओं को प्रस्तुत किया। बच्चों ने कार्यक्रम में बहुत ही उत्साहपूर्वक भाग लेते हुए हिंदी भाषा के महत्त्व को समझा एवं हिंदी भाषा के प्रचार एवं प्रसार का संकल्प लिया।



Ozone for Life

"Go green, go genius, stamp the carbon, stand tall and stitch the ozone layer."

To spread awareness and make the young minds understand the importance of Ozone layer and the need to protect this fragile shield

of gas, the students of Pre Primary Wing of Bridgeford School, Tupudana, celebrated World Ozone Day with great enthusiasm. The students were involved in various activities virtually like poster making, craft making, saying slogans on importance of Ozone, etc.



International Day of Elderly Persons

" The grey hair of experience is the splendour of the old."

Many of us tend to think that getting older is the worst thing in the world, but it is certainly not. Getting old is the process worked out by nature and to respect our elders is our duty. A few students of Class VI along with two teachers visited ' ApnaGhar Old – Age Home' located at Singh More, to celebrate ' International Day of elderly Persons' observed on 1st of October. The students sang and cut the cake with them. These gestures made them feel loved and they opened



up their heart, sharing the experiences of life. They motivated the children to study well and wished them a bright future.

"The future depends on what we do in the present".

- Mahatma Gandhi

The Primary Wing of Bridgeford School, Tupudana united together virtually under the blanket of nationalism and celebrated the birth anniversary of our two great patriots Mahatma Gandhi and Lal Bahadur Shastri with splendour.



“ The love for all living creatures is the noblest attribute of man.”

The Primary Wing of Bridgeford School, Tupudana celebrated World Animal Welfare Day virtually to commemorate the love and respect for animals and to do something special to highlight their importance in the world. The tiny tots indulged

in celebrating this day by conducting various activities like making drawing of their favourite animals, discussing about extinction of animals, giving speech on the importance of animals and making colourful animal masks.



Flag Waving in the Wind

Indian Air Force Day 2021 celebrated with zeal and zest “Touch the sky with Glory” is the motto of the Indian Air Force.

Hailing the air warriors on the occasion of the Indian Air Force Day, the school observed the day with zeal. Students of Class VII took part in various activities planned for the day.

“Spread your wings and let the fairy in you fly...”



So powerful is the light of Unity that it can illuminate the whole Earth

“There is something unique in this soil, which despite many obstacles has always remained the abode of great souls...” – Sardar Vallabhbai Patel

In keeping with the tradition, Bridgeford School, Tupudana, celebrated the National Unity Day on 30th October, 2021 with great enthusiasm and passion.

Many spirited activities were conducted by Class VIII students to celebrate National Unity Day.

They paid tribute to this extraordinary attempt in building an integrated and inclusive modern India.

"Unity is our identity, that is why our country is great...."



"Unity is strength. Where there is teamwork and collaboration, wonderful things can be achieved."

India is a kaleidoscope of cultures that includes umpteen variations in food, clothing, language and religious beliefs. In spite of these differences, 'Unity in Diversity' is a distinct feature of India which makes it famous throughout the world.

On this occasion the students of the Primary

Wing expressed their views on the contribution of Sardar Vallabh Bhai Patel for promoting the cause of national unity and integrity to strengthen the fabric of the country as one nation. It was really a very colourful and informative experience for the students.



"There is a child in everyone of us who is still a trick-or-treater looking for a brightly-lit front porch."

Halloween is a fun day observed in various parts of the world on 31st October every year. In an effort to make students aware about this popular Halloween holiday, Pre Primary Wing of Bridgeford School, Tupudana celebrated Halloween Day virtually. The popular halloween

holiday has its roots in ancient European traditions where people light up bonfires and dress up as ghosts and witches to ward off evil spirits. The celebration of Halloween is associated with the idea of good fortune. With the same festive spirit the students dressed up

as ghosts, witches, vampires to mark the welcoming of good spirits and driving away of the bad spirits in their lives. The event was organised to help students pursue an education in a fun filled manner and encourage them to appreciate differences in cultures and customs and to make them aware of global festivals and values.



Chhath Celebration at Bridgeford School, Tupudana

"The Sun is the God visible to every being, is the basis of life of all creatures on earth ..."

Bridgeford believes in celebrating festivals with joy and enthusiasm. Keeping this in mind the students enjoyed a fun filled activity of making the "Sun" in various ways to celebrate 'Chhath Puja' to thank the 'Sun' God for bestowing the bounties of life on earth.

The students delivered speeches throwing light on this eco – friendly festival which spreads the message of nature conservation.

The Sun God was prayed to shower us with his choicest blessings and make us beam with joy to remove all negativities and embrace only goodness.



A Constitution not only empowers government but it also empowers the citizens of a country

To reinforce the significance of Indian Constitution and to honour the Architect of Indian Constitution



Dr. B.R. Ambedkar, Constitution Day was celebrated in the Primary Wing of Bridgeford School, Tupudana, virtually on 26th November, 2021. The students gave tribute to India's first

Law Minister as well as the Father of Indian Constitution, Dr.B.R. Ambedkar.



Be a part of the solution, not the pollution

Every year, 2nd of December is considered as National Pollution Control Day all over India.



So in order to spread awareness among the students about the environment and the need to conserve it, 'National Pollution Control Day' was organised in the Primary Wing of Bridgeford School, Tupudana on 2nd December, 2021.



Glory to God

Christmas is the festival that brings cheer and love and the Primary Wing of Bridgeford School, Tupudana celebrated it with the same fervour, spreading the message of love and joy amongst everyone.

The program was interspersed by carols, speeches, poems and dances by the tiny tots.



Displaying India's Power, Culture and Unity

The feeling of patriotism was at its peak as the morning sun of 26th January, 2022 rose. It was a special morning for the students of Bridgeford School as well. Though confined to homes due to lockdown, the spirits were set free. As the children celebrated Republic Day online, the management committee members were present in the premises of the school and the National Flag was unfurled by Mr. Arjun Jalan.



World Youth Skills Day

16th July, 2021

15th July is celebrated as World Youth Skills Day every year to raise awareness about the importance of technical, vocational education, training and the development of other skills relevant to both local and global economies. On this special day a webinar on "IMPORTANCE OF TECHNICAL SKILLS" was organized by Jharkhand Government Tool Room, Ranchi. This webinar was conducted with Bridgeford School for its Senior Secondary students and teachers. The Guest palette was welcomed by Mr. Rajnish Lal the Senior Section In charge. The webinar was hosted by Mr. M.K. Gupta, the Principal of JGTR. He explained to the students the importance of World Youth Skills Day and

also discussed how skills enhance the ability of a person to recognize the importance of equipping young people with their skills. He introduced the students to various activities of JGTR centre and other research activities. Then the training head Mr. Mangal Toppo helped the children know the importance of TOOLS & DIE MAKERS and shared other valuable information. There were other important members who shared their knowledge about manufacturing of moulds for plastic components. Basic Tally Information was presented by Mr. Roshan, the expert of that area. He explained to the students in an interesting manner how to resolve general troubleshooting of computers and laptops.

International Youth Day

Debate on "The Growth of Educational Startups has fuelled up Education in India"

The Sr. Secondary Wing of the institution celebrated the International Youth Day. A virtual debate competition was organised on 12th Aug under the supervision of Sr. Secondary in- charge Mr. Rajneesh Lal to make IYD a special and memorable one. The motion of the debate was "The Growth of Educational Startups Has Fuelled up Education in India". The participants were the students of std XI and XII categorised in three groups

Gr I : Iraboti Dey- for the motion and Riddhi Banthia Jain-against the motion
Gr II : Anshika – for the motion and Raj Tilak - against the motion
Gr III : Jia Sinha - for the motion and Tanishka Rajgharia - against the motion.



The debate began with the elaboration on International Youth Day by Kashish Chouhan. The participants debated strongly with defined views coupled with a rebuttal round. The debate was moderated by Ms Seema Tiwari, PGT (Eng).

Saluting India! Where Each Bud Blooms in its True Colours

'National Law Day' Celebration at Bridgeford School, Tupudana

The school celebrated 'National Law Day' on 26th November, commemorating the adoption of the Constitution in India. The declaration regarding the day was made by the Prime Minister Narendra Modi on October 11, 2015, while laying the foundation stone of the Statue of Equality.

The day marked the dawn of a new era and gave everyone the Constitution which is the

framework for political principles, procedure and power of the government. Students took special pledge and also paid a tribute to India's first Law Minister, Dr. B.R. Ambedkar, who played a pivotal role in drafting the Indian Constitution.

Let every teacher teach the student how to love this nation, let every parent instill in his or her sons and daughters the beauty of our nation...

Let us all practice freedom and equality among fellow humans and make our nation proud.

"Friendship is like a perennial river which flows forever."

Friendship is said to be the warmest of all bonds in this entire creation. Keeping this in mind the children of Primary Wing of Bridgeford School, Tupudana, celebrated the 'Bond of Friendship' on 1st August, 2021 with a variety of fun filled activities. In tune with the spirit of the occasion students dedicated Friendship Day to their best friends.



Independence Day Celebration

" Let be freedom in mind, soul & body, faith in your words and pride in your nature ."

Pinning flags, watching the flag hoisting and singing the National Anthem on Independence Day Celebration is a treasured memory for many. The Primary Wing of Bridgeford School, Tupudana celebrated the 75th Independence Day with great zeal and enthusiasm. The celebration splashed the colours of freedom and sacrifice and inculcated the feeling of patriotism and gratitude towards our country.





Ganesh Chaturthi Celebration

The students of Primary Wing celebrated Ganesh Chaturthi virtually. They exhibited their

inner artists by drawing beautiful paintings depicting the Elephant-headed God.



"Rakhi is a thread that binds two souls in a bond of joy forever."

This festival was celebrated with great joy in Bridgeford School, Tupudana by the students of Primary Wing. On this occasion students made

attractive rakhis using different articles like silken thread, ribbon, etc.



“Celebrate life. Make a commitment to enjoy every moment, so that your journey becomes a festival of joy.”



In an effort to make the students realise the moralistic importance of festivals, Primary Wing of Bridgeford School, Tupudana, celebrated trilogy of Navratri, Dussehra and Durga Puja virtually. The celebration was based on the theme of nine different forms of Goddess Durga who were worshipped by Lord Rama before he

killed Ravana. The atmosphere became pure and vibrant when Shankha was blown. The students also made different masks of Ravana. The event was proved to be an excellent example of celebration of tradition with joy and fervour at its fullest.

“Life loses half its interest if there is no struggle - if there are no risks to be taken.”

- Netaji Subhash Chandra Bose

Subhash Chandra Bose, was a pivotal figure in India's freedom movement and also one of the most iconic Indian leaders. His iconic call for freedom made him a hero and earned him an unforgettable reputation. To commemorate Netaji's struggle for India's Independence and to

celebrate his birth anniversary, online activities were organised in Primary Section of Bridgeford School, Tupudana on 23rd January, 2022, in which the students participated with all their chauvinistic passion.



Glimpses of Annual Sports





A Shift In The Mode Of Education



Dependency on online education has increased in a short span of time. During lockdown the mode of education experienced a sudden change, it totally shifted from classroom to online teaching.

If administered correctly, this shift to web based teaching could lead to a larger buyer population, more cost efficiencies and more university revenue. However, several concerns regarding this need to be taken into consideration. Although e-learning has provided inclusive education even at the time of crisis, we need to make sure that no one is deprived.

As we have seen that there are several benefits and disadvantages of e-learning but at the same time we have to accept that we were able to attain education at the time of crisis due to the advancement in technology.

Education System-of our country has experienced a tremendous change due to some major reforms which have been introduced by the government and will be implemented soon. One of the major reforms in the New Education Policy 2020 has been structured into 5+3+3+4. It

will be a instruction building that will recover the existent 10+2 structure. Under this guideline, the first five years of school will be focused on basic education, understood by three age of basic coaching, three age of middle stage instruction and four age of secondary instruction. PARAKH is a new governmental appraisal podium.

Vocational instruction will commence in school, arising out of grade 6, as known or named at another time or place middle school. Internships will be part of that concerning details instruction educational program also.

The main aim of the New Education Policy must be for India to have an instruction method by 2040 namely second to none, accompanying impartial approach to the highest quality instruction for all learners regardless of public or financial practice.

Some reforms are necessary in the education sector as education is an essential and necessary detail for the all-around incident of any humankind. An inclusive social instruction procedure is planned by a country with its own government to accomplish this requirement.

Anushka Singh
XII – "F"

If Schools were held in open Green



If schools were held in open green,
we could play with animals
and birds,
on the grasses, on the vein
and even in the rain,
We could study while we
enjoyed and played.

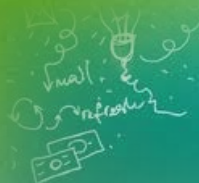
If schools were held in open green,
we would come to school just for fun,
for enjoying and singing 'nature song',
The name of the school would be 'nature palace'.

Talking with air, talking with animals,
till the sun would set,
the blackboard would be large rock,

the slate would be banana leaf.

If schools were held in open green,
the exam would be as planting trees,
the prize would be as giving trees.
But this can happen only in imagination and
dreams.

Ankit Kumar Singh
VI 'F'



Advantages of Being in a Large Family



"Family is not just an important thing it is everything".

We cannot imagine our existence without our family. The members of the family define family values. In my opinion, the more the members, the merrier the family would be. Together

with our parents, grandparents, and our uncles, aunts and cousins living under the same roof is quite exciting.

In all life stages, from childhood to adulthood people come and go, but the family always remains constant. So it is also vital for us not to forget our family values and lessons.

There are more advantages of being in a large family. The joint family helps us to learn the importance of commitment in life and strengthen our unity. They help us to understand about customs, traditions and the culture of the society.

Large family is always there for those dealing with loneliness and fighting in odd times.

With several children in home, siblings have someone to play (or fight) with on regular basis. They learn to share and care.

In a large family children are lucky to sit around and chat while eating delicious food. Kids can talk to their uncles and aunts about the things they are uncomfortable about talking to their parents.

There is nothing in the world that is so blissful as the love and affection shared by grandparents and their grandchildren.

Thus, it is rightly said, "Those who are in larger families are happier families."

Shrawani Sudhir
VIII F



ADVERTISEMENTS

Glitters with a Pinch of Truth



Do you think the burger portrayed in the advertisement of Burger King real?

Advertisements are the most innovative field in marketing. It builds up a bridge between the brand and the customers. With advancements in technology, businesses are using digital advertising to create two-way

communication. Advertisements have become much more personalized than ever before. It influences us in ways we don't even realize.

'Advertising is legalized lying' says H G Wells. Advertisement plays an important role in shaping the idea of the product and services in the minds of its customers but it can also be used to brainwash the naive minds of people. The brands manipulate their users to purchase their products using dirty marketing strategies. Advertisement creates tremendous impact on the audience hence making it problematic for them to decide on the right products. It plays with consumers' emotions in

a misleading and deceptive manner. A lot of them are exaggerations of the quality of the product, fallacious arguments, and emotional appeals.

The publicity of products leads to their increased demands in the market. Products are often promoted by film stars and renowned people, therefore, creating more impact on the customers. They are simply misled and forced to buy fraudulent products that are prevalent in the market. It commercially encourages us to spend our hard earned money on stuff that we don't even need. It manipulates our minds into purchasing additional things which are sometimes disastrous for human health. Children get compelled by these glittery commercials and insist on buying the same.

But Knowledge Is Power!

Stay informed, do your research and be attentive to the commercial messages that try to manipulate your purchasing behaviors.

Remember - "All that Glitters is not Gold."

Sunidhi Kumari
X 'F'

VIOLENCE SOLVE NO PROBLEM, IT MUST BE SHUNNED



Violence nowadays has become the most common solution for every problem. But actually, violence rather than solving, drives the problem to a much worse. History has proved, how a violent clash between two groups resulted in great damage to mankind. Many countries, nowadays focus mainly on strengthening their military power because now it's a cut-throat competition between countries to establish who is the strongest among them in terms of military power and technology. United Nations was established for the purpose of world peace and to cut off the extreme violence but it's not effective on some powerful countries. These days we can just imagine of a peaceful world with no military and a positive bond among each and every community. Violence is just like a termite in global peace which enters the wood and gobble up wood from inside and after



that, the structure perishes. Similar is the case of violence in our world and at last there will be no one left on this earth. It's always suggested by the social scientists to shun the violence otherwise the consequences will be the worst and which can't be reversed at any cost.

Anshit
X 'B'

The Event of My Inspiration



This memory has embedded deep inside my heart. We all have our insecurities but being bullied about your insecurities is horrific. When we hear people saying bad things about us we start to feel insecure.

When I was eight, I had this obsession of make up. Well I would basically wear it every morning; even in online classes! This was just because I was insecure about myself. Each time I tried to build my confidence, my head would be flooded with questions like, 'Am I good enough?', 'What if I'm not?', 'What if I mess this up?' Since in second grade I would get bullied because of not being pretty enough.

Everyone used to say that I would not be able to achieve anything in life. After six months of suffering this finally broke me. I used to wake up at 5:30 a.m just to do my make up. Now that I think about this, I feel sick. How did I let others



treat me like that?

The moral of the story is- Don't pay attention to judgement. People's job is to judge the insecure and break them. Feel good about yourself, no matter what life brings and as the saying goes, 'You may still lose when everyone believes you, but you will win if you believe in yourself.'

Bhavya Kumari
Class: V-C

NATIONAL EDUCATION POLICY-2020



Getting proper education is the birthright of each and every Indian citizen. Education is the key element in the development of a child for his future life in society. The change in the National Education Policy, after 1986 took place on July 2020 and emerged out to be the New

Education Policy. The new education policy is the reworking of the previous national education policy. It has brought about a change in the entire structure of education system. The vision laid in the new education policy is the turning the system into a highly energetic one. There must be an effort in making the skilled and responsive.

The new education policy focuses on the integrated skill development of the learners. It replaces the old 10+2 system with new 5+3+3+4 structure, which clearly tells that there will be 12 years of schooling and 3 years of pre-schooling, which results in learners experiencing at an earlier stage. The examinations will be conducted in classes 3rd, 5th and 8th only. Board exams will also be made easier and will be held twice a year so that each learner gets two attempts. The policy envisages in a multi-disciplinary and integrated approach towards the under-graduate programmes which provides greater flexibility to the exit from a particular course. The state government and central government would work together and increase the expenditure on education to whopping 6% of the GDP. The new education policy will focus on practical education instead of laying stress

on bookish learning. This allows the learners to develop learning habit through general interaction, group discussions and reasoning. It will conduct common entrance exams for learners to help them enter in their favourite universities. The learners will have the freedom to select the course they desire to learn along with the course subjects, thus promoting skill development. The government will be setting up new ways of research and innovations at the college and university level through NRF (National Research Foundation).

As we know every policy has its limitations so does it have as, the implementation of the language that is the teaching of learners up to class 5 will be taught in their regional language is the major problem. Since, the learners would be taught in their regional language will result in them having less approach towards the English language, which is major requirement for them after passing class 5. The learners might become the subjects of structure learning which might increase the burden on their small minds and which might affect their mental wellbeing.

All of us agree on the fact that there was a change needed in the current or existing education policy which was implemented in 1986. The resulting change is the approval of the new education policy. The new education policy has many positive features but it can only be implemented correctly when it is strictly followed by us. Mere consideration of the layout or structure will not initiate its actions.

Amit Kumar
XI 'B'

Gender Discrimination in Society



We live in a society and all are aware of the gender discrimination which is a very sensitive part in today's world. Gender discrimination can be seen in the field of education, jobs, domestic works, etc.

Though we live in a modern

society of twenty first century, the equalities between men and women are still lacking. Work can't be allocated to anyone on the basis of gender, we all know this, but despite this the society has distributed the types of work between men and women. Women are supposed to do domestic works, take care of their child whereas men are assigned the outside jobs which are totally different from the house works. This discrimination led to a

big social conflict between the genders thereby making men superior to women. However, it is seen that nowadays many women are well educated and coming out from the restrictions thrust upon them and doing the type of jobs which men were supposed to do, according to this society. Several factors are responsible for the poor literacy rate among women. Parents also don't care about girls' education and prefer to pour their resources on the education of their male child. Due to this type of discrimination, the female to male ratio is very less in our country. In many cases, it is reported that the girl child is being killed in womb itself. Therefore, everyone should have equality irrespective of their genders.

Now, as we are talking about gender equalities, we cannot ignore the existence of third gender which the society has ignored, that is, "Transgender".

Transgender is the term given to those people whose gender identity is different from the sex

assigned to them during birth. They are identified with the terms other than "male" or "female". They are the genders which face the most hatred of society and are surrounded by the people who think that trans are not normal person and don't have the right to exist in this world. This dreadful mindset has taken lives of many transgenders. Whenever the parents happen to discover that their child is a transgender, they immediately abandon that child. However, some parents are also there who despite being well aware of the facts, want to raise their trans child like any other normal child, but society keeps pressurising them to give their child away. That's why we often see transgenders roaming on the streets, unemployed and asking for money. We often think aren't the transgenders like us? The answer is very simple, they are just as us. They are humans and also possess the same feelings like we. They are just another beautiful creation of God.

Pranya Mishra
X 'D'

Don't Judge a Book by It's Cover



As we come across the quotation 'Don't judge a book by it's cover', imagine about the great personalities like Elon Musk, CEO, Sundar Pichai of Google and many more. We instantly come to know about their inventions, their salaries

and their lifestyles. But, do we even think how hard struggle and hard times they had been through. It just looks at the success but not at this struggle and hard work.

The real life example as you may have seen some books in library they have their cover torn and not in a perfect manner as compared to the other books but you may not know that how much valuable the book or a person can be. Why not to motivate through a daily life only?

What if a well known and good looking person turns out to a horrible in nature? We should not judge a person through their personality or looks. Just like the books you can't even know or judge any person by just looking at the looks or living

styles. Like a book's



cover a person can also not be just stopped like once all the famous personalities. We can be someone's motivation and we can also be an example of this quote.

Just remember when we will become someone's destination. We should not forget the place from where we have started or risen.

Siddhi Priya
VII 'E'

COVID -19: A NEW TEACHER



Remember those days when we used to work, play, enjoy with our friends, meet our grandparents and relatives. But suddenly everything was disturbed. Deadly pandemic COVID-19 CHANGED THE ENTIRE WORLD. A new teacher was all set in to teach

us some new lessons of life.

It is one in a century event which has completely changed our life and has taught us how to live in minimal resources. The research has shown the outbreak of COVID-19 was in December 2019. By March it took its fierce form and the government announced the lockdown for the sake of citizen's health. There was only one question in everyone's mind, now what next? COVID-19 developed into pandemic. We had a series of

lockdown disrupting life and throwing everything off gear. But by keeping all the negativities aside, we realized what a great teacher it is. It has taught us the uncertainties of life and why things should not be taken for granted. It also helped us to see the world with new lens. New technology and inventions were introduced to make our life better. Online education, work from home, vaccination drives, oxygen cylinders etc. are some common examples, which helped us a lot to fight battle with it. Pandemic was an eye opener. We got time to spend with our loved ones and also to realize that there is no stronger institution than family, people started to find happiness in little things.

This new teacher has taught us to be grateful and count our blessings.

Pallavi Kumari
VI 'D'

HOPE



When everything seems dark,
And tough time prevails
There is no victory and no belief,
No smiles and no relief.

But I always wait for a spark,

Which looks like a shining star.
Like a sunshine,
After a long moonless night.

A spark that helps all men to cope,
To eliminate the darkness always shines a "hope "
Hope keeps us going.
So, count only your blessings.

When life seems difficult,
Try not to give up.
Do not fear life's plight,
Hope will help you win the fight.
Hope is always a better companion than fear,
When life seems down all you need my friend
is a song of hope and a little cheer !

Aksheeta Raj
VIII 'E'

Positivity is the only way to be great: Be Positive

A Positive atmosphere nurtures a positive attitude, which is required to take positive action.

- Richard M. DeVos



Being positive is as effecting as being happy. Positive thinking evokes more energy, leading to determination and hardwork and ultimately to success. Positive thinking helps us to improve and increase our brain stamina, problem solving, decision

making, working skills, creativity etc. It helps to keep us relaxed and in good mood. History is full of examples that shows people have achieved amazing results by being consistent and having positive attitude. Abraham Lincoln fought many elections but could not win any of them. But he was positive and determined to win and hence contested for the presidential election and won. One needs to implement positive thinking techniques that helps to learn from our failures. So, Stay focused. Enjoy every second of the day and radiate positivity.

Piyush Kumar,
VII 'F'

Influence of Social Media in Our Life



In today's world, media plays a very important role in our lives. It attracts the minds of today's youth. Social media has made this huge world of ours look small. Today's generation is a great innovation of science and technology. Now, it has become difficult for us to live without media. But does media influence us? Yes, it does. It leaves a great impact in our mind and soul.

The media we use has both pros and cons. It means that if it is beneficial to us then, it also has some negative effects on us. We mainly use media for communication, transmission of messages, getting news and information related to politics and business purpose. Nowadays it is also being used for educational purposes and for accomplishing a wide variety of tasks. In the same way, we should not forget that cyber crimes take place through this media.

Then, Is media always useful to us? In short, Social media has both advantages and disadvantages. It depends on us that how we use it in our day to day life. What is needed is to create a balance and to spread awareness about the pros and cons of it. Excess use of anything is injurious to health and the same thing implies here. Therefore, we should live with a right balance to lead a happy life.

Ananya Kumari
VIII 'B'



It's Not True Forgiveness Until It's Forgotten



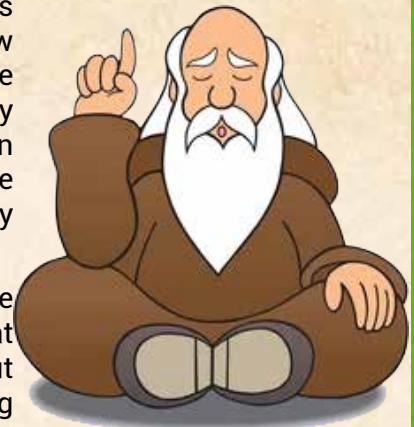
A wise person once said that "A perfect person is not real and a real person is not perfect".

A real person makes mistake and being a human it's part of our life to make mistakes.

Making mistakes is not a person's fault but not correcting it, is indeed a fault in itself. In many books like 'Rich Dad Poor Dad', 'Forgiven but not Forgotten' or even in religious books like 'Bhagavad Gita', Shri Krishna tells that people should create mistakes but timely correct it.

It is correctly said that mistakes are only forgiven once forgotten. We should always accept apologies no matter how big or small is the mistake. A guilty person asks for an apology and a wise person forgives by forgetting.

Many people nowadays say that 'I forgive you' but they often bring out the mistakes made by the person in a conversation. If you cannot forget, don't forgive and if you want to forgive just forget.



Remember, a person has done his duty by asking forgiveness but your duty is left that is to forget that mistake.

None of us are perfect. We all make mistakes. So be careful when you judge the other person. A mistake is never greater than the relationship.

So, if you want to forgive people, learn to forget their mistakes. It makes you greater. It is easy to judge other's mistakes but difficult to recognise our own. The important thing is to admit it, learn from it, and not repeat it. Give the person a second chance to prove himself.

Prachi Singh
VIII 'C'

Vessels of Health and Vigour...

The Medicinal Plants of Jharkhand

Jharkhand is endowed with a rich cultural heritage and bestowed liberally with bounties of nature. The state is a kaleidoscope of past splendors and present glory. A fascinating state with luxuriant forest, captivating wildlife, enthralling waterfall, exclusive handicraft, adventurism, tourism, sprawling water bodies, enchanting classical and folk dance, music, and many more.

The lush green forest is home to many kinds of specular flora and fauna containing more than 160 species of plants with the ultimate source of the cure.

Let's unveil the rich source of green medicine

ALOE VERA

One of the beneficial plants we all know. It eases intestinal problems, reduces arthritic swelling, helps in strains and sprains, gum infections, and soothes burns and heals wounds. Whether it is sunburn, burn, cuts or scraps, aloe vera is the best suited.

PALASH

Butea monosperm can be used to manage diarrhea as it has antimicrobial and astringent properties. Its antioxidant properties make it easy to manage liver disorders.

AMLA

Emblica Officinalis, also known as 'amla' is a citrus fruit with which we are well-versed. This source of vitamin C has helped to relieve us with cough, diabetes, laxative, cold, hyperacidity, etc and as we all know, it plays a crucial role to enhance our eyesight as well, which is one of the major problem nowadays.

VRINGRAJ

A name which we have heard several times in TV advertisements! Especially in the products related to our hair. So that's absolute that it is a brilliant hair tonic.

Along with this, it also has anti-inflammatory properties which are capable of reducing the symptoms of acne, psoriasis, and Dermatitis.



KUCHLA

It is an Evergreen plant and the most used part of this plant are its seeds. It is beneficial in improving appetite by increasing intestinal motility. It helps to prevent Constipation as well.

DALCHINI

Cinnamomum Zeylanicum or Dalchini is one of the ingredients we usually have in our food. It can cure various diseases which include bronchitis, asthma, cardiac disorder, fever, etc. Now we understand what a successful medicinal plant dalchini is.

ASWAGANDHA

The roots and leaves of Aswagandha may reduce your stress. So, if you are under stress or struggling with nervous disorder you may try this!

KARIYASEM

The stem and leaf of Kariyasem also known as Mucuna Monosperma help to cure asthma, urinary problem and help to purify our blood. In today's scenario, to fight through various disorders we need immunity and Kariyasem is an immunity Booster too.

Nowadays these medicinal plants are extensively adopted by almost all developing and developed countries in order to enhance the immune system with zero side effects. We are fortunate enough to live in such a captivating state.

Ishita Ranjan
IX 'B'

My Journey In Bridgeford School



Reminiscing my journey in Bridgeford School takes me nine years back where I can see a tiny tot walking through the premises of school holding the finger of his father and sobbing. The sobbing converted into subsequent screams as the kid was left in the hands of the teacher.

That picture is replaced with another picture of a teenager walking boldly and confidently through the school corridors, always enthusiastic and zealous to take new challenges that would add to his personality.

The golden memories associated with Bridgeford School shall be in my heart till eternity. Bridgeford's amazing and marvellous faculty contribute immensely to the transformation of a timid nestling into a young bold lion approaching towards his goal, an unshaped stone into a magnificent statue. Each year spent in Bridgeford

has been remarkable and memorable. This school has led to my overall development whether in terms of academic excellence, extraordinary oratory skills or boldness and readiness to face any challenge. The teachers set a tone of the school, mentor and teach children and nurture them well.

Each and every difficult concept and topic which I was struggling with has been explained in such a simple and clear way which is indescribable and will be retained in the brain crystal clear for my entire life. The amazing teachers along with my own efforts have led to my outstanding academic performance maintained right from nursery till standard 10th and I hope this will help me to achieve the pinnacle of success in the future. I am beholden to Bridgeford School for paving my path for success.

Ashish Narayan
X 'C'

Mother Tongue "Soul of Life"



Language is a medium of human communication. There are no limitations on the number of languages one wants to converse in. Many people are bilingual or multilingual. But the one language inherited since

childhood from parents is known as the first language or the 'Mother Tongue'.

Mother Tongue is the most comfortable and appropriate linguistic way to express their true feelings and thoughts along with all the emotions. When an individual counters with anything spoken or taught in their mother language, it does not take much time to blend with the thinking process. Thus, 'Mother Tongue' helps in better understanding of what is to be adopted and helps in easy attainment of conceptual knowledge.

One's 'Mother Tongue' also serves as their linguistic identity. By the language a person

speaks, It gives an idea of which ethnic group or culture one belongs to. An individual holding on to their 'Mother Tongue' contributes in preserving their own identity as it is the supreme way of liberating themselves from all the thoughts running inside their heads. It is the way an individual make them stand out from the crowd displaying their individuality.

As per the New Education Policy 2020, it is stated that "wherever possible, the medium of instructions until at least Grade 5 but preferably till Grade 8 and beyond will be the Mother Tongue of the students" which is applicable for both public and private schools. This policy is developed for the growth and promotion of the Indian languages in the process of actualizing the benefits of using 'Mother Tongue' for learning. Thus, it will also lead to preservation of the languages and that it could be carried forward from one generation to another.

Ana Jasmine Vidyarthi
XII 'F'

Balancing friends and Studies



Introduction

A true friend is one who assists us when we are in need, as opposed to those who abandon us when hardship arises. One example is deciding between a career and a hobby, studies, and friends. To strike the proper balance between the two, time management is the

only ability that will help you to get there.

How to balance studies and social life?

The true balance, though, comes from being more efficient with the time and a systematic planning. You can do this by being more efficient with your education, setting realistic goals, and improving the quality of your social life.

Tips to manage friends and studies

Combined studies: One piece of advice for balancing friendship and academics is to spend time in the library with your friend or somewhere else where you can both relax and study at the same time.

Organize your time: This is yet another skill you'll need to master while juggling friendships and studies. Maintain your timetable. In this case, time management is essential

because it is time that may both steal moments from you and provide you with abundant time to spend with your loved one. Trust time and manage your time properly, and it will reward you in the end.

Exam time: Exam time can be especially difficult to manage while juggling relationships and school. During this period, both of you must make further sacrifices and look forward to the completion of the tests, when you will be able to celebrate.

Self-discipline: A relationship can bring your dreams crashing down, but if you are disciplined and know how to control your desires, you will be fine.

Healthy friendships: Always try to surround yourself with people who are good for you. Be with people who want you to grow and don't push you in the wrong direction.

How friends can help in your studies?

A study session with friends can be an excellent way to learn. If you make it a regular event (e.g., weekly) a study session can help you to grasp difficult material, prepare for exams, and ultimately earn strong grades. If you're not careful, however, a study session can turn into just a regular hangout where you don't get any studying done.

Shaurya Bhagat
XI 'E'

Kindness Never Goes Unrewarded...



"Have you ever did anything good for someone without willing for anything in return?"

There's story of a young girl named Sasha, 17 year old girl, who risked her life for others...

Erstwhile, there was a ravishing town named Flevincen in the late 17s.

During those times Flevincen was going through numerous conflicts. Their nearest town Stencivien was continuously attacking on Flevincen and it's people for the riches and positive magical energies...

But...No matter how bright the sun shines..after a period of time the dark negative night covers it at the end..

The evil king of Stencivien "Durondo Stens" was captivated by the charm of the borough Flevincen, and decided to end the era of flourishment of the people of Flevincen.

Those days, there lived a girl named Sasha, She was a

charming and a fearless girl. She was poor and struggled for everyday necessity like food and water. She had a blind mother who lost her vision after her father's death and grew really sick. When she turned 16, she started working for it and made her decision to make her mother's life the best. One day Durondo after dominating Flevincen set fire on all the crops making the agriculturists seek for their life's, Sasha was devastated and made her mind to leave Flevincen, but the destiny wrote a different story for her. She was not able to ignore the fact that her people were dying and ran to help the people.

She successfully helped the people to escape single handedly but saw a child is still there and sacrificed her life and got severe burns while protecting the child. Then came the demon Durondo but the fearless Sasha chopped him in halves getting the victory and freedom for her people. Seeing her act of kindness God haled her mom and she got her vision back. The people of Flevincen helped her financially and gave her a great honour and respect as a "thank you".

Ashna Anand
VIII 'B'

The Person of My Inspiration



Inspiration is necessary for motivating us in our life. Inspiration helps in boosting ourselves to do things that are important to achieve what we desire in our life. We can be inspired by anything, whether it is a person, activity or thing. Many of us want to become

like the person who inspires us the most and the one who inspires me the most is my father.

My father was born in a poor joint family. He used to study in a Hindi medium school. In spite of it, he worked hard and today he is a Bachelorette of Commerce and is a reputed person in the medical line.

He started to assist his father in his business at the age of somewhat 10 and took the entire responsibility on himself at the age of 13. He didn't have time to study or play, but with his dedication he educated himself. He has always been independent since young age. I always get an inspiration from the life of my father. He has been providing me whatever I need. He never wants me and my sister to face the situations that he had gone through. My father always teaches us to never become afraid of any situation in life.

Sometimes my father has been harsh with me but it is because he never wants me to be down in my life. He has a lot of expectations from me and my sister.

The way my father struggled in his life to get out from the clutches of poverty and become self dependent in his life encourages me to do something big in my life so that I can make my father proud of me. Whenever I'm discouraged, the words of my father make me ready again to fight and win in any type of situation. This thought always revolves in my mind that when my father could make his way through such an adverse situation then why can't I after getting every kind of facility. This helps me to gather sufficient courage and enthusiasm and easily face every difficulty in my life. I always want to be a reason for the smile on the face of my father.



Paridhi Agarwal
III 'E'

Reading Maketh a Man Full



Reading maketh a man full,
And save us from being lazy
and dull.
Reading saves a lot of time,
There's a lot of stories of
love and crime.

It will make our mind lit,

And we will find happiness in every bit.

Days may be boring as always,

But reading maketh us happy in many ways.

It's gonna kill every bit of stress,

And maketh our mind happy and fresh.

Sometimes you may be tensed,

Feeling of depression may be sensed.

Not only stories but general knowledge,

Not only school books but books of college.

There are many categories we can choose,

But sometimes we may be confused.

But reading never maketh us loose,

And help us not to be confused.

Reading maketh a man full,

And save us from being lazy and dull.

Shivangi Jha

VII 'C'

Achievements of India @ 75



All Indians are proud of their achievements. Now in an event "Azadi Ka Amrit Mahotsav", we are celebrating 75 years of independence during 2021-22. In 1947, when India got its independence, it stood as one of the poorest countries. Since then much has been achieved in every field. Nowadays India

has become a role model for other developing countries.

First of all India launched its own Constitution on 26th January, 1950. In this we have some fundamental rights and duties. Since then India has its own Constitution.

The 'Green Revolution' was introduced in the field of agriculture. In this, every field of land was cultivated. The farmers were being provided with some loans so that they could purchase High Yield Variety (HYV) of seeds so as to produce



more and more from the limited source of land as the population grows day by day but not the land.

Then came the 'Pulse Polio Program'. Nowadays we have controlled the disease of polio fully. Again we have strong defense unit also. They have the most developed equipments so that they are able to save us from enemies.

In space and technology too, we have scored a lot of things. We have installed several artificial satellites that proved to be beneficial for us.

We have installed INSAT I, V, VIRAT, APOLLO etc. Nowadays we are able to predict when the earthquakes and volcanic eruptions will occur.

With that we are not able to stop them to save ourselves but we are in position so that we can minimize its effect. We can save the lives of many living organisms. Hence, India has come a long way in the field of its achievements.

Nimrit Raj
V 'C'

The Shapes I see in The Clouds

The shapes I see in the clouds;
Talk to me very loud;
They make my time pass;
When I am bored in the class;
To look at the clouds, it is very fun;
In the gorgeous, shining sun;
Birds, houses, and dragons I see;
Moving in the sky very, very free;
Light and dark all shades of blue;
Where did they come from, I have no clue;
To see the natures amazing creation;
Unwind your spirit of imagination.



Adyasha Panda
VIII 'C'

Biological Diversity



"BIODIVERSITY is the UNITY of LIFE.....UNITY of STRENGTH."

Since time immemorial, we are dependent on our rich biodiversity for our needs and livelihood. Our existence on this Earth is just possible due to the presence of God gifted

biodiversity. We share this planet with millions of other living organisms. The rich variety of living beings never cease to astonish and fascinate us.

In ancient times, the establishment of human Civilization flourished in the areas near rivers, lakes, outskirts of forests and many more. Even today such habitats are densely populated because of the presence of natural resources. Living organisms are interdependent on each other. The extraordinary richness of biodiversity is essential for human health and well being, economic prosperity, food safety and security. Biodiversity is nature's treasure which provides us with our basic necessity that cannot even be replaced by the modern science. It renders us with oxygen which is the lifeline of every living organism. It also helps in carbon cycle and fix essential nutrients to soil which is vital for autotrophic plants to prepare food using sunlight. Biodiversity keeps a check on pests

and diseases, protects against flooding and other natural disasters. It also regulates climate change. Thus, we can say our rich biodiversity is a call. It sustains human activities like agricultural, forestry, fisheries and other commercial activities. The fossil fuels such as coal, oil and natural gas that support industries are derived from plants and animals that dominated life on earth millions of years ago.

India is blessed with unique and an enormous amount of biodiversity that sustains many of our economic endeavors and provides aesthetic, cultural and spiritual values. This biodiversity is a product of billions of years of evolution.

Due to unsustainable and unwise activities of human beings, a wide variety of species across the planet are slowly moving towards extinction. The consequences of imbalance in biodiversity can be catastrophic for every life. Our traditions have stressed upon the importance of living in harmony with nature which is reflected in our festivals. It is our prime duty to conserve biodiversity from the verge of extinction and serve our respect to Mother Nature. The choice we take today defines our collective future.

Annu Gupta
XII 'B'

Sometimes I wish



Who says 'Wishes' are only granted in fairy tales?

Sometimes I wish to be a wizard with the power of changing the things what I desire to. Whenever I would feel that there are some problem, illness, hunger, and suffering in the world, I would

use my magical staff and all miss endeavors would vanish. I also wish to eradicate poverty from the society and would supply food to all hungry children and elderly people. I wish I would restrain all negativity and blend it with positivity so that all will live with prosperity, peace and harmony.

Though wishes have no boundaries and infinite thoughts cannot be fulfilled, my heartiest wish for the betterment of the society and every individual will be always there. I wish Almighty gives me inner strength, morale and ethics to keep my wishes alive and do the best for the society.

Siddharth Das
VIII 'E'



Soldiers Are The True Patriot



This story is of a young, courageous and heroic youth who was a true patriot. He was always ready to sacrifice his life for the sake of the nation. His one and only dream was to become a soldier. As he belonged to a destitute family, he didn't have enough money

to pay for his school fee. His father was reluctant to send him to school but the boy was eager to pursue his studies. He toiled day and night to fulfill his dream. He started working in the fields to pay the fees. Being the only breadwinner of the



family, his father never wanted him to go and fight at the border. But he was fully determined. After completing his studies, his hard work gets paid off when he expectedly received a joining letter of the Indian Army. After working for few years he was appointed as the captain of the army, for his dedication, hard work and unconditional love for the country. Unfortunately, a sudden news came of his being kidnapped and being tortured by the terrorists. He was compelled to reveal everything about his upcoming strategies. Being a true patriot, he didn't utter a word inspite of being severely tortured. Ultimately, with great effort the other Indian force helped him to escape from the hands of terrorists and those terrorists were caught finally. He was given the gallantry award for his heroic deeds and sacrifice for the nation.

Moral: True dedication and hard work never go unrewarded.

Ankita Roy
VII 'C'

BRIDGFORD

My Second Home!



Tiny feet, tiny toes

When I came here, I was just four!

Thinking about how time goes,

Twelve years passed, in a row.

How it went, just like a blow!

I've seen it grow, and be restored,
But I still remember, the old Bridgeford.

Where I've laughed, where I've cried
and about homework?

Yes, I've lied.

But when time comes to prove my side,
I've always tried to be its pride.

I've been loved, been pampered

But never been taught to be angered.

Why didn't I realise this at first?

That teachers here are GOD on earth!

The ones who made me realise my worth

More like friends, like parents

They've cared for us like their own children.

The people who were once strangers

Now save me from all of dangers.

For them I feel blessed forever

And I call them "friends forever".

Then I was four, now fifteen.

Eleven years passed in between

How fabulous have they been.

The tiny toes once had been

Got a curious fascinated teen.

Now that I have grown little old,

I realise, I have two homes.

There is One, where I live,

The other one where my memories live.

Vishakha Rana
X 'B'

My Childhood Memories



There was a time when the colours of this world seemed brighter,
And behind me, every beloved one stood,
When the liabilities on those little shoulders were lighter.
Oh! What a euphoria was that time called 'childhood';

When mother's lap was the mellowest refuge,
And father, enduring tall against all hardships of the world,
And a little soul with a huge heart.
Just a child, gazing cluelessly at this bizarre world;

Life was a divine garden, where blossoms were lush,
Worries? They were utterly unknown,
Even then this world was a horrific rush.

But never did that little child ever feel alone;

Childhood was a sublime chapter of life for all of us,
And look what we've become now!
Everyone impulses peace and happiness,
But the question is, how?

May you take away these material riches, this fake wealth, these sacks of gold,
Just give me back that lovely time; that time, blissful and old;

This world is a ruthless place, so inconsiderate and wild!

And if you seek peace in this world, my friend,
Learn how to slow down and enjoy, learn how to be a child.....

Prakhar Tiwary
VIII 'A'

Struggle of Indian Students for Choosing Career



Choosing a career is not like choosing which dish we want to eat for dinner or lunch which we can change everyday, but it is like a good life partner which will last throughout our life. Today choosing a career can be problematic especially within the new graduates, and the

choice of career path is not always in our hands. Even though the choice is fully ours, choosing the profession that promises the highest compensation is not the best way to go, for the simple reason that the job that pays the highest need not essentially be simply defined as the leading decision that one takes at a very young age. It's never easy to select what interviews want to do with their lives, especially when they are not mature enough to think ahead and make a knowledgeable decision.

Nevertheless, it may seem that students are not proficient in choosing a career that depends on them. So it's vital that they are knowledgeable about all the alternatives and choices they have

so that when they choose a career they won't have to regret their choice. However, students face a number of problems while choosing a career. Sometimes the hurdles they face discourage them so much that they abandon their choice altogether. Since lack of financial resources and fear of failure, students face a number of problems while choosing a career. Now-a-days children become so energetic after completing their boards from an English medium school and an image settles in their mind that they have to take science even though they want to become an IAS officer because they think that what will people think if they take arts etc. We should not focus on 'log kya kahenge'. We should focus only on our goals. We should start working from the beginning itself. Actually in India we don't have much facility for studies and we go abroad for future studies which is also a barrier for many students who are not allowed to stay away from their homes.

Guidance is concerned with helping individuals, discover their needs, access their potential, develop their life purposes, formulate plans of action and proceed to their realisation. At

present Indian youth is a double distilled water as like suspicious they do not fix many goals in life. They practice to achieve goal but they do not achieve a good target because of the pressure of society and family.

The current generation of youth in India is more confident in taking decisions towards their

ambitions than the earlier ones but still requires a perfect guidance.

Students should be well guided from the beginning to achieve their goal because "a work in haste is always a waste".

Resham Afroz
XI 'B'

My Idea of Freedom



Freedom seems to be just a simple word; but no, this word cannot be given a specific meaning. Its meaning differs in every culture, city and people. If we ask what is freedom, everybody will give a different answer. Bookish meaning of freedom means, 'state of mind in which we are free to act according to ourselves.' But if we wonder what freedom is; we see birds flying in the sky, animals freely roaming around the fields, children playing in the park. We see that they all are free but maybe according to them they are not free.

According to me, real freedom is to live freely

on Earth. Every human being lives on Earth with love and prosperity with the other living things. There should be no fight between humans based on religion, caste and creed. There should be no killing and violence. Everybody should be treated equally. Today humans are in danger because of their own fellow beings. No one is safe, neither animals nor humans. Children cannot move freely, women are not at all safe. So when we change these differences, then only we should know that we are actually free. It is important that you do not just have right to do but can choose happiness over adjustments.

Freedom means free state of mind and heart.

Ridhi Singh
IV 'B'

POWER OF PRAYER



Victor Hugo said, "There are times in a man's life when regardless of the attitude of the body, the soul is on its knees on prayer. The most amazing of human achievers have admitted this use of prayer."

Dwight D. Eisenhower declared, "Personal prayer, it seems to me is one of the simplest necessities of life, as basic to the individual as food and water - and at times, of course more so."

Many great people have confessed that they find prayer satisfying. They feel there are immense resources behind them when they pray, resources they need and want. A prayer is a solemn request of thanksgiving to God. Prayer

is instinctive to man and no one can do without it, whatever form it may take. To many, prayer is a last - ditch appeal to God to rescue them from desperate circumstances. Surely, it helps to tap the greatest inexhaustible reservoir of power conceivable. Therefore, direct prayer to God will ensure our success.

Many people complain that prayers go unanswered. For prayer to be the successful we must have faith in God and we should realize that God is all encompassing and has all pervasive power and we should surrender to Him with the purest of heart.

We should always keep in mind that along with prayer comes efforts because God helps those who help themselves.

Bhargavee Keisari
IX 'D'

How Social Media Affects Relationship Among Families



Social media is a very big platform where people interact with each other virtually. They share their thoughts, ideas, experience, photos, videos, events etc. online. People talk and chat with each other on mobile. In fact we can tell that social media has literally changed

the way of communication with people.

Social media has both pros and cons. But people just focus on the pros and forget about the cons or disadvantages of social media which may lead to major problems in their life. Though it gives wide range of interaction among family members who live far away, but also affects relationship and communication among family members with whom they live. There are many negative impacts of social media on family members including, wide gap between members, being on mobile all the time, having no emotional attachments etc. Before social media had come, family members gathered and had fun together. But now there's no such

gathering and rejoicing, also it has destroyed the bond between family members and most importantly parents and children. It has also destroyed the family culture.

Due to excessive use of social media there is reduction of quality time among members, it has made children stubborn and also reduced the quality way of face-to-face conversations and bonding. Nowadays, people instead of focusing on their family members, life and career are busy on social media scrolling, seeing notifications and peeping in other's life. Social media has also reduced the trust, emotional connection and concerns of something between the family members and due to this there's change in their behaviour which has led to separation, conflicts, fights, etc.

Social media has many negative impacts, so we must reduce the time of using social media and keep a balance between family relationships and social media to reduce these bad effects.

Anchal Singh
IX 'D'

Kids Should not be the Target Audience in Advertising



Advertisements play a major role in influencing the buying decisions of a customer. It is an irrefutable fact that more and more people today are spending money on branded items and multibillion organizations are making

more and more money every day because of advertisements. As adults we can make decisions on our own not to be manipulated by advertisements we encounter today, but what is there to regulate the advertisements aimed to target children in today's society? The simple term such as 'Get it' is enough to trigger the mind of an unsuspected child to get it. Over the years there has been a dramatic increase in the number of adds targeting children because advertisers are aware that kids are the center of nuclear families. Some people have an

opinion that ads targeting children should be banned. I agree with this view to a great extent because in my opinion excessively promotional ads have a devastating effect on children. Exploitative advertising brainwashes children into becoming eager consumers. Multinational companies deliberately encourage them to be materialistic so that they associate happiness with purchasing power and possession of a particular good.

Most ads targeting children are over promotional and have a negative impact on children. Hence the government must ensure that these ads should not be aired during prime time. However ads promoting good habits and social commitments must be shown in the evening when most of the kids are in front of television.

Harshita Ray
X 'C'

Discipline – Turns Ability into Achievement



Discipline is the engine that keeps the bogie of life on the right track and helps one to reach the destination hurdle less.

Starting right from nature, we see that it follows a definite cycle. Each day the sun rises in the morning and sets in the evening. Similarly, one season follows the other in the same manner. Any action by nature that takes the place bar of their specific times is deemed as odd. Hence it plays an important role in our life too. Humans must work according to their circadian rhythm and work on a specific schedule to be successful. Discipline is the foundation on which all success is built. Decision helps us to start but discipline helps us to finish.

Discipline acts like a building block in a student's life. It helps us to present ourselves before others in a presentable manner. If we follow rules and systems in a disciplined way, it will help us to achieve our goals. Discipline is the first lesson that we learn as a child. It acts as the canal which channelizes the character of the person in the right direction. It depends on our priorities

and it is something that keeps changing as life goes on. The absence of discipline brings disorder and chaos.

Tips to follow:

- Intrinsic will to structure your days and work in an orderly manner.
- Prioritize your work and time
- Write each day's work and time it out.
- Be consistent in your practice.
- Concentrate on your ambition.
- Read and educate about great leaders and global personalities who have achieved greatness through discipline.
- Be calm and composed in difficult situations.
- Command your mind and reduce anxiety and stress.
- Develop self-esteem.
- Love your ownself.

IF YOU DON'T RESPECT THESE RULES, OUR LIFE WILL BE LIKE A SHIP WITHOUT A SAIL

Diya Kumari
IX 'A'

Those Who Can Bear All Can Dare All !!



This is a very popular proverb with emphasising meaning. It means that "Someone who has the ability to endure or face any situation, also has the courage to dare everything". Such an attitude motivates us to be optimistic in any circumstances. Lord Buddha once said "The world we live in is in a state of flux". It says that, there is no certainty as situations don't remain same. The challenges and hurdles of life won't come in accordance with our bearing level,

instead we have to be well built to face it off. As a rock captures the quality of hardness, that allows for the resilience in the face of adversity likewise you have to make your core wherefore it can tolerate each problem boldly and can have also the audacity to challenge the problems.

To conclude endurance is not the virtue of the weak rather it is the source of strength. That is why it is said, "Those who can bear all can dare all".

Ahana Mandal
X 'A'

Your Choice is Your Freedom



" Your choice is your freedom"

What comes to your mind when you use the term 'freedom' ?

Of course the right to live as one desires.

Well, everybody has different opinions and mine is beyond everybody's. People wish to be an engineer, a doctor, a celebrity, a famous somebody or want to achieve something in their lives and I..... Yes! I want to be a vagabond. Has the concept of becoming rich vanished away from this earth? or this girl has crashed her head against any rude metal. But the concept behind it is very interesting. Listen to me carefully.... How wonderful it would be if I become a vagabond, a wanderer and a carefree soul ! Life will be a thriller ! There will be no anxieties for future, securing a good position somewhere, just a life to live, explore and enjoy.

Vagabonds are like birds who have open sky as their homes and no limits for travelling. They can go wherever they want and no qualification is required to pass a tough interview for becoming a vagabond.

Just relax and feel. Don't you want to be hugged by the beauty of this mysterious land? Don't you want to enjoy travelling, making new friends, exploring new cultures, adventurous sports like rafting, and paragliding and rock climbing etc? Think once more how beautiful it would be to spend a day in Leh and the other in Kanyakumari?

A person's freedom is where his desire is. It's rightly said that "Life is all about 'B' and 'D' where B means birth and D means death and in between C is hidden, that is choice'."

Tanya Singh
XII 'D'

The Night Sky



I was as lonely as the moon,
Staring at the night sky,
During the daytime, the sky
was blue,
But at night everything was
new.

The night sky was dark,

There was darkness all around,
In my own thoughts I was caged,
Doubts and confusion, the bars of rage.

The moon in the dark,
With its scars,
Was shining brightly,
Accompanied by the twinkling stars.

The night sky saw me crying,
When I broke down
The night sky saw me striving,
My struggle to be brave and bold.

That day, the night sky
Showed me the beauty of loneliness,
And filled my heart with hope and happiness
It taught me a lesson,
My heart asked me a question.

The moon smiles,
Even though it has scars,
The stars shine
Even in the dark.

The sun sets every evening,
And with the same energy,
Rises again the next morning,
So if they can,
Then why can't I?
And even now,
Everytime when I feel down,
I ask myself
the same question,
If they can then why can't I?

Swati Kumari
XII 'B'

TERRORISM: A THREAT TO HUMANITY



Terrorism is commonly understood to refer to acts of violence that target civilians in the track of political or ideological aims. Terrorism includes "criminal acts which are done to provoke a state of terror in the general public, a group of persons or particular persons for political purposes" Terrorism is a big threat fighting with the government and civilians for the purpose of religion, motherland, and other unreasonable motifs of terrorists. At present, the innocent citizens of Afghanistan are facing a big threat from an organization named "Taliban". People are suffering, many have become jobless and are being tortured. Women are increasingly becoming a target of the extremists. Now the actual question is 'How terrorists are being able to do all these illegal activities.' How can people get so deeply influenced by such organizations that they start following their commands in such a way that they don't even care for their lives? The reason is lack of education. It has been observed

that most of the terrorists are uneducated and those who are educated they either in the name of religion or because what they wanted they didn't get, start following or taking help of those organizations. Due to lack of global education standards they blindly follow their leader who has introduced them to the wrong or illegal ways of living life. Terrorism has been presented to them as a good work and they being freedom fighters, fighting for their needs but in reality they are doing inhuman activities and causing a threat to the society. Developed countries like America believes that war is the only way to suppress the terrorism but war can only bring destruction. So the best way to suppress terrorism is the proper spread of education. Those who spread terror in the name of religion are the real culprits. They form organizations and take the advantage of those who are innocent.

Violence can never be the answer of any question.

Nandini Gupta
XII 'D'

Dear Diary....



"What is this life if full of care, we have no time to stand and stare"

Today was truly one of the best days of my life. Today morning, I spent some great time in my garden staring at the beautiful flowers, listening to the chirruping of birds and sipping hot tea under the light warm sun. Spending some time with Nature filled me with peace and joy. 'The music in my heart I bore, long after it was heard no more'. Today, I spotted a humming bird in my garden. Experiencing Nature in such proximity gave me immense joy. The whole morning I was just smiling and staring at the beautiful Nature around me. It's good to be quiet for some time. I remembered a poem by Pablo Neruda " Now I count up to twelve and all of you be quiet " The silence gives us some

time to introspect. Nature is our true home. We all belong to nature. Unfortunately, now a days not many appreciate the true beauty of nature. Seeing people cutting down trees and throwing litter around disheartens me. In our busy lives, we do not have time to spend with Nature. As years are rolling by people are getting more and more disconnected from nature

This is the cause of restlessness and increasing stress.. Is education distancing us from Nature ? I am just trying to make peace with the brewing conflict in my mind. If we claim to be educated we should contribute our bit to save our planet from ailing.

I just want everyone to experience the serenity and contentment which Nature gives us as a beautiful gift.

Good night.

Aric Apoorv Tirkey
XI 'C'

When I see nature, I.....



When I see nature, I feel that nature's most beautiful creation are seasons. They are very important for the existence of life but there's a beautiful story behind their creation.

Once upon a time when no human was found and only animal existed. One day, the ground suddenly started shivering. A beautiful lady with blue eyes, pink cheeks, red lips and beautiful dense hair appeared as she stepped on the ground flower started blooming, animals started to move here and there and the lady was later called Mother Nature. Once there lived a moon God named Molaris, one day he came to earth and saw mother nature and asked if she would like to marry him, Mother Nature said yes, and started living with him.

After sometime she gave birth to a baby girl. They named her Spring. As time passed on Spring became as beautiful as mother nature but one day Molaris had to go back to moon forever because of some reasons.

After 15 years passed.....

Spring became a beautiful lady and she helped her mother maintain the earth. She was very

kind in nature and helped every animal that was in pain.

Sunny the God of Sun who bought summer to the earth fell in love with Spring. So, one day he decided to ask spring that she would marry him. Spring was very attached to her mother so she didn't want to leave her but her mother said that it's the time she should leave her. So, she said yes to Sunny and went with him. After sometime they had a child named 'Monsoon' who had the ability to bring rain. This was running very smoothly until Crystal, an evil witch froze mother nature and conquered the whole Earth and snow spread everywhere. After Spring learnt that what has Crystal done she was in a mood to fight. Spring and Crystal fought continuously for 2 months and finally Spring won. Crystal was very guilty about what she had done so she apologized to Mother Nature and Spring. Finally, all of them decided that from January to March Spring had to work, from March to June Sunny, from July to August monsoon and from September to December Crystal had to work and later these four were called Seasons.

That's the wonderful tale behind the creation of seasons.

Diksha Kumari
VI 'A'

Technology Makes People Lonely



There is no doubt that technology, specifically smartphones and tablets, has made our lives easier. We use them for shopping, exercising, browsing, banking, listening to music, gaming, reading, traveling, booking restaurants and vacations, photography,

learning, working and the very thing they were originally designed for, communicating. At the present time can you even think of living without internet for even a day?

It was a time when people lived without internet and many other facilities provided nowadays. Everywhere there were green trees. People used to write letters to communicate with their relatives

and friends living far from them. Children were seen outside playing till night until their parents called them. Sometimes ladies after completing their work, also played games with their children like badminton, seven stones (pitto), kho-kho, etc. What time was that!

But now everything has changed. Everywhere there are huge buildings, factories and roads. With time, all the greenery has gone. New technology like internet has diverted everyone in their smartphones. Children are always seen playing video games and mobile games which are also affecting their studies. Physical activities have decreased to great heights. A person can't even live without internet even for a day. As it is truly said, "NEW TECHNOLOGY IS NOT GOOD OR EVIL IN AND OF ITSELF. IT'S ALL ABOUT HOW PEOPLE CHOOSE TO USE IT."

Technology has reduced communication a lot. In early days, people at night talked to each other about what they did all day, whom they met, etc. But at present all are busy with their phones, talking and chatting which is making people lonely.

As the technology is increasing, communication is also decreasing. It's right to merge ourselves with the changing environment, but it doesn't mean that we should not spend time with our

friends and family.

"EVEN THE TECHNOLOGY THAT PROMISES TO UNITE US, DIVIDE US.

"EACH OF US IS NOW ELECTRONICALLY CONNECTED TO THE GLOBE, BUT YET WE FEEL UTTERLY ALONE."

Navya Ramteke
VIII 'C'

Students and their Social Responsibilities



Disciplined, sincere, passionate and responsible youth pave the way for the betterment of a country. A student has to be firmly and resolutely dedicated in his life. Being a student is not only about excelling in academics but also

possessing a sincere approach towards his responsibilities. An essential quality of a good student is that he should be responsible in life. Once an individual starts showing sincerity towards his responsibilities, remarkable achievements and positive changes are noticed in life. Not being sincere and accountable and bypassing one's responsibilities leads to an individual's downfall. A student should be conscious of the incidents of his surroundings and should not let himself develop the nature of delinquency. A student should have an opinion and should pontificate upon ideas.

A student should raise his voice whenever he encounters injustice in society. A student should be conscious of his environment and should make deliberate attempts to conserve the environment wherever needed as this is also a part of his social responsibilities. Since a student owes a lot to his community, he should make constant efforts to help it to develop into a liberal and superior society. A student should possess obliging and decent attitude. Student's aim should be to acquire knowledge, as the more you know, the more you are able to observe, grasp and make a change. A student should be responsible and caring towards his mental well-being. He should not tolerate any disrespect and should be reverent towards his elders. The foremost thing, a student should bring the same

changes in himself which he wants from others. He should be responsible for his physical well-being and should always nurture himself with good qualities. A student should be optimistic and thereby radiate positive energy as it manifests good things in life. A student should also be responsible for his mistakes and should grasp moral from his wrong doings. Solely being responsible aren't enough, he should be firmly consistent with the sincerity towards his responsibilities and should be an embodiment of inspiration for his youngsters. The small and steady steps towards the right path is the key. By sincere and responsible approaches, a student becomes an asset for his country and significantly contributes to the amelioration of his country.

Shambhavi Jha
IX 'E'



The Sustainability Series



Global warming and climate change has today become a major threat to the mankind. Even though the terms global warming and climate change are often used together, they refer to two different phenomenon. Climate change refers to changes in Earth's temperature, over time. Where as Global

warming is an acceptable term used commonly to define rise in temperature caused by green house gases. However, climate change is the more accurate term while describing other long-term changes to the planet's weather patterns.

As greenhouse gases are discharged in the atmosphere, they trap the sun's heat. This leads to global warming and climate change. Some of the causes of climate change are the cutting down of trees which releases the carbon they had been storing, generation of electricity which requires fossil fuels, the gases being released by different vehicles, industrial production which is not possible without the use of fossil fuels to generate energy. One of the other cause of climate change and global warming is the plastic industry.

Growing up, we were not aware of the role of plastics. It is durable and cheap, it is everywhere, and everyone uses it. It was not until governments start taking measures against plastic use – that we come to understand the impact that plastic has on our environment. These impacts are way more sinister than anyone first thought.

Because the world's growing production of plastics – about 380 million tonnes annually – is not just clogging landfill sites and threatening our oceans and marine life; it's accelerating climate change.

Plastic is one of the most persistent pollutants on Earth. It's made to last – and it does, often for 400 years or more. And at every step in its lifecycle, even long after it has been discarded, plastic creates greenhouse gas emissions that are contributing to the warming of our world.

But how we manage all the plastic that then goes into circulation is equally troubling. Of the almost 380 million tonnes of plastic the world produces every year, 91% is discarded after a single use. Only 9% is recycled, which leaves a staggering amount to be disposed of – in landfills or incinerated.

Plastic waste often blows from waste bins and

landfills into sewers and rivers, which flow out into the oceans. This ends up making upto 80% of the marine pollution. Thousands of seabirds and sea turtles, seals and other marine mammals are killed each year after ingesting plastic or getting entangled in it.

We can help reduce plastic pollution by simple measures like avoiding the use of single-use plastic, use of steel or glass containers instead of plastic Tupperware, segregating wastes while throwing out garbage or by donating household plastic waste to waste management organisations.

One such social enterprise start up "EcoKaari" founded by Nandan Bhat is an initiative towards a sustainable future. At EcoKaari plastic waste is upcycled into fabrics using handloom and charkha while providing livelihood to artisans. It's fascinating to see the upcycling process, as they use a traditional charkha and handloom to weave fabric from waste plastic. They mainly use discarded non- biodegradable and difficult to recycle products such as plastic bags, grocery bags, gift wraps, food wrappers and old audio-video cassette tapes. According to Nandan, EcoKaari upcycles upto 500 to 1000kg plastic a monthly. The main aim of their start up is to conserve the environment and empower communities by giving opportunities to individuals from humble backgrounds.

We should learn from these small groups of people and stop being ignorant and start ruminating the ways to overcome climate crisis. Climate change is still a broach for many. But It's high time now, for us to attain sustainability and overcome climate crisis- we should know that we can't get through a single day without having an impact on the world around. And what we will do will make difference.... We need to decide what kind of difference we want to bring.

Azka Tafreed
XII 'F'



Impact of Ukraine-Russia War



INTRODUCTION

History of International Relations has presented us with an arbitrary reminder that conflicts which occur in an anarchic world order have consequences. The conflicts that turn into large-scale wars have immense potential

to create destruction and chaos, not only during the passage of war but also in the long future of the countries involved and as well as the world.

It doesn't take much effort to know that the present-day Ukraine-Russian War would have an impact on both countries in the coming years when the war supposedly ends. This is for an obvious fact that the countries involved in the war will see a direct impact on their sovereignty, economy, citizens, resources as well as the behaviour of the future individual state.

EFFECT ON UKRAINE

We have to remind ourselves that the war is still ongoing. There has been no ceasefire and the possibility of peace does not seem to be in the picture immediately either. But hypothetically speaking, even if the war was supposed to end tomorrow, imagine how it would continue to affect the country in the times to come!

The post-war period will be immensely difficult as there is enormous destruction of infrastructure and a massive economic loss. The humanitarian crisis will be altogether another story that will require years to get even a little better. Furthermore, the loss of civilian life and its effect on the country's resources is a story that will be grieved for decades.

Ukraine's loss in terms of human life, economy, environment, resources, and infrastructure, is massive. Even with the solidarity and support provided by international organisations and other countries of the world, the country would still require decades to pull itself from the plunge of war.

POSSIBLE IMPLICATIONS FOR RUSSIA

While the implications on Ukraine are evident, the future of Russia will also be a reminder that war affects everybody, including the aggressor. It is believed by some scholars that this war would

deteriorate the socio-economic conditions of Russia since the sanctions by the West are already in place. Some hawks are saying that the Russian authorities might lose control of law and order too in case there are large scale protests and opposition to the war within the country. However, on the contrary, it's very much possible for the authorities to gain more control than to lose any.

It is a task to lay out all the future implications of the Russia-Ukraine war, especially when the war is still ongoing. The implications are manifold – humanitarian, economic, and environmental to name only a few. This blog would aim at something more basic and is in no way a complete inquiry of the problem. I will try to sketch the implications of present-day war in three parts. The first part will deal with the implications on Ukraine, the second part will speak of how the war will affect Russia in the future, and the third part will try to see its present-day and near-future implications on the world at large.

IMPLICATIONS FOR WORLD

1. Inflation in economy

The conflict that occurs in one part of the world has an immense ability to destabilise the whole world's economy. In this case, where one of the major powers like Russia is involved, it is undoubtedly going to impact the economy in the long run.

Since the European countries are most dependent on Russian oil and gas, it's predicted that the economic consequences of this war will be hard on the region.

2. Environmental Crisis

One aspect often ignored until the devastating consequences are evident is a true story of an environmental crisis.

Russia's invasion of Ukraine is leading to massive air, land and water pollution. Environmental damage takes place in every war. The intensity of the crisis can however be more in industrialised countries, like Ukraine. The country has a huge industrial sector, and this can wreak havoc. According to the same report of Insider, Ken Conco, a professor of international relations warned that "War in industrialised areas creates

extensive risks of toxic contamination, given the concentration of power generating stations, chemical plants, metalworking, factories and the like."

CONCLUSION

To conclude, since the war is still not over, the exact magnitude of environmental consequences is difficult to calculate. It is believed that the realisation of the environmental impact of the crisis would take some time. Regardless of

that, the presence of environmental damage is obvious. What remains to be done is to decipher the extent to which environmental consequences would be witnessed and the ways by which they will be dealt with. Scholars suggest that the Russia-Ukraine War could leave an everlasting impression on future climate policy.

Ankit Sharma
XI 'B'

To be a Leader...is Tough



Leader! When we hear the word 'leader', the picture we get in our mind is of a person who is the head of a group of people or any kind of institution. A leader can be described as the crown of the group and group members as the colourful stones that

decorate the crown with its light and colour, where 'light' is expressed as 'honesty' and 'colour' is expressed as 'respect'. A leader is someone who never gives up against his duty and expresses his duty by doing what has been committed.

Yes! to be a leader is tough. A person can not simply be a leader but must possess some leadership qualities like the ability to stand by his team members, willing to take up challenges and keep his teammates motivated as well as understand their needs whether personal or professional. Being a leader, he should be strong

and powerful from both, inside and outside. It is important to build in the bond of trust and understand the feelings of the people around who trust you the most. So, a leader must not feel like a boss but a supporter of his team. Being a Leader is a tough responsibility as no one can be a leader until and unless one finds the leader hidden inside oneself.

So, find the leader inside you and make others feel it that 'yes! you are a Leader'. Ask a question to yourself that who you want to be! Be a leader who does not need people but whom people need. It is said that with great power comes great responsibility, and so it is with a leader.

Neha Kumari
VIII 'D'



Young People are Slave to Fashion



Young people are quick to follow anything and when it comes to fashion they are seen to be more active. It is all, because of the greater influence of celebrities. People follow them as their role models of society.

They become obsessed with it and start behaving like a slave. They try every fashion in trend that are shown in the social media. From head to toe they try to copy

everything in fashion. They become spendthrift in the name of fashion. They start wearing the same type of clothes and accessories those worn by the celebrities, no matter how they look. The youths start acting as a slave as they are ready to do anything for fashion. As far as my view is concerned, being fashionable is okay but we should neither get obsessed with it nor become slave to it.

Vaibhavi Verma
VIII 'F'

What's Your Value...?



Me - Thinks the question, "What's my value?", is deep. It's not about how much you are known to others or how stylish or popular you are or what your social rating is..... it's about who you are in spirit.

I remember my grandmother, a gentle soul by nature, saying one day, "I don't know if I am of any use to anybody". She was completely paralyzed on one side but being immensely cheerful and courageous, she gave her own assessment the next day. "I've realized that I do have some value", she said with a new heart in her voice.

"I saw a peacock on the TV and wondered what way he was useful. Then he spread his feathers and looked so magnificent that I knew he was there to add beauty to this world". She smiled and continued, "I am a psychological peacock!".

She made everyone happy. People of all ages loved sitting with her. They felt secured and took comfort from her company since she had an un-judgmental temperament. Her bedroom was tranquil with just a fan whirring and a secret fragrance of incense hanging faintly in the air.

From her, I've learnt that the best classroom in the world is at the feet of an elderly person.

Here are some treasures I got from her:

After you have made an honest assessment of your self-worth and feel that you can improve-

- Recognize your sterling qualities, your happiness quotient.

- Know your compassion levels and everything that sums you up as a considerable human being.
- Don't let others make you feel unworthy. Personal sensitivity is useful for self-defense and to discern between criticism made without malice as spiteful putdowns.
- Safeguard your self-esteem from sinking to disabling levels- Maintain your emotional balance with firmness.
- Know for sure that you are good. It is important to develop a sense of self, rather than a sense of being perfect in the eyes of others.
- Ask yourself the right question by keeping your parameters simple and standards reasonable; like,

**Am I a good person?
Am I an intelligent learner?
Am I a conscientious worker?
Am I a generous human being?
Am I a supporting sibling?
Am I a loving offspring?**

Wonder and wake up! Let's feel the eternal vastness of life around us and most importantly in us!

Let the resilience of awe replace the weakness of fear in our eyes and heart.

And YES! Here you are the exact person you want to be!

Bhumi Kumari
X 'E'

Causes of Stress on Modern Generation



The modern world is wonderful in many ways- the rise of computers is good, a car that can literally drive itself and can even entertain through its human-like communication skills, aeroplane have also become a regular thing. All these examples justify the fact that

modern things have been knowingly designed to make human life go smooth.

But it is also powerfully and tragically geared, causing a high level of stress and low-level depression to have some non-good psychological effects in its many aspects. When it comes to educational institutions, an atmosphere of high competition has emerged and so students are pressurized to secure excellent awards. The child fails to extract time to relax from his daily routine because of overburdened assignments and then studying in the rest of time. When the child fails to lessen the gulf between the expected good marks and the not noteworthy



marks, they end up loathing themselves and feel weak, as a result, it imparts the child with stress. The youth is also depressed of being jobless as some could not keep up with the changing world in different industries. But job is not the sole cause of stress in youth, it is also due to their unhealthy lifestyles like- not doing enough physical activity, being too sedentary. With the emergence of new technology and particularly 'social media' we feel relief from boredom. At the

same time, these feelings influence our mood and worsen symptoms of depression, anxiety and stress. These worsening symptoms cause us to use social media even more and so do the deterioration further enhances.

The forces of psychological distress in our world are currently more active than the needed cure. We deserve pity for the price we pay for being born in

modern time.

Lastly, we can conclude that we should spend time with our family, friends and loved ones, include charity in our things- to- do list. When outside, stop and look around and take time to appreciate nature or pursue a hobby to relax.

Sonam Kumari
IX 'F'

When I Got a Magical Bag



One day, I was cleaning my room. Suddenly I found a bag on my shelf and it seemed to be very old. I thought of opening the bag afterwards as I had to clean the shelf first and kept it aside. After having completed the cleaning task, I took out the bag and opened it. From nowhere, I heard a voice, "You have released me. Ask me any wish that you may have." I panicked and shouted that whoever it was, must come in front. The bag replied, "I am the Genie bag that you have opened. Please take out the bell from me." I took the bell out and asked the Genie bag what to do with the bell. The bag answered, "Ring this bell everyday and you can ask me for any wish you want to fulfill. But do remember, you may ask only one wish a day." My mind started racing and I thought that my mother mostly remained sick and it was hard for her to cook food for us. So, I wished for a chef who could cook food for

us. Next day, I wished for a bungalow because though we were not so poor but we couldn't afford a house of our own. Gradually I started to ask for a car, a pet etc. Very soon, by these wishes coming true, I became a rich person of my town. The sudden wealth also made people jealous of me and they started to avoid me.

I also realized that I had become greedy and that just because the bag was helping me, it was wrong to depend on it totally. So, I rang the bell for the last time and said to the bag, "I am happy that you helped me in these difficult times and I also know that I should not be dependent on you. So I want to free you and before I do so, you please accept my last request, make me as I was before I found you." I went to my garden and buried it under a mango tree. I was back to my same old condition but with a determination of achieving all that I had asked from the bag, on my own, by my hard work.

Aman Kumar
VI 'C'

Cultural Events (Pre-Primary)



Cultural Events (Primary)



सोशल मीडिया पुस्तकें, पढ़ने के रुझान को कम कर रहा है



आज सोशल मीडिया का ट्रेंड है। व्हाट्सअप, फेसबुक, इंस्टाग्राम, ट्वीटर ये ऐसे पोर्टल हैं, जिन पर पूरी दुनिया भ्रमण कर रही है और इतनी व्यस्त है कि उसे अपने आस-पास की चीजें भी नज़र नहीं आ रही हैं।

सोशल मीडिया ने अपने चुंबकीय आकर्षण से सभी को चमकृत किया है। 24 घंटे का एक दिन भी छोटा लगता है, लोगों के पास अपनों के लिए समय नहीं है। हर प्रश्न का उत्तर 'गूगल बाबा' के पास है अतः कहीं और क्यों जायें?

सोशल मीडिया पुस्तक जगत् को खुली चुनौती दे रहा है और अपनी 'टी.आर.पी.' की जाँच करने को भी कह रहा है।

'पुस्तकें' जो आदिकाल से ज्ञान का स्रोत हैं, भंडार हैं, उनसे आज का युवावर्ग दूर हो गया है। शुद्ध साहित्य पढ़ने के लिए

तो न समय है, न रुचि।

'पुस्तकें सच्ची मित्र होती हैं।' अब यह बात पुरानी मालूम होती है क्योंकि लोगों की पुस्तकें पढ़ने की रुझान कम हो रही है। विद्यार्थी किसी तरह से पाठ्यक्रम में प्रस्तावित पुस्तकें पढ़ रहे हैं और पुस्तकों पर एहसान कर रहे हैं।

ऑनलाइन शिक्षा प्रणाली ने तो आग में घी का काम किया है, बच्चों ने उस समय पढ़ाई कम किया, गेम अधिक खेला। पढ़ने की आदत रही नहीं।

कहानी, नाटक, उपन्यास, निबंध, कविताएँ जैसी साहित्यिक विधाओं की जानकारी नहीं है विद्यार्थियों को। कवियों और लेखकों के बारे में भी उन्हें कोई ज्ञान नहीं है।

आनेवाले समय में साहित्य संपदा का संरक्षण कैसे होगा? विस्तार कैसे होगा? इन प्रश्नों पर सही सोच अपेक्षित है।

ईश्वर सिंह
X 'C'

मेरी चाहतों का स्कूल 'ब्रिजफोर्ड'



ब्रिजफोर्ड स्कूल में पढ़ने से पहले मैं भुवनेश्वर, उड़ीसा के डी.पी.एस.स्कूल में पढ़ता था। कक्षा आठवीं तक वहीं का छात्र रहा, मैं प्रारंभ से ही पढ़ाई लिखाई में अच्छा रहा हूँ।

2021 में मेरे पिताजी का स्थानांतरण राँची में हो गया और हमारा परिवार

राँची आ गया। स्थान परिवर्तन मेरे लिए नया था, मैं परेशान था और ऐसे में कुछ स्कूलों की प्रवेश परीक्षा में मैं बैठा, सफलता सभी जगह मिली लेकिन पिताजी ने एडमिशन कराया ब्रिजफोर्ड स्कूल में।

मैं भुवनेश्वर में पला-बढ़ा था, राँची अपरिचित लग रही थी और नया स्कूल !!

मुझे लगा कि नये स्कूल ब्रिजफोर्ड में मैं बिल्कुल नहीं रह पाऊँगा, परिस्थितियों से सामंजस्य बिठाना असंभव लग रहा

था, मेरा मन नहीं लग रहा था। स्कूल आने पर पता चला कि नवीन सत्र आरंभ हो चुका है और मैं पाठ्यक्रम में पीछे हूँ। लेकिन मेरी कक्षा के सहपाठियों ने मेरी काफी मदद की। शिक्षकगण, तो ऐसे कि जितनी तारीफ की जाये कम है। मेरे प्रदर्शन से सभी प्रसन्न हुए। सभी विषयों में मुझे रुचि है क्योंकि शिक्षक अच्छे हैं।

'इंटर हाउस हिन्दी वाद-विवाद प्रतियोगिता' में जब मैंने सबसे अधिक अंक हासिल किया और श्रेष्ठ वक्ता बना तब विषय शिक्षकों के अलावा अन्य शिक्षकों ने और प्राचार्या ने भी मुझे पहचाना।

पहली परीक्षा में ही अपनी कक्षा में मैंने टॉप किया। इसके बाद विद्यालय से लगाव हो गया। आज मैं अपने स्कूल से प्यार करता हूँ और मेरी कोशिश यही है कि मैं अपने स्कूल का नाम रौशन करूँ।

ताबिश माज़
IX 'C'

धर्म आवश्यक नहीं है



भारतीय संविधान के तहत धर्म की स्वतंत्रता का अधिकार है। सभी धर्म अपनी व्याख्या, अपना परिचय इस प्रकार देते हैं कि वही सर्वश्रेष्ठ हैं। धर्म के विषय पर बात की जाये तो कई लोग भ्रमित दिखाई देते हैं क्योंकि वे वास्तविकता से परे हैं।

मैं तो सिर्फ इतना जानती हूँ कि सबसे बड़ा धर्म 'इंसानियत' है। मेरे माता-पिता और शिक्षकों ने मुझे यही बताया है कि मनुष्य के 'कर्म' ही उसकी पहचान बनते हैं। 'भगवद्गीता' में कृष्ण ने भी 'कर्म' करने के लिए ही कहा है। मैं एक छात्रा हूँ, पढ़ाई कर रही हूँ। भविष्य में अपने लक्ष्य प्राप्ति हेतु उच्च कोटि की शिक्षा प्राप्त करनी है, कठिन परिश्रम करना है। मेरे लिए धर्म मायने नहीं रखता है। एक चिकित्सक, शिक्षक, समाज सुधारक के लिए भी धर्म का कोई महत्त्व नहीं होता।

समाज, देश, विश्व का हित और उत्थान एक-एक व्यक्ति के कर्म पर ही टिका है। 'धर्म' का नाम लेकर तो स्वार्थी प्रवृत्ति वाले लोग आगे बढ़ते हैं।

नवीन शिक्षा पद्धति हो या प्राचीन शिक्षा पद्धति, सभी के मूल में अमृत तत्त्व तो कर्म ही है।

धर्म का वास्ता देना और उसकी वकालत करना मुझे नहीं आता है। मैंने बचपन से देखा है कि लोग संघर्ष करते हैं, कठोर परिश्रम करते हैं तभी मीठी रोटी खा पाते हैं।

2023 में मैं दसवीं की बोर्ड परीक्षा दूँगी, इसके लिए मुझे समय प्रबंधन करना होगा, अभ्यास करना होगा, विषयों की स्पष्टता समझनी होगी तब अच्छा परिणाम मिलेगा।

मेरी उत्तरपुस्तिकाओं की जाँच-परख करने वाले कौन होंगे, पता नहीं। जाँच कार्य करने वाले शिक्षकों के लिए मेरी उत्तरपुस्तिका, मेरी प्रस्तुति के बल पर ही अंक हासिल करेगी।

मैं सिर्फ अपने कर्म और कर्तव्य को जानती हूँ। मेरे लिए 'धर्म' आवश्यक नहीं है।

आयुषी प्रिया
X 'D'

आत्मनिर्भरता की ओर बढ़ता भारत



नहीं देता भारत जीरो, तो नहीं जानती दुनिया नौ के आगे गिनती। 15 अगस्त 1947 में हमारा देश भारत आजाद हुआ। आजादी के बाद हमारे प्यारे देश भारत में बदलाव बहुत तेजी से आया है। आज भारत आत्मनिर्भरता की ओर बाकी देशों को पीछे छोड़कर आगे निकल गया

है। भारत सदियों से विश्वगुरु है। हमारे देश ने दुनिया को जीरो देकर गिनती सिखलाई है। यह विज्ञान के मामले में भी पीछे नहीं है। हमारा ISRO विश्व का चौथा सबसे बड़ा अंतरिक्ष सेन्टर है। हमारे देश का सेटलाइट विश्व का पहला यान है, जो मंगल पर पहली ही कोशिश में पहुँच गया था। शिक्षा के क्षेत्र में भी यह पीछे नहीं है। IIT (आई-आई-टी) सेन्टर भारत का सबसे उत्तम शिक्षण संस्थान है। अमेरिका के (NASA) अंतरिक्ष अनुसंधान केन्द्र में बहुत से वैज्ञानिक



भारतीय हैं। हमारे देश की सेना विशाल सेना है। हमारा देश पूरे विश्व में सबसे बड़ा अनाज का उत्पादक भी है। यह आत्मनिर्भरता की ओर आगे बढ़ रहा है और बढ़ता ही जाएगा।

ज्योति कुमारी
VII 'F'

आजादी का अमृत महोत्सव



हजारों-हजारों सूर्य से अधिक तेजस्वी भारत की स्वतंत्रता को लोक जीवन में स्थापित किए जाने की आवश्यकता को महसूस करते हुए एक ओर आजादी के जश्न मनाएँ जाएँगे, जिसमें कुछ कर गुजरने की तमन्ना होगी, तो अब तक किए गए कार्यों पर विचारों का मंथन भी होगा। स्वतंत्रता सेनानियों के प्रति हृदय में उदगार जागेंगे, देश को आजाद और उन्नत बनाए रखने का ज़ब्बा भी प्रबल होगा। नया भारत निर्मित करने और जीवन मूल्यों को सुरक्षित करने की तैयारी भी होगी। वैयक्तिक, सामुदायिक, सामाजिक, राष्ट्रीय एवं वैश्विक अर्थ की सुनहरी छटाएँ भी होंगी, आजादी के अमृत महोत्सव में यह सब होगा, जो शुरू हो चुका है 12 मार्च 2021 से जिसका समापन होगा 15 अगस्त 2023 को। आजादी के बाद देश में बहुत कुछ

बदला अगर कुछ नहीं बदला तो देशभक्ति का ज़ब्बा। स्वतंत्रता की लड़ाई से जुड़े उन देशभक्तों को भी तलाशना होगा, जिनका नाम अभी तक इतिहास के पन्नों पर नहीं आ पाया है। इस कार्यक्रम के दौरान देश के नागरिक देश की संस्कृति, महान परंपराएँ, इतिहास, महान नायकों और उनके कार्यों और योगदानों की जानकारी प्राप्त कर अपने आपको गौरवान्वित करेंगे। यह महोत्सव नए दृष्टिकोणों, नए संकल्प और आत्मनिर्भरता की प्रेरणा को प्रतिध्वनित करेगा। अतः 'आजादी का अमृत महोत्सव' पिछले 75 वर्षों में भारत के द्वारा की गई तीव्र प्रगति का जश्न है।

आजादी की लड़ाई किसी विशेष वर्ग या समुदाय के द्वारा नहीं बल्कि सबने मिलकर लड़ी थी इसलिए 'हर घर तिरंगा' कार्यक्रम भी इस दिशा में एक सराहनीय कदम है।

जय हिंद, जय भारत

अनिकेत प्रताप सिंह
X 'A'

कदम-कदम बढ़ाए जा



जो हमसे टकराएगा, वह मुँह की खाएगा। हर शूर सैनिक हर दुश्मन को मार भगाएगा। जल, थल, वायु रक्षक की फौज जब मिल जाएँगे। हर शत्रु भागे डरकर हम ऐसी पहल मचाएँगे।

'इंडियन आर्मी' हमारे देश की सबसे बड़ी और सम्मानित आर्मी है।

यह सदैव देश की सुरक्षा और आपात कालीन स्थितियों के लिए तत्पर रहती है। हमारे देश में तीन तरह की सेनाएँ हैं, ये सेनाएँ चारों तरफ से देश की सुरक्षा के लिए तैनात हैं, आइए इनके विषय में संक्षिप्त जानकारी लेते हैं, जिनके कारण हमारा जीवन सुखमय है।

जलसेना - भारत के जलीय सीमा की सुरक्षा भारत की नौसेना करती है जिसे 'इंडियन नेवी' भी कहा जाता है। इसकी स्थापना 1930 में ब्रिटिश शासन काल के दौरान हुई। भारतीय नौसेना विश्व की सबसे बड़ी पाँचवी नौसेना है। 4 दिसंबर को हर साल 'भारतीय नौसेना दिवस' मनाया जाता है। वर्तमान में भारतीय नौसेना प्रमुख 'एडमिरल आर हरि कुमार' हैं।

थल सेना - भारतीय सशस्त्र सेना का सबसे बड़ा हिस्सा थल सेना ही है। इसलिए सशस्त्र सेना को अधिकतर थल सेना के रूप में समझा जाता है। लगभग 14 लाख सैनिकों के साथ यह दुनिया की विशालतम सेनाओं में से एक है। दिल्ली में इसका मुख्यालय है, वर्तमान में थल सेना प्रमुख 'जनरल मनोज पांडे' हैं।

वायु सेना - हवा में ही शत्रु को मार गिराने वाली भारतीय वायु सेना की स्थापना 8 अक्टूबर सन् 1932 को हुई थी। राफेल जैसे एयरक्राफ्ट को वायु सेना में शामिल कर इसे और मज़बूत बनाया गया। समय के साथ ही भारत अपने ही देश में जहाजों और उपकरणों के निर्माण पर जोर दे रहा है। वर्तमान 'एयरचीफ मार्शल विवेक राम चौधरी' हैं।

श्रावणी सुधीर
VIII 'F'



कोरोना काल में विद्यार्थियों की मनःस्थिति



कोरोना एक अदृश्य दुश्मन की तरह हमारे जीवन में आया, जिसने विद्यार्थियों के जीवन पर भी बहुत बुरा प्रभाव डाला। कोरोना के समय विद्यार्थियों के बीच दूरियाँ बढ़ गई थीं। घर में भी सभी भयभीत रहते थे। अपने सहपाठियों के साथ खेलना बच्चों के लिए सपना सा हो गया था। बच्चों की शारीरिक गतिविधियाँ जैसे समाप्त हो गई थीं। ऑनलाइन पढ़ाई के कारण बच्चे अपना ज्यादा समय तकनीकी उपकरणों में व्यतीत करते थे। जिससे उनकी आँखों पर बुरा असर पड़ा। हम विद्यार्थी यह नहीं समझ पा

रहे थे कि यह महामारी कब खत्म होगी और कब हमारी दिनचर्या सुचारू रूप से चलेगी। प्रतिदिन विद्यालय आने से विद्यार्थियों की एक सुनिश्चित दिनचर्या होती है। ऑनलाइन कक्षा के कारण हम इसका पालन नहीं कर पा रहे थे। अतः कोरोना काल में हमने जीवन के अनमोल लम्हों को खो दिया।

परंतु जैसे हर अंधेरे के बाद उजाला होता है वैसे ही इस कोरोना वायरस पर भी हम जल्दी ही विजय प्राप्त कर लेंगे।

आरची सिंह
VIII 'F'

स्वाध्याय से लक्ष्य प्राप्ति



स्वाध्याय का अर्थ है खुद से पढ़ाई करना। स्वाध्याय करने से हम अपने लक्ष्य को प्राप्त कर सकते हैं। हमें प्रतिदिन कम-से-कम तीन से चार घंटे स्वाध्याय करना चाहिए। स्वाध्याय बहुत ही जरूरी है। जो भी विद्यालय में पढ़ाया जाता है उसे समझकर हमें स्वयं उसका अभ्यास करना चाहिए। कई छात्र स्वाध्याय नहीं करते हैं जिससे उन्हीं को नुकसान होता है। स्वाध्याय एक ऐसी चीज़ है जो हमें अपने लक्ष्य तक पहुँचा सकती है। अगर हम अच्छे से स्वाध्याय करें तो हमें अलग से ट्यूशन नहीं लेना पड़ेगा। स्वाध्याय करने से हमारी रचनात्मकता बढ़ती है तथा लेखन और पठन कौशल का भी विकास होता है। जब एक बालक या बालिका स्वयं किसी पाठ को पढ़ता है तो उस पाठ को और अच्छी तरह सीखता है। उसके अंदर बोलने, लिखने एवं किसी पाठ को दूसरों को सिखाने की क्षमता उत्पन्न होती है। यह सब केवल एक ही चीज़ के द्वारा हो सकता है और वह है स्वाध्याय। ऐसे बहुत सारे विद्यार्थी हैं जो बिना किसी ट्यूशन के स्वाध्याय के द्वारा बड़े-बड़े अफसर बन जाते हैं।

केवल पढ़ाई के लिए लगन चाहिए। अगर हम लगन एवं दृढ़तापूर्वक स्वाध्याय करें तो हम अपने लक्ष्य को आसानी से प्राप्त कर सकते हैं। स्वाध्याय एक तरह का अभ्यास है जो हर एक छात्र के लिए जरूरी है। हमें हमेशा शिक्षक पर ही निर्भर नहीं रहना चाहिए। हमें खुद से पढ़ने की कोशिश करनी चाहिए। हमें एक बात का जरूर ध्यान रखना चाहिए कि सफलता केवल एक दिन की मेहनत से नहीं मिलती है उसके लिए प्रतिदिन मेहनत करनी पड़ती है। यानी हमें प्रतिदिन स्वाध्याय करना चाहिए। जो स्वाध्याय करेगा वही आगे बढ़ेगा। हमें स्वयं स्वाध्याय करना चाहिए और दूसरों को भी इसका महत्व बताना चाहिए। जिससे दूसरों को भी इसके बारे में पता चले और वे अपने लक्ष्य को प्राप्त कर सकें। ऐसा करने से हर एक विद्यार्थी आगे बढ़ सकता है। जैसे हमारे लिए हवा, पानी आवश्यक है, उसी तरह हमारे लिए स्वाध्याय जरूरी है। स्वाध्याय के द्वारा हम कठिन – से – कठिन परीक्षाओं में सफलता प्राप्त कर अपने लक्ष्य को प्राप्त कर सकते हैं।

रोशनी राज
VIII 'A'

जीवनदायिनी स्वर्णरेखा



भारत में बहने वाली नदियों में एक प्रमुख नदी है स्वर्णरेखा। यह झारखंड राज्य में बहने वाली एक पहाड़ी नदी है। यह राँची नगर से 16 किलोमीटर दूर नगड़ी गाँव में 'रानी चुआँ' नामक स्थान से निकलती है, तथा कई जिलों से होते हुए, पश्चिमी जंगलों में बहती हुई, बालेश्वर नामक स्थान पर बंगाल की खाड़ी में गिरती है। 'स्वर्णरेखा' शब्द का अर्थ है सोने की लकीर। पारंपरिक कथाओं के अनुसार यह माना जाता है कि स्वर्ण का खनन कभी स्वर्णरेखा के तट पर किया जाता था। जिसके कारण इसका नाम 'स्वर्णरेखा' पड़ा। भारत का पहला तथा प्रसिद्ध लौह इस्पात कारखाना भी इसी के तट पर स्थापित है। भारत में नदियों को 'माता' कहा जाता है।

स्वर्णरेखा भी झारखंड के निवासियों के लिए जीवनदायिनी माँ का स्वरूप ही है। शहर के ज्यादातर घरों और दफ्तरों में इसी का पानी पहुँचाया जाता है। 'चांडिल बांध' तथा उसके समीप ही चट्टानों पर लिखी गई लिपियों का संग्रहालय जो 2000 वर्ष पुराना है, इसकी शोभा में चार चाँद लगा देते हैं। केवल शहर के लोग ही नहीं बल्कि नदी के समीप रहने वाले मछुआरों, मजदूरों के लिए भी यह जीविकोपार्जन का साधन उपलब्ध कराती है। नदी के समीप स्थित 'छोटा नागपुर का पठार' एक हिल स्टेशन है, जो अत्यंत ही सुंदर और लोकप्रिय पर्यटन स्थल भी है।

अतः छोटा नागपुर क्षेत्र के आदिवासी समुदायों के लिए जीवन की रेखा है। 'स्वर्ण रेखा'

जया श्री
X 'A'

ऐसा था आज़ाद भारत का पहला स्वतंत्रता दिवस



1. करीब 200 सालों की गुलामी के बाद 34 करोड़ भारतीयों ने पहला स्वतंत्रता दिवस मनाया। लेकिन क्या आप जानते हैं भारत के स्वाधीनता आंदोलन का नेतृत्व करने वाले महात्मा गाँधी स्वतंत्रता के इस जश्न में शामिल नहीं हुए थे, क्योंकि आज़ादी के दिन वे बंगाल के नोआखली में हिंदुओं और मुसलमानों के बीच सांप्रदायिक हिंसा को रोकने के लिए अनशन पर थे।
2. 15 अगस्त, के दिन भारतीय प्रधानमंत्री लाल किले की प्राचीर से झंडा फहराते हैं, लेकिन 1947 को ऐसा नहीं हुआ था। लोकसभा सचिवालय के एक शोध पत्र के मुताबिक 1947 में पंडित नेहरू ने 16 अगस्त को लाल किले से झंडा फहराया था।
3. भारत-पाकिस्तान के बीच 15 अगस्त तक सीमा रेखा का निर्धारण नहीं हो पाया था। इसका फैसला इसके 2

दिन बाद 17 अगस्त 1947 को 'रेडक्लिफ लाइन' की घोषणा से हुआ।

4. हम 15 अगस्त को आज़ाद जरूर हो गए, लेकिन हमारा अपना राष्ट्रगान नहीं था हालांकि टैगोर जन-गण-मन 1911 में लिख चुके थे, लेकिन यह राष्ट्रगान 1950 में बन पाया।
5. पन्द्रह अगस्त भारत के अलावा दुनिया के तीन अन्य देशों का भी स्वतंत्रता दिवस होता है। जापान से दक्षिण कोरिया 15 अगस्त 1945 को, ब्रिटेन से बहरीन 15 अगस्त 1971 को और फ्रांस से कांगो 15 अगस्त 1960 के ही दिन आज़ाद हुए थे।

दिव्यांका बनर्जी
III 'A'



जीवन की सीख



मेरे पापा पहले मिट्टी के घर में रहते थे। उन्होंने एक होटल खोला और धीरे-धीरे अपना व्यापार शुरू किया और कड़ी मेहनत से सफलता प्राप्त की। मेरे पापा मुश्किलों का डट कर सामना करते हैं। अगर कोई मुझसे लड़ता है तो पापा मुझे माफी माँगने के लिए कहते हैं क्योंकि पापा कहते हैं कि लड़ाई करने वाले से माफी माँगने वाला बड़ा होता है। पापा ने अपने जीवन में बहुत मेहनत किया और मुझे भी करना सिखाया। पापा हमेशा कहते हैं कि बेटा तुम मेहनत करो, तुम्हें सफलता अवश्य

मिलेगी। इसलिए मैं पापा के बताए गए सभी बातों का पालन करता हूँ। पापा कहते हैं कि अमीर-गरीब होने से कोई फर्क नहीं पड़ता, सभी व्यक्ति एक समान होते हैं। मेरे पापा मेरे लिए एक सुपर स्टार से कम नहीं हैं। अपने पापा से मुझे जीवन की बहुत सारी सीख मिली है। जैसे - मेहनत करना, किसी से भेद-भाव न करना, झगड़ा न करना, मुश्किलों का डट कर मुकाबला करना आदि। मैं जीवन भर अपने पापा के बताए मार्ग पर चलकर सफलता प्राप्त करना चाहता हूँ।

आदर्श कुमार प्रजापति

VI 'D'

दौपदी मुर्मू : फर्श से अर्श तक



आज दौपदी मुर्मू का नाम भारत की सर्वोत्तम तथा प्रसिद्ध महिलाओं की सूची में आता है। इनकी इस कामयाबी की कठिन यात्रा काफी प्रेरणादायक है। आज जब न सिर्फ हमारे देश में बल्कि पूरे विश्व में अत्याचार, ऊँच-नीच आदि का प्रसार है ऐसे में इन्होंने खुद को इन सभी से अलग रखा एवं एक सच्चरित्र नेता एवं कार्यकर्ता होने का प्रमाण दिया है। इनका जन्म 20 जून 1958 को ओडिशा के मयूरभंज के एक छोटे से गाँव में संथाल जाति में हुआ। इनके पिता, बिरंची नारायण टुडू तथा उनके दादा ने पंचायती राज के तहत ग्राम प्रधान के रूप में काम किया था। इन्होंने के.बी.एच.एस. उपर बेड़ा स्कूल से स्कूली शिक्षा तथा बी.ए. रामा देवी महिला विश्वविद्यालय, भुवनेश्वर से की। राजनीति में प्रवेश करने से पहले इन्होंने श्री अरबिंदो इंटीग्रल एजुकेशन एंड रायरंगपुर में सहायक शिक्षक के तौर पर काम किया था। इन्होंने दो वर्ष तक मत्स्य पालन तथा पशु संसाधन मंत्री के रूप में भी कार्य किया है। उसके बाद इन्होंने विधायक का भी पद संभाला

और वर्ष 2000 में उन्हें नीलकंठ पुरस्कार से अलंकृत किया गया। इनकी शादी श्यामचरण मुर्मू से हुई थी। इनके तीन बच्चे थे दो बेटे और एक बेटी। इनके दोनों बेटों का देहांत दुर्घटनावश हो गया तथा 2014 में इनके पति का देहांत हार्ट अटैक से हो गया। इन सबसे इन्हें गहरा सदमा लगा। तत्पश्चात इन्होंने अपना जीवन देश की सेवा, इसकी समृद्धि, साहित्य आदि को विकसित करने के लिए अर्पित कर दिया।

उनकी देशभक्ति की भावना को पहचानते हुए वर्ष 2015 में भारतीय जनता पार्टी के द्वारा इन्हें झारखंड की राज्यपाल के रूप में चयनित किया गया। वह झारखंड की पहली महिला राज्यपाल बनीं। 30 जुलाई, 2022 को इन्होंने भारतीय जनता पार्टी के उम्मीदवार के रूप में राष्ट्रपति का कार्यपद संभाला और वह भारत की पहली आदिवासी राष्ट्रपति तथा दूसरी महिला राष्ट्रपति बनीं।

यशस्वी कुमार सिंह

VIII 'D'

झारखण्ड हमारी शान



झारखण्ड राज्य भारत में प्रसिद्ध है और यह हमारी शान है। झारखंड दो शब्दों के मेल से बना है। 'झार' का अर्थ है 'झाड़ी' और 'खंड' का अर्थ है 'हिस्सा' अर्थात् पेड़-पौधे वाला क्षेत्र। यह एक नवगठित राज्य है। जिसे वर्ष 2000 में बिहार से अलग किया गया था। झारखंड में बहुत से पेड़-पौधे हैं, जो देखने में अत्यधिक सुंदर और आकर्षक होते हैं। बसंत ऋतु में यह देखने में और भी सुंदर और आकर्षक लगते हैं। इस राज्य में कोयले का सबसे ज्यादा उत्पादन होता है। इस राज्य की जलवायु बहुत अच्छी होती है। यहाँ बहुत से पहाड़, फॉल, घाटी आदि और भी मनोरंजक स्थान हैं। झारखंड आदिवासी क्षेत्र है इसलिए यहाँ आदिवासी लोग ज्यादा रहते हैं। यहाँ बहुत से पर्यटक घूमने भी आते हैं। यह राज्य विभिन्नताओं से भरा हुआ है। बिरसा मुंडा झारखंड के

स्वतंत्रता सेनानी थे। उन्होंने भारत को स्वतंत्र कराने के लिए अपना बलिदान दिया था। झारखंड के लोग इन्हें भगवान मानते हैं, इसलिए 15 नवम्बर को झारखंड में बिरसा जयंती मनाई जाती है। झारखंड की कला और संस्कृति, लोक संगीत, नृत्य और यहाँ की वेशभूषा बहुत मशहूर है। भारत में झारखंड राज्य प्रसिद्ध है। झारखंड राज्य हमारी शान है।

आदित्य प्रकाश
VI 'F'



Thankhand

बढ़ता वाहन घटता जीवन



सुख - सुविधा के इस दौर में प्रत्येक व्यक्ति अपने गंतव्य तक पहुँचने के लिए अपनी सुविधा के अनुसार वाहनों का प्रयोग करता है। भागदौड़ भरी इस जिंदगी में लोग पैदल चलना या साइकिल चलाना बहुत कम कर दिए हैं। अब तो यह सिर्फ एक व्यायाम का जरिया बनता जा रहा है। निकटतम स्थानों तक जाने के लिए भी लोग दोपहिया या चार पहिया वाहनों का प्रयोग करने लगे हैं। किंतु लोग यह भूलते जा रहे हैं कि इनसे निकलने वाला जहरीला धुआँ कई बीमारियों का कारण है।

वाहनों की संख्या बढ़ती जा रही है किंतु सड़क बनाने के लिए जमीन कहाँ से लाएँ? यह एक बहुत बड़ी गंभीर समस्या है। चाहे आप उड़ान पुल बना लीजिए या नदी पर पुल का निर्माण कर लीजिए, लोग वाहनों को जब तक अपनी प्रतिष्ठा से जोड़कर देखते रहेंगे, तब तक यह लोगों के जीवन को

नष्ट करता रहेगा। वाहनों की लंबी कतारों के कारण सड़क पर लगने वाला जाम मनुष्य के अंदर गुस्सा, चिड़चिड़ापन और तनाव उत्पन्न करता है, जो अनेक मानसिक बीमारियों को जन्म देता है। टूटी सड़कों पर धूल और धुआँ उड़ाते यह वाहन श्वास संबंधी बीमारियों का कारण बनते जा रहे हैं। इतना ही नहीं वाहनों की बढ़ती संख्या के कारण दुर्घटनाएँ भी बढ़ रही हैं। लोगों को अपंगता का कष्ट भोगना पड़ रहा है। अतः इन सभी समस्याओं से निजात पाने के लिए लोगों को जागरूक होना पड़ेगा। वाहनों को सामाजिक प्रतिष्ठा से न जोड़ते हुए पैदल चलने और साइकिल चलाने की आदत डालनी होगी। पेट्रोल और डीजल के स्थान पर अन्य विकल्पों को तलाशने की आवश्यकता है। आजकल सोलर एनर्जी, बैटरी, गैस इत्यादि से चलने वाली गाड़ियाँ आ गई हैं। फिर भी लोगों को वाहनों का कम से कम प्रयोग करना चाहिए। अतः मेरा आज यह सभी से अनुरोध है, कि 'वाहनो को घटाओ और अमूल्य जीवन को बचाओ।'

सोनाली कुमारी
X 'A'

नागरिक के रूप में समाज और देश की प्रगति में मेरा योगदान



भारत में हम नागरिकों की बहुत ज्यादा ही अहमियत है। हम नागरिक ही हैं जो अपने देश के लिए नेता, प्रधानमंत्री, राष्ट्रपति का चयन करते हैं। हमें भारत और समाज के लिए अपना योगदान देना होगा ताकि हमारे देश का नाम पूरी दुनिया में प्रसिद्ध हो सके। हम अपना योगदान

सिर्फ नेता बन कर या फौज में भर्ती होकर नहीं दे सकते। एक साधारण नागरिक भी बहुत योगदान दे सकता है। हम नागरिक न सिर्फ अपने समाज का बल्कि अपने भारत की प्रगति में भी योगदान दे सकते हैं। जैसे— हम ही हैं जो नेता चुनते हैं अपने देश के लिए, जो हमारे देश को प्रगति की

ओर ले जाता है। हमारी नागरिकता के बिना हमारे देश का विकास संभव नहीं है। हमें अपने अधिकारों और कर्तव्यों को जानना चाहिए और अपना वोट सही व्यक्ति को देना चाहिए, जो देश की सच्चे मन से सेवा करें। हम बच्चे भी अच्छी शिक्षा प्राप्त करके अपने देश का नाम रौशन कर सकते हैं। हमें सार्वजनिक संपत्ति का सम्मान और रक्षा करनी चाहिए। समाज और देश के प्रति अपनी जिम्मेदारियों को निभाने के लिए कोई विशेष समय नहीं होता। मैं बड़ा होकर आर्मी में जाकर अपने देश को अपना योगदान दूँगा। मुझे गर्व है कि मैं भारत देश का नागरिक हूँ।

विवेक उराँव
VIII 'E'

मन की शक्ति



मन की शक्ति करती है सारे सपने साकार,
अपने जीवन पर है हमारा अधिकार।
बुद्धि बढ़ाती है,
ताकत को देती है सहारा।
खुद पर विश्वास रखना सिखाती,
हर जगह अपना ही बसेरा।

जो कुछ भी तुम सोचोगे,
वही तुम बन जाओगे।
बुरे कामों पर है धिक्कार,
अपनी सच्चाई पर है हमारा अधिकार।
मन की शक्ति, मन की शक्ति
कर सकते हैं जिससे भक्ति।
जीवन में मत बनना भक्षी
रक्षा करना बनना रक्षी।
मन की शक्ति सचमुच है चमत्कार
सबकी इज्जत करना सिखाती।
जीवन के रास्ते बनाती।
चमत्कार, चमत्कार
सचमुच मन की शक्ति है चमत्कार।

अर्पण मुखर्जी
VI 'C'

शिक्षक- हमारे मार्गदर्शक

शिक्षक हमारे आदर्श हैं,

जो अपने ज्ञान की पूँजी से

हमें पढ़ाते हैं, काबिल बनाते हैं
तथा

हमारे भविष्य का नव-निर्माण
करते हैं।

हम गिरते हैं तो, उठाते हैं शिक्षक।

जीवन की नई राह, दिखाते हैं शिक्षक।

कभी माता-पिता बनकर, कभी दोस्त बनकर,

हमें पढ़ाते हैं शिक्षक।

कभी गलती छुपाकर, कभी गलती बताकर

हमारी खूबियों को, निखारते हैं शिक्षक।

हमारे जीवन में ज्ञान का दीपक जलाते हैं शिक्षक।



प्रियांशु गुप्ता
VI 'E'

भारत : विभिन्न धर्मों का समागम



भारत देश में भिन्न-भिन्न प्रकार के धर्म और उन धर्मों को मानने वाले लोग हैं। हमें बचपन से सिखाया गया है— सभी धर्मों का आदर करना। हमें अंतर्मन से सभी की भलाई और अच्छाई करने के लिए समर्पित रहना चाहिए। भारत में सभी धर्मों को एक समान दर्जा दिया गया है। हर धर्म के लोगों की सोच अलग होती है सबों को एकजुट होकर रहना आवश्यक है। भारत में हिन्दू, मुस्लिम, सिख, ईसाई की एकता देश-विदेश में प्रसिद्ध है। विभिन्न धर्मों के कारण

यहाँ कई त्योहार भी मनाए जाते हैं। यह सब देखने के लिए प्रत्येक वर्ष पर्यटक घूमने के लिए आते हैं, जिससे भारत सरकार को लाभ होता है। भारत को धर्मनिरपेक्ष देश कहा जाता है। यहाँ के लोगों को अपने धर्म के कारण मुश्किलों का सामना नहीं करना पड़ता है। प्रत्येक व्यक्ति के पास अपना अधिकार है। धर्म के नाम पर वाद – विवाद मामूली है। भारत की एकता इसे धर्मों का समागम बनाती है।

अदिति शर्मा
VII 'D'

स्वतंत्रता मेरी अभिव्यक्ति में



मेरे नजरिए में स्वतंत्रता का मतलब केवल देश की आज़ादी नहीं होता। हमारा देश आजाद तो कब का हो गया लेकिन अभी भी जाति, रंग-रूप, धर्म आदि को लेकर सबके विचार आजाद नहीं हैं। किसी भी व्यक्ति को लेकर सबके मन में पहले यही ख्याल आता है कि वह किस धर्म एवं किस जाति का है, उसके रंग-रूप आदि से सभी एक व्यक्ति को नकारते हैं। हमारे देश में सबसे कम स्वतंत्रता एक स्त्री को मिलती है। देर रात गए जब एक पुरुष काम से आए तो सबको यही दिखता है कि वह दिन भर काम से थक कर आया है और जब एक स्त्री देर रात काम से आए तो सबको लगता है कि एक स्त्री होकर भी काम कर रही है

और इतनी रात गए आती है पता नहीं ऐसा कौन-सा काम है, जो सुबह से शाम तक नहीं होता। मेरे नजरिए में तो यह सब भेद-भाव है। जिसे मैं कभी बढ़ावा नहीं दे सकती। हमें यह सोचना चाहिए कि स्वतंत्रता का अर्थ विचारों एवं अभिव्यक्ति की आज़ादी होती है। एक व्यक्ति के अभिमान को ठेस पहुँचाना, नारी के चरित्र पर उँगली उठाना, किसी व्यक्ति को उसके रंग-रूप के लिए नकारना, यह स्वतंत्रता नहीं है। मेरी राय में हमारा देश आज भी विचारों के मामले में स्वतंत्र नहीं है। हमारे देश को बदलाव की जरूरत है। लोगों को अपने संकीर्ण विचारों के दायरे से बाहर आकर सबको एक समान समझना चाहिए।

आरुषि सुमन
VII 'A'

मेरी मम्मी

मेरी मम्मी सबसे प्यारी
बातें उनकी बड़ी निराली।

सुबह सवेरे मुझे जगाती,
व्यायाम वो मुझे कराती।

कभी तो मुझको खूब दुलारती,
कभी वो मुझको डांट लगाती।

आँखों का तारा वो कहती,
गलती पर वो आँख दिखाती।

कभी प्यार से वो समझाती,
तो कभी सख्ती भी दिखलाती।

सारा काम वे संभालती,
सबका ख्याल भी वे रखती।

सदा अच्छी बातें सिखलाती,
अनुशासन में रहने को कहती।

मेरी मम्मी सबसे अच्छी,
दिल की हैं बिल्कुल सच्ची।

रेयांश कुमार
III 'F'

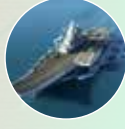


भारत की विभिन्न क्षेत्रों में उपलब्धियाँ



भारत की विभिन्न क्षेत्रों में हैं कई उपलब्धियाँ, धीरे-धीरे भारत पूरी कर रहा है कमियाँ। पहले कई गाँवों में बिजली न थी आती, किन्तु वही परिस्थिति

मिसाइल-मैन को थी बनाती। इसरो जैसी संस्था को भारत ने है बढ़ाया, शून्य के आविष्कार से लेकर मंगलयान को है बनाया। जिसे पूरे विश्व में कोई न खोज पाया, आर्यभट्ट ने सभी को नक्षत्र-विज्ञान है सिखाया। हैं ऐसी कई उपलब्धियाँ जिनके विवरण विश्व में छाए, उन सभी को प्रस्तुत करना संभव हो न पाए।



देवांश पांडे
VIII 'B'

सशक्त नारी



पहले थी अभिशप्त नारी, अब बन गई सशक्त नारी।

मत समझो तुम कमजोर नारी को, भर रही अंतरिक्ष की उड़ान नारी।

युद्ध में लड़ रही है नारी, जीवन में भी संघर्ष कर रही नारी।

मत समझो तुम कम नारी को, अब तो चला रही है देश नारी।

मत लिखना तुम संधिपत्र नारी, रखो अपनी लड़ाई जारी।

करो सम्मान नारी का, बरबाद हो जाओगे अगर करोगे अपमान नारी का।

हो जाओ तैयार नारी, कर लो लक्ष्य प्राप्ति की तैयारी।

अपनी शक्ति दिखा दो सबको, अब तो प्राप्त कर ली है तुमने उपाधि सारी।

सर्वोच्च पद और शक्ति प्राप्त कर, अब बन गई है आत्मनिर्भर और सशक्त नारी।

किसलय आदर्श

VII 'B'



भारतीय संस्कृति



भारतीय संस्कृति विश्व की सबसे प्राचीन एवं समृद्ध संस्कृतियों में से एक है। भारतीय संस्कृति 'वसुधैव कुटुम्बकम्' की धारणा में विश्वास करती है जिसमें संपूर्ण विश्व को एक परिवार माना गया है। हमारे देश में गंगा, यमुना, ब्रह्मपुत्र जैसी कई नदियाँ हैं जो भारत भूमि पर

शांत एवं रमणीय धारा के रूप में सदा बहती रहती हैं। इन नदियों से जुड़ी अनेक पौराणिक कथाएँ भी हैं, जो हमारी भारतीय संस्कृति को दर्शाती हैं, भारतीय संस्कृति की मुख्य विशेषता कर्मवाद है जिसमें फल की इच्छा किए बिना कर्म करने की प्रेरणा दी गई है। हमारे देश में कई धर्म और जाति

के लोग रहते हैं। इस प्रकार कई विविधताओं के होते हुए भी यहाँ सांस्कृतिक एवं पारंपरिक एकता है। प्राचीन काल में कई विदेशी अपने-अपने धर्म का प्रचार करने भारत आए, परंतु हमारी संस्कृति इतनी अधिक मजबूत थी कि कोई टिक नहीं पाया। यह सच है कि पश्चिमी सभ्यता की चकाचौंध में भारतीय संस्कृति का महत्व कम होने लगा है, किन्तु आज भी अपनी पुरानी परंपराओं, पर्व, त्योहार एवं रीति-रिवाजों को मानते चले आ रहे हैं। हमारी भारतीय संस्कृति इतनी सुदृढ़ है कि अनेक कठिनाइयों का सामना करते हुए भी अपने अस्तित्व को बनाए रखा।

माही गिरि

VIII 'C'

सफलता के विभिन्न सोपान



'सफलता'—जिसे आजकल सभी लोग प्राप्त करना चाहते हैं। सफलता पाने की इच्छा बहुत से बच्चों में बचपन से ही होती है। वह बहुत पहले ही निश्चय कर लेते हैं कि उनके जीवन का लक्ष्य क्या है। जो लोग बचपन से ही अपना लक्ष्य निर्धारित करके उसकी तरफ बढ़ते हैं, वही अपने

जीवन में सफल होते हैं। सफलता के विभिन्न सोपान हैं—उनमें से एक है अपने समय का सही से उपयोग करना। हमें उन चीजों में अपना समय बर्बाद नहीं करना चाहिए जिसका कोई अच्छा परिणाम न हो। बड़े-बड़े महापुरुषों ने समय का सदुपयोग करके ही हर क्षेत्र में सफलता हासिल की है। सब के पास कुछ न कुछ ऐसी खूबियाँ होती ही हैं जिसमें हम पारंगत होते हैं। हमें उन खूबियों को ढूँढ़कर उनकी ओर बढ़ना चाहिए। अगर हम अपनी खूबियों को बिना पहचाने ही किसी भी कार्य को करने लगेंगे तो ऐसा भी हो सकता है कि हम उसमें सफल न हो। सफलता की तीसरी सीढ़ी यह है कि हमें बुरी संगति से दूर रहना चाहिए। जिनकी संगति अच्छी होती है वे जीवन में सफलता को प्राप्त करते हैं। सफलता का एक महत्वपूर्ण सोपान यह भी है कि हमें अपनी कमियों को ढूँढ़कर उसमें सुधार लाना चाहिए। एक व्यक्ति तभी महान बनता है जब वह अपनी खूबियों के साथ-साथ अपनी कमियों पर ज्यादा ध्यान देता है। सफलता की पाँचवीं सीढ़ी यह है कि हमें आत्मविश्वासी बनना चाहिए। हमें कभी भी खुद को दूसरों से कम नहीं समझना चाहिए। हमें खुद पर भरोसा करना चाहिए। सफलता की सबसे महत्वपूर्ण सीढ़ी परिश्रम है। बिना परिश्रम किए सफलता को पाना असंभव है। हमें कभी भी भाग्य के भरोसे नहीं रहना चाहिए और अपने परिश्रम की बदौलत सफलता के सोपानों पर चढ़ना चाहिए।

शौर्य जायसवाल

VII 'E'



कॉमनवेल्थ गेम्स में भारत का प्रदर्शन

भारत की गौरव गाथा को
सारी दुनिया गाती है।
यहाँ शौर्य की विजय पताका
कण-कण में लहयती है।



विश्व भारत का यशोगान कर रहा है क्योंकि, भारतीय जहाँ भी कदम रखते हैं, वहाँ इतिहास रचते हैं।

'कॉमनवेल्थ गेम्स' 2022 में भारत ने कुल 61 पदक हासिल किए, जिसमें 22 गोल्ड, 16 सिल्वर और 23 ब्रॉन्ज पदक शामिल रहे। इस शानदार

प्रदर्शन के बल पर भारत ने चौथा स्थान प्राप्त किया।

1934 में पहली बार राष्ट्रमंडल खेलों में भाग लेने के बाद से हमारे देश ने अब तक कुल 564 पदक जीते हैं। 15 पदक जीतकर जसपाल राणा राष्ट्रमंडल खेलों में सबसे सफल भारतीय एथलीट हैं।

भारत राष्ट्रमंडल खेलों में लगातार अच्छा प्रदर्शन करता रहा है। चार साल में एक बार आयोजित होने वाले इस इवेंट में भारत चार संस्करण (1930,1950,1962 और 1986) को छोड़कर सभी में शामिल रहा है। भारतीय एथलीटों ने 1934 में कॉमनवेल्थ गेम्स में डेब्यू किया, तब इसे 'ब्रिटिश एम्पायर गेम्स' कहा जाता था। तब से लेकर अब तक भारत ने हमेशा बेहतरीन प्रदर्शन किया।

2010 के कॉमनवेल्थ गेम्स में भारत का सर्वश्रेष्ठ प्रदर्शन रहा। उस समय 101 पदक भारत ने अपने नाम किया था।

वर्तमान में भारत के चर्चे सभी ओर हो रहे हैं। 28 जुलाई से 8 अगस्त तक चलने वाले कॉमनवेल्थ गेम्स में हमारे देश के एथलीटों ने विभिन्न स्पर्धाओं में हिस्सा लेकर जीत हासिल किया। यह हमारे लिए गौरव का विषय है। हम अपने सभी खिलाड़ियों को नमन करते हैं।

राज्यवर्धन सिंह
IX 'C'

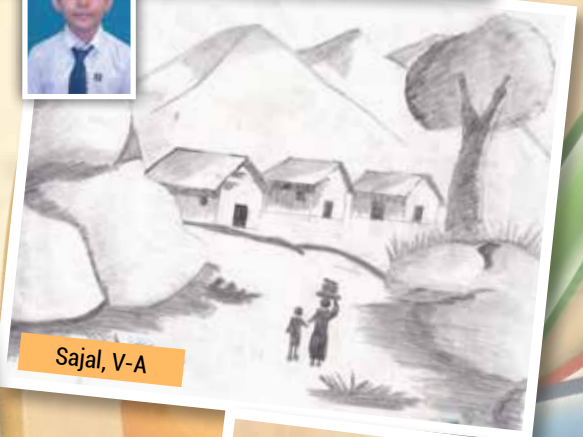
Palette



Bhavya, IV-C



Sajal, V-A



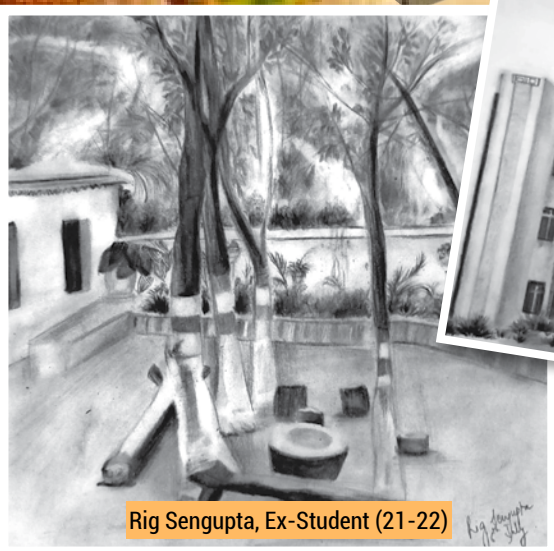
Sajal, V-A



Aditi Kumari, KG D



Shree, VIII B



Rig Sengupta, Ex-Student (21-22)





Praneet Jalan, IV-E



Athrav Dev, IV-E



Bhavya, IV-C



Prisha Nandan, Nur-B



Athrav Dev, IV-E



Ojasvita, VIID



Aric (IX D)



Harshvardhan Tiwary, 5A



Soanvi Singh, VI A

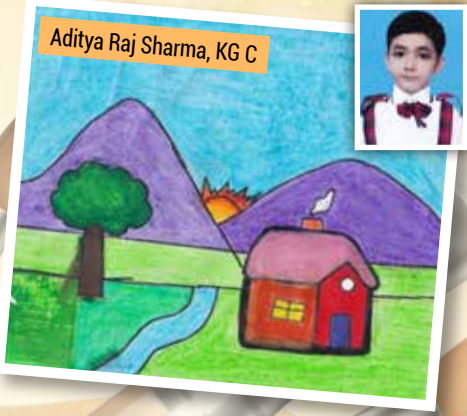


Diksha Kumari, VI A

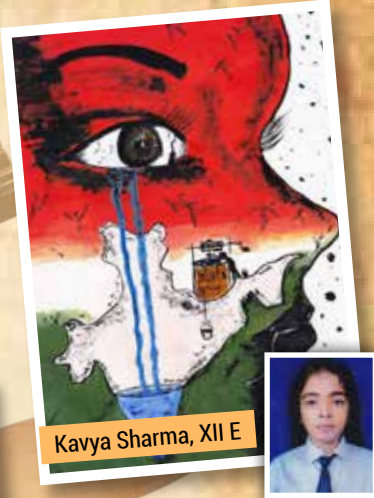




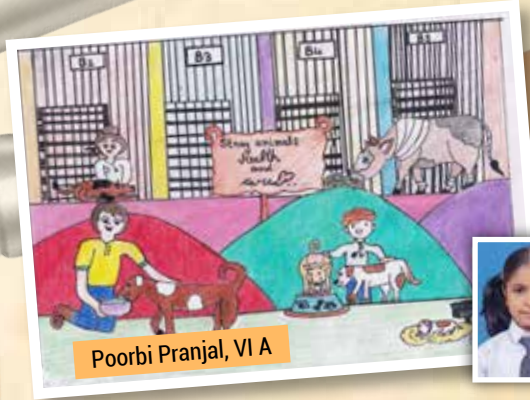
Aditya Raj Sharma, KG C



Toni Ranjan, VIII A



Shiksha Sharma, VIII A



Poorbi Pranjal, VI A



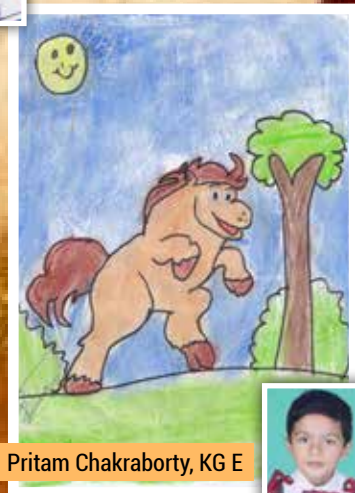
Priyansha Palak, VI A



Ridhi Kumari, KG D



Gauri Singh, IIA



Pritam Chakraborty, KG E





BRIDGEFORD

G.P. Jalan Memorial School

A Charitable Institution, Tupudana, Ranchi

Bridgeford G.P. Jalan Memorial School, established under the aegis of Ganesh Prasad Jalan Memorial Trust, has been at the forefront of quality education since its inception in 2005. The school that began with only montessori classes, has today students till class X.

Our founder, Mr. Narayan Jalan who was deeply inspired by the teachings of his father, started this institution with the aim of creating an educational world where the children from all the sections of the society have ample opportunity to get quality based education.

To make sure that lack of facilities won't hinder a child from getting education the students are provided all the facilities. In school many activities like drawing, recitation, rangoli, fancy dress and essay writing competitions are frequently held for the students to explore their interests and investigate new ideas.

We are sure that seeds of wisdom are sown today in the form of students and shall reap tomorrow in the form of responsible citizens.

FROM THE DESK OF THE CO-ORDINATOR



Failure is life's greatest teacher.

Our life is not a bed of roses. It is full of ups and downs. Sufferings, misfortunes and hardships cannot be avoided. Failure and success run hand in hand. One succeeds while other fails. As long as we live, challenges and failures are bound to come before us. To fall while confronting a challenge is not shameful. What is shameful, is not being able to recover from the fall. You might fail today but there will be another chance tomorrow. Your biggest failure will be to 'give up'. If something is hard, you need to fight twice as hard against it. Failure gives you experience and leaves room for improvement.

I often wonder, how failure shatters us and how much we panic, even though we have an inherent quality to overcome the fear. But the sad part is, since our childhood days, we have been made to believe that winners get the rewards and losers are jeered. But always remember, failure is inevitable in life, it gives us the chance to jump back to learn from our mistakes and helps us to enjoy success. So never be afraid of the dark sky of failure. Just keep an eye on the stars.

Kiran Srivastava

Bridgeford G.P. Jalan Institute of Cutting and Tailoring

"There is no tool for development as effective as the empowerment of women. "

With the aim to equip the women with a skill that will help them to improve their living standards and generate income for their families, Bridgeford G.P. Jalan Institute of Cutting & Tailoring was stated on 1st September, 2009. In this tailoring skills are taught and after successful completion of 1 year training, sewing machines are also provided at half price.





BRIDGEFORD florets

FROM THE DESK OF HEADMISTRESS



Schooling is our first contact with the world, a period of joy, healthy competition, sharing and loving. It is not the wide open spaces, the library or the large fields that make the school but it is in the hearts of the students and the faculty members that the true institution exists. Bridgeford Florets is oriented to the total formation of a child and adaptations to the various methods in accordance to the changing world, in order to achieve the desired goals. It is my message to all that we should be honest and committed to the truthfulness in thought, words and deeds. Always remember to uphold the dignity of others. I on my part assure you that the memories of time spent at Bridgeford Florets would be cherished by your young ones throughout their lives.

Sangeeta Sharma

The ultimate name for a bright future!!!!

Well trained and experienced faculty members

Outstanding infrastructure

Personalized attention

Availability of snacks and drinks

Affordable fees

Bagless initial classes

THE CURRICULUM

We provide education with an objective to empower kids to find creative solutions and make decisions. The curriculum is structured in such a manner that it keeps your child in touch with ever changing trends. The study program is unique because it is a blend of the finest teaching methodologies. All the elements in our curriculum coverage aim to bring out the best in every child and enable them to be on the path of continuous development and progress.

Unique features:

THEMATIC CLASSROOMS

Thematic approach is designed to stimulate the children through various interactive sessions and activities.

AUDIO VISUAL ROOM

An extensive use of teaching aids to supplement classroom teaching

ACTIVITY ROOM

An equal emphasis is placed on developing a strong sense of individuality.

PLAY AREA

Learning is made interesting fun and activity oriented by the teaching aids.

ANNUAL FUNCTION AND CELEBRATIONS

Prizes are distributed annually for different activities to encourage the parents and students to participate in them.

SAFETY AND SECURITY

CCTV camera surveillance available round the clock for the safety and security of your wards.

Pick-up and drop facilities are provided through AC vans.

THE FACULTY

We believe that a committed and knowledgeable faculty is the backbone of successful delivery of education to children. The school is led by an extremely talented team of teachers. Each of them has an innate passion not just to teach but also to learn.

Co curricular activities

Childhood is a time for fun and learning. Students are encouraged to participate in learning techniques like free play, dramatization, puppetry, singing and dancing to enhance their interest in learning. Dance, art and craft, yoga meditation, speech and drama promote all-round development of students. An individual approach helps nurture a love of learning, develop social skills and instill moral values. The emphasis is on exploring, knowing, understanding and forming kid's own ideas.





BRIDGFORD SCHOOL PRIMARY WING

KARAMTOLI, BARIATU ROAD. RANCHI - 834008
Ph: 7700866995, e-mail: bfsprimary@gmail.com

ABOUT SCHOOL

"The best education is not given to students, it is drawn out of them !"

Bridgeford School, Primary Wing, KaramToli, Bariatu Road, Ranchi - is an enterprising and futuristic school, springing up in the heart of the city. It is being developed with the promise of Bridgeford brand and the strength of its modern educational program techniques and integrated learning approach.

The school aims at grooming the students to become useful, confident and responsible citizens with an urge to contribute their best to the society and the nation, at large. It aims to inculcate respect for moral values, willingness to act, team spirit and confidence to succeed. Under the mentorship of the Head Mistress Mrs. Ruchi Saboo, teachers wholeheartedly attempt to create an atmosphere of space, freedom, care and security which helps out the students to enlarge their horizons to grow.

Its curriculum is dynamic with sports and games,

communicative skills, health and value education, environmental studies, community service, art, aesthetics and life skills woven seamlessly into the school program. Bridgeford explicitly understands the importance of all round development of a child and hence provide them with required infra and complete guidance.

The teaching - learning process here, is not just text book oriented. The focus is on enquiry, activity and creativity rather than passive learning and aggressive competition.

Bridgeford School Primary Wing, KaramToli, started its journey amidst the pandemic, beating all odds, in November 2021; keeping all the above mentioned aspirations and aims in mind. This new branch has been set up with full hope to accomplish all milestones appropriately, in the coming years.

With a strong belief of having a long way to go, Bridgeford family seeks best-wishes and blessings from everyone; as we firmly set on this another fresh journey of 'Real Education'!

FROM THE DESK OF HEADMISTRESS



"Any perfect set of rules to raise a child well, will only suffice; when it is well blended with a bit of flexibility, a lot of understanding, whole-hearted commitment and genuine willingness to empathize."

A good school aims to sharpen and shape children to the desired standard of learning effectively and give a rock solid foundation to achieve their goals in life.

We, at Bridgeford School Primary Wing KaramToli, provide students with the most adaptable and conducive ambience to learn what is delivered, not only to pursue excellence but also to empower them to be lifelong learners. Wisdom can be cultivated gradually amongst all individuals. It is not enough to make children literate and academically intelligent.

The early years are precious. A child is achieving one growth milestone after another and growing by leaps and bounds. The brain of a child is also growing at a very fast pace which is why it becomes essential to lay a strong foundation in the formative years. The groundwork for good school performance begins early in life. A joyful experiential learning is followed, wherein each child is encouraged to participate in a number of learning based fun activities, wholeheartedly.

I take this opportunity to thank all the parents who have reposed their faith in our school. We assure to do our very best always and I want to convey this strong message to all of you that Bridgeford School looks forward to a long association with you. Let us join hands in grooming the young minds so that they may walk the path of their life confidently and successfully.

Let us together give our students - firm roots to stand upright and strong wings to fly up high!
Happy Learning!

Ruchi Saboo

Capturing the pure essence of the New Wing- BRIDGFORD SCHOOL PRIMARY WING, Karamtoli





ALUMNI SPEAK

RENDEZVOUS WITH KUSHAGRA SRIVASTAVA

It was an amazing question answer session with the IIT JEE Topper Kushagra Srivastava who shone brightly in the firmament of success with his extraordinary performance in JEE MAINS which is believed to be one of the toughest examinations. I was overjoyed that I got the opportunity to ask a few questions to him.

Manvi : To be one of the fourteen National Toppers in the coveted JEE Mains is no small feat ; accept our heartiest congratulations on your splendid success .

Kushagra : Thank You Manvi !

Manvi : Were you confident of your success ? How did you react to this news?

Kushagra : It feels good to be successful . To be able to live up to the expectations of parents and teachers is wonderful but I had to remain focused as my JEE Advance was approaching.

Manvi : What do you enjoy the most about being an IIT Aspirant or what tempted you towards it ?

Kushagra : I was always the one who looked towards Engineering . Earlier it was just a wish as a child and upon growing up it became a dream . So from the very beginning I was into it .

Manvi : Talking in general, we all have that one role model or that one source of motivation that inspires us to achieve our goal. What was your source of motivation ?

Kushagra : Bill Gates was my role model who inspired me always. It has always been fascinating to know more and more about him. I always looked up to his dedication and determination to achieve something.

Manvi : One of the main problems I think every student is battling is the Time Management issue. We have to manage our school, tuitions then all those assignments and practicals. Covering all these, the time for self study reduces automatically. What was your way of managing school with tuitions and at the end saving your time for self study ?

Kushagra : It's true that we all face lack of time but there is no other way to save your time if you aren't doing smart work . Smart work means managing all things perfectly by considering all the terms and conditions. If you are in the habit of procrastinating, it is difficult to maintain interest due to backlogs.



Don't let it ruin your interest. Once you lose it, it is difficult to get back to studies with the same zeal .I would make a routine and a To-do list for myself and would strictly follow it. Whenever it felt monotonous, I treated myself with some music and painting. When I would refresh myself I would be engrossed in that. I never did two things at a time.

Manvi : Talking about stress and pressure, it's a common thing that we all face and I am sure you might have also faced it. How did you alleviate stress and pressure?

Kushagra : Pressure or stress is natural to everyone when we start

expecting something in our life but fighting with your inner turmoil and winning the battle is what makes you different from the crowd.

Always do your best and don't feel pressurized.

Manvi : How to overcome failure? How to stand and re-run that race of excellence?

Kushagra : Yes, it's true that everyone of us desire for success but everytime results don't meet our expectations. If we face failure, we must keep a cool head and accept it gracefully .Be contented for at least we gave our best .Being sad or getting depressed and leaving the race will not do any good to anyone.

Instead a person should learn from their failures, get motivated and again strive hard for excellence.

Manvi : It is difficult to be concentrated in today's time as many temptations are there to trap you. One such is Social Media. How could you resist the temptation?

Kushagra : You will have to help yourself . No one can do that for you. I was strict with myself. I would switch off my mobile during study hours.

Manvi : Any suggestion / advice you would like to give to the future aspirants ?

Kushagra : Never give up. If things are not working your way, reach out to people whom you trust. Have a word with them and find out what is going wrong and what kind of change you require in your preparation.

Manvi : It was really great learning experience talking to you. Thank you so much! All The Best !

Kushagra : Thank You ! Thanks for your wishes and kind words of appreciation.

Brightest supernova ! Kushagra Srivastava

A name that spells success !

Honours, awards and achievements

KVPY

KVPY SA (2021) - AIR 199

KVPY SX (2022) - AIR 83

Indian National Physics Olympiad

IOQP Part I [NSEP] (2021) - State Top 1%

IOQP Part I [NSEP] (2022) - National Top 1%

INPhO (2022) - Secured a position within the top 44 students, and awarded a Certificate of Merit.

Indian National Chemistry Olympiad

IOQC Part I [NSEC] (2022) - National Top 1%

Indian National Astronomy Olympiad

IOQA Part I [NSEC] (2022) - National Top 1%

JEE Main - 2022

Secured AIR - 23 with 100 percentile

JEE Advanced -2022

Secured AIR - 182



Transforming Vision Into A Reality : Contribution Of Bridgeford



MBBS
1st Year Student

SCHOOL IN OUR LIFE

Neha Gupta has to her credit the achievement of qualifying NEET in the first attempt sans coaching classes. She did it by her sheer dedication and hard work complemented with the strong support of the parents and teachers.

My 9 years of journey with Bridgeford School has been marvellous .It is rightly said " We perform to the best when we are motivated and when we enjoy our work".

Thoughts move logic, Emotions move feelings, Motivation moves us into action.

The drive to strive is called motivation. Encouragement has got the immense power to ignite the spark for action. It can ignite great ideas in human beings and when we transform the ideas into reality it creates History. Courage and faith can move mountains. Thus, we should always remain undeterred by the obstacles coming in our pathway and head towards our success station.

Identifying the Leadership skills and exploiting the best opportunity to perform, whenever required is one of the most important factors which helped me achieve 100/100 in two subjects: Science and Hindi in class 10 CBSE board examination. I also got Extraordinary

Performance certificate from CBSE 2019. It is a great achievement of my life .

Maintaining the position and retaining the potential is in itself a performance. Consequently, I performed very well in class 12th securing 98.2% and 100 /100 in one subject. In this way whenever I got opportunity, I proved my leadership qualities.

I have a crave desire to take admission in MBBS. I am well prepared to qualify NEET 2021 in single attempt. I will use the Medical studies for Public services and contribute to the overall growth of our society . Our school has played a pivotal role in overall development in each and every aspect .We are the assets of our nation .It is our prime responsibility to serve our nation and realise the goals of 'Atmanirbhar Bharat .'

An English proverb says" A smooth sea never made a skillful mariner." Success is not the absence of obstacle , in fact it is surmounting obstacles..People who take pride in performance, hold themselves accountable to much higher standards of performance than others do.

Last but not the least a great thanks to our respected teachers who guided me at every moment .It is because of their guidance that today I stand with full confidence.

***ARISE , AWAKE AND STOP
NOT TILL THE GOAL IS REACHED***

Neha Gupta

THE PHILANTHROPISTS

PRE-PRIMARY



PRIMARY



THE PHILANTHROPISTS



SECONDARY



SENIOR SECONDARY



BRIDGEFORD SCHOOL

TUPUDANA, RANCHI

under aegis of Ganesh Prasad Jalan Memorial Trust



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